

# Fall

at your  
**Mundelein Parks**

**Inside:**

**Fall Fun • Indoor Swim • FREE Fitness Pass  
Golf • Fort Hill Heritage Museum and more!**

[www.mundeleinparks.org](http://www.mundeleinparks.org)

847-566-0650

Play a champion — Steeple Chase.



# Snapshots of fun!

Enjoy MPRD's Diamond Lake.



There's still time to enjoy a round this fall at Steeple Chase (page 14), or fun on scenic Diamond Lake.

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Financial Advisor  
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Programs  
page  
50

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## Message from the Director

Margaret Resnick

### Survey Says...

In January, the Mundelein Park & Recreation District contracted with the **University of St. Francis** to conduct a community-wide survey to gauge resident interest, satisfaction, awareness and participation. There were **2,475 surveys** sent out representing 28% of the households in the Park District boundaries. Of those, 702 surveys were returned. Coincidentally, this is a 28% response rate.

Some interesting facts of the survey include: the average length of residency is 15 years, 90% of the respondents have access to the Internet, 57% earn more than \$81,000 a year, and 96% are registered voters.

The Park District was pleased to learn that **97% of the respondents feel the property taxes they pay to the District are reasonable or too low**. Another pat on the back is the fact that **89% of those responding said they feel Park District programs are a good value** and 93% said the nearest Park was conveniently or very conveniently located to their home.

When asked what was of interest, the three highest responses were: purchasing or preserving open space, offering community garden plots and making enhancements to Diamond Lake Beach. Participation was highest in the parks, on the **biking/hiking** paths and at **Barefoot Bay Family Aquatic Center**.

The majority of respondents said they were not aware the Park District owned **Kracklauer Dance Studio (page 19)**, the **Fort Hill Heritage Museum (back page)**, with exhibits featuring railroad memorabilia (complete with a 1890 caboose), pioneer tools, and Diamond Lake artifacts, or that we offer financial assistance for programs through the **Mundelein Parks Foundation (page 4)**.

This summer, 17 individuals representing key full-time and part-time staff and citizen members of the **Recreation Advisory Committee** met to brainstorm the development of an action plan to address issues and make improvements where possible. Elements of this plan will be implemented over the next three years, pending funding availability. Please contact me if you are interested in receiving a copy of the plan.

Just like the changing leaves in the Parks, thanks to the valuable input from residents, things are changing at the Park District.

## Mundelein Park & Recreation District Board of Commissioners



Wallace Frasier  
President



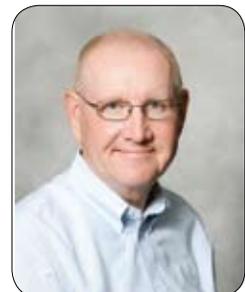
Ernie Shymanik  
Vice President



Kevin Dolan  
Treasurer



Pat McGrath  
Commissioner



Jim Siemers  
Commissioner

# Contact Us

## Registration & Administrative Offices

**Mundelein Community Center (MCC)**  
1401 N. Midlothian Road  
Mundelein, IL 60060  
**847-566-0650**  
Fax: 847-566-8557  
info@mundeleinparks.org  
[www.mundeleinparks.org](http://www.mundeleinparks.org)

**Hours:** Mon – Fri, 8:30 a.m. – 5 p.m.  
*Administrative offices will be closed this fall season: September 7 (Labor Day), Thanksgiving holiday (Thursday, Nov. 27, and Friday, Nov 28).*

## Administration

**847-566-0650**

Margaret Resnick, ext. 13  
*Director of Parks & Recreation*

Barbara Daudelin, ext. 15  
*Assistant to the Director*

Jerry Cleaveland, ext. 30  
*Superintendent of Parks*

Mary Priller, ext. 26  
*Marketing Specialist*  
marketing@mundeleinparks.org

Adrienne Zagodzoon, ext. 10  
*Administrative Assistant*

## Recreation Department

**847-566-0650**

Rita Kipp, ext. 11  
*Superintendent of Recreation*

Scott Schleiden, ext. 29  
*Assistant Superintendent of Recreation/Athletic Supervisor*

Rose Nudo-Semsack, ext. 37  
*Fitness Manager*

Debi Bernardi, ext. 14  
*Computer Systems Manager*

Dawn Blough, ext. 28  
*Assistant Fitness Manager*

Scott Anthony, ext. 33  
*Aquatics Supervisor*

Nora T'Niemi, ext. 28  
*Front Desk Supervisor*

Amy Eiserman, ext. 16  
*Recreation Department Assistant*

Laurie Gembara, ext. 20  
*Director, Big & Little Day Care*

Myra Tatarowicz, **847-566-5650**  
*Recreation Supervisor*

## Parks Department

1501 N. Midlothian Road  
Mundelein, IL 60060  
**847-566-0430**

Jerry Cleaveland,  
**847-566-0650, ext. 30**  
*Superintendent of Parks*

Joe Albert, **847-566-0430**  
*Maintenance Equipment,  
Grounds & Aquatics Coordinator*

LeeRoy Burrell, **847-566-0430**  
*Grounds Supervisor*

Tim Graves, **847-566-0430**  
*Project Supervisor*

## Steeple Chase Golf Club

200 N. La Vista Drive  
Mundelein, IL 60060  
**847-949-8900 (tee time reservations)**  
Fax: 847-949-8035  
[www.mundeleinparks.org](http://www.mundeleinparks.org)  
golf@mundeleinparks.org

**Hours (Seasonally)**  
**Mon – Fri, 6:30 a.m. to Dusk**

Bill Brolley, PGA® Pro  
*Golf Operations Manager*

Jon Karl  
*Assistant Golf Operations Manager*

Ron Doruff, 847-949-1419  
*Golf Course Superintendent*

Joshua Waldschmidt, 847-949-1419  
*Assistant Golf Course Superintendent*

• **Emergency: Call 911** •  
**Non-emergency Park Patrol**  
**847-968-4600**

## Regent Center

(formerly the Mundelein Senior Center)  
1200 Regent Drive  
Mundelein, IL 60060  
**847-566-4790**  
Mary Yoho  
*Adult Program Supervisor*

## Other Facilities and Locations

**Barefoot Bay Family Aquatic Center**  
1461 N. Midlothian Road  
**847-566-8661**

**Big & Little Day Care**  
1401 N. Midlothian Road  
**847-566-0650, ext. 20**

**Community Park Chalet**  
888 Dunbar Road  
**847-566-0650**

**Dance Studio at Kracklauer Park**  
100 N. Seymour  
**847-566-0675**

**Diamond Lake Recreation Center  
(Learning Center Preschool)**  
1016 Diamond Lake Road  
**847-566-5650**

**Fort Hill Heritage Center**  
601 E. Noel Drive  
**847-566-8122**

**MCC Indoor Pool**  
1401 N. Midlothian Road  
**847-566-0650, ext. 32**

**Park View Health & Fitness Center**  
1401 N. Midlothian Road  
**847-566-0650, ext. 12**



# Getting Started

www.mundeleinparks.org



## FOUR WAYS TO REGISTER:

Random Registration Deadline August 8 • Open Registration Begins August 13

**1) IN-PERSON.** Register at the **Mundelein Community Center**, 1401 N. Midlothian Road, Mundelein (located between Route 176 and Winchester Road).

**2) MAIL.** Send form (p. 63) and payment to: **Program Registration, Mundelein Park & Recreation District, 1401 N. Midlothian Road, Mundelein, IL 60060**

**3) FAX.** Fax the completed form (p. 63) and waiver (p. 64), to **847-566-8557**. Confirmation notices are mailed for all programs.

**4) RANDOM REGISTRATION. Deadline August 8.**

At 5 p.m. on August 8, a registration lottery will be held using special software. The lottery will select the maximum allowable participants per program. Each program's minimum and maximum participant level is predetermined. The lottery helps ensure equal opportunity. Registrants not selected for the program of their choice will be notified and added to a wait list.

**After-Hours/Drop-Off:** A drop box is available in front of the circle entrance.

**TDD Use:** To contact the Park District during regular business hours, the **Illinois Relay Center** will relay information between hearing and hearing impaired persons. Call **1-800-526-0844** (TDD) or **1-800-526-0857** (voice).



 Payment: Visa®, MasterCard®, Discover® and checks (payable to MPRD).

*Register Early!*

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**Get Fit for FREE**  
3 Free Workouts at Park View  
• Coupon on Page 29 •

# Information

## Mundelein Park & Recreation District

### *Our Mission*



The purpose of the Mundelein Park & Recreation District is to serve the public in the performance of its legal and moral function of providing leisure services and opportunities by:

- Providing recreation opportunities through organized programs, facilities and areas.
- Acquiring, developing and maintaining recreation areas and open space.
- Serving the leisure needs of all citizens of the community.
- Providing such facilities, areas, and services in the most cost effective manner possible.

**The Mundelein Parks Foundation** promotes health and recreation for the Mundelein residents and the community through funding efforts that help promote and enhance facilities, services, programs, parks and special projects.

Formed in 2005, the Mundelein Parks Foundation is a non-profit 501 (c) (3) charitable organization governed by an independent, voluntary board. The Foundation seeks to strengthen community and family ties with a self-generating funding source of tax donations and funds raised through special events. These funds are used to help finance recreational scholarships to those in need in the Mundelein community, while also funding special recreational projects. The scholarships help provide hard-working, financially-limited residents the opportunity to enjoy the same recreational and leisure opportunities as their neighbors. Fund raisers include the **Rubber Duck Race** held this past summer at **Barefoot Bay**. All ages rooted on their favorite yellow ducky as it bobbed and floated along the site's Lazy River. Future fundraising plans include a community breakfast, indoor walk-a-thon and golf outing at the **Steeple Chase Golf Club**.

**Become a member.** It's easy, worthwhile and fun. **Friends of the Mundelein Park District** are invited to special members-only events. Individuals, families and corporations can join. Help us support the Mundelein Park District as they preserve our natural resources and provide outstanding programs and recreational opportunities for all residents. Your donation may be tax deductible.



Name \_\_\_\_\_  
Company \_\_\_\_\_  
Address \_\_\_\_\_ State/ZIP \_\_\_\_\_  
Phone \_\_\_\_\_ e-mail \_\_\_\_\_

Method of Payment:

Check (payable to Mundelein Parks Foundation)  
 MasterCard  Visa  Discover  Amount: \_\_\_\_\_  
Card # \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ exp. \_\_\_\_/\_\_\_\_ Signature \_\_\_\_\_

#### Level

- Friend (Individual): \$25
- Friends (Family): \$75
- Park Investor: \$250
- Corporate Sponsor: \$500
- Corporate Conservator: \$2,000
- Other \_\_\_\_\_

Mundelein Parks Foundation • 1401 N. Midlothian • Mundelein, 60060 • 847-566-0650, ext. 11



# Get Involved

www.mundeleinparks.org



## Be a Volunteer

### Experience the Benefits of Volunteering with the Mundelein Park & Recreation District.

Volunteering has a meaningful and positive impact on your community. But did you know that it can have many health benefits? It can help reduce stress, add balance to our lives, and provide a refreshing escape from those everyday routines. Connect with your community, help others and have a positive impact on your well-being.

Volunteering is also a brilliant way to get experience. You can boost your career potential as employers often recruit a candidate with volunteering experience. Come share passions with others from all walks of life — maybe you'll inspire others, too. Discover something you are really good at or develop a new skill. **Bring your enthusiasm.**

**No experience necessary. Volunteer today.**

**Young adults and children with parents are welcome.**

For more information or to volunteer, contact Barbara Daudelin at **847-566-0650, ext. 15.** (bdaudelin@mundeleinparks.org).



*Kids enjoy one of the many special events at the Park District.*

*We'll bring the snacks!*

## Park Chats

Learn what's going on at your Mundelein Parks. We'll be out to meet and greet residents, answer questions, and we'll have something just for kids.

**Thursday, Sept. 18 (6:30 – 7:30 p.m.)**

**Scott Brown Park** (Southport Road)

**Thursday, Oct. 2 (6:30 – 7:30 p.m.)**

**Indian Trails** (Eagle and Arrowhead Drives)

**Thursday, Oct. 16 (6:30 – 7:30 p.m.) • Hanrahan Park** (East Noel Drive)

## Recreation Advisory Committee

The **Mundelein Park & Recreation District Advisory Committee** meets once a month in an effort to continually provide outstanding recreation programs, services and events. We invite you to join our committee and share your ideas. For more information, contact Rita Kipp at **847-566-0650, ext 11** (rkipp@mundeleinparks.org).

## Afterschool Coalition



The **Mundelein After School Coalition**, an **Illinois Governor's Hometown Award** winner, partners students and members to share ideas and work together for a strong community. Members include the Mundelein Park & Recreation District, Mundelein Police Department, Mundelein High School, Santa Maria del Popolo Grade School, Mundelein School Districts 75 and 76, Fremont District 79, Hawthorn District 73, Omni Youth Services, and the Fremont Public Library. Residents and area business members are invited to monthly meetings to share ideas. For more information, contact **Mundelein Police Chief Ray Rose** at **847-968-3775**.

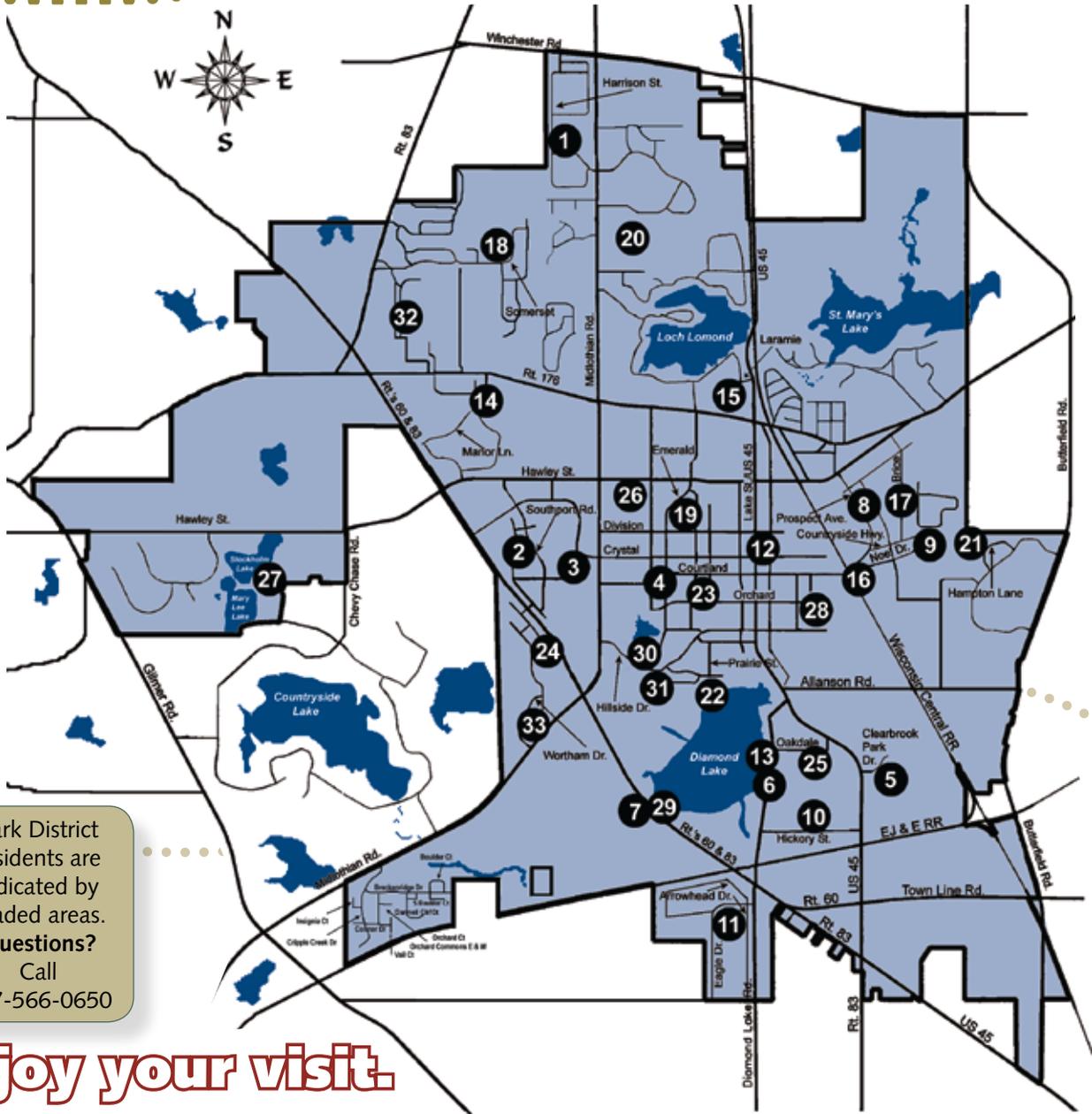
# Mundelein Parks

		Acres	Ball Fields	Basketball Courts	Drinking Fountain	Playground Equipment	Parking Area	Picnic Area	Shelters/Rentals	Tennis Courts	Comments
1	Asbury Park, Harrison Street	12	•			•	•	•			Lake, 3,000-ft. walk/jog path
2	Scott Brown Park, Southport Rd.	6	•	•	•	•	•			•	
3	Cambridge Country Park Crystal & Regent Dr.	11				•	•		•		Regent Center for seniors, stocked lake, jog path (.43 mi.)
4	Cardinal Terrace Park Courtland & Pershing	2.5									Wetland conservation & detention area, walking trail
5	Clearbrook Park Route 45 & Clearbrook Dr.	6	•			•					
6	Diamond Lake Rec. Ctr. 1016 Diamond Lake Road	100				•	•	•	•		Beach & picnic area
7	Diamond Lake Slough, Rte. 83	43						•	•		Opens '09 (Under Construction)
8	Fairhaven Park North Prospect Avenue	.4		•		•					
9	Hanrahan Park, East Noel Drive	10	•	•		•	•	•	•	•	Fitness Trails (3,500 ft.)
10	Hickory Park, Hickory Street	7	•	•		•	•				
11	Indian Trails Park Eagle & Arrowhead Drives	2		•		•			•	•	
12	Kracklauer Park & Dance Seymour Avenue	2.6			•	•	•	•		•	Dance studio, gazebo
13	Lakefront Park, Diamond Lake Rd.	4									Boat launch (permit required)
14	Leo Leathers Park Buckingham & Manor Ln.	21	•	•		•	•	•		•	Disc golf course
15	Lincoln Park, Ridgeland & Laramie	4	•	•		•	•				Lease area
16	Lion's Field (Fort Hill) Noel & Countryside	2			•		•				Fort Hill Heritage Ctr., skate park, horseshoes
17	Lone Tree Park	.1									Landscaped area
18	Longmeadow Park, Somerset	48.9	•			•		•	•		Gazebo, soccer fields
19	Memorial Park, Emerald & Pershing	6	•	•	•	•	•	•			
20	Keith Mione Community Park & Sports Complex Midlothian & Dunbar	153	Community Center, indoor pool, Park View Health & Fitness, Spray Park, Barefoot Bay Family Aquatic Center, Chalet, sled hill, stocked lake, tennis courts, athletic fields (lighted soccer, football, softball).								
21	Maurice Noll Park, Hampton Ln.	12	•	•		•	•	•		•	Stocked lake
22	North Shore Park/ Bob Lewandowski Park, Prairie Street	3				•	•	•	•		Lake front fishing
23	Orchard Basin, Orchard Street	2									Passive wetland restoration
24	Orchard View, Route 60	5				Tot Lot					Wetland restoration, walking path (2,270 ft.)
25	Gordon Ray Park, Ray's Ln.	4.5	•	•		•					
26	Carl Sandburg Community Gym Hawley & Midlothian										Shared gym facility
27	Steeple Chase Golf Club Hawley & Chevy Chase	203	18-hole, Ken Killian-designed course with bentgrass fairways, a clubhouse, pro shop, and banquet facility								
28	Vaughn-Griglack Lakewood Heights Park, Orchard & Hawthorn Blvd.	1.5	•	•		•					
29	John Weich Park	.25									Snowmobile trail link
30 31	Wilderness Park & Wilderness Park South Hillside Rd.	12/2				•					Wetland Area
32	Woodlands Park, Kasting Ln.	19				Tot Lot					Nature viewing area
33	Wortham Park, Wortham Drive	8.8	•			•	•	•		•	



# Your Parks

www.mundeleinparcs.org



Park District residents are indicated by shaded areas.  
**Questions?**  
Call  
847-566-0650

## Enjoy your visit.

- Parks are open daily, dawn to dusk (unless otherwise posted)
- Be courteous of others sharing your parks
- Supervise children at all times
- Leave nature as you found it for others to enjoy and dispose of litter in proper receptacles
- Pets are not permitted in the parks (*service animals permitted*)
- Golfing is permitted only at Steeple Chase Golf Club (**for tee times, call 847-949-8900**)
- Vehicles must park in designated areas and stay on roads and driveways
- Vehicles left after closing will be towed at owner's expense
- Report any vandalism to the Parks Department, **847-566-0650, ext. 30**
- Alcohol is prohibited

Emergency: Call 911 • Non-emergency: Call Mundelein Police Park Patrol, 847-968-4600

# Your Parks

Get Involved

## Go Green — Give a Gift that Grows

Honor births, anniversaries or memories of special family members or friends in a manner that benefits everyone — including the environment. A **Green Gift Tree** can last decades and is a thoughtful, distinctive, and earth-friendly way to show you care.

Plant a tree of your choice (shade or evergreen) in any Mundelein Park & Recreation District park. Park District staff are available to provide help with tree selection and planting location. Your Green Gift donation includes a tree, installation, and a distinctive plaque for your engraved message. And, there's no worry — we handle all maintenance and **replacement trees are free**. Donations may be tax-deductible (allowable by law). Donations are accepted year-round for trees, with plantings taking place in the spring and fall. A \$100 deposit is required with orders. Prices shown are estimates. For more information, contact Barb Daudelin at **847-566-0650, ext. 15** (bdaudelin@mundeleinparks.org).

Tree 2.5 – 3.5 dia.	Est. Price Range	Tree 2.5 – 3.5 dia.	Est. Price Range
Elm/Oak	\$315 – \$400	Linden	\$350 – \$395
Honeylocust	\$310 – \$415	Maple	\$305 – \$365
Pine (5 – 6 ft.)	\$175 – \$215	Spruce (5 – 6 ft.)	\$155 – \$185

## Special Recreation Association of Central Lake County (SRACLCLC)

The Mundelein Park & Recreation District is a cooperative member agency of the **Special Recreation Association of Central Lake County (SRACLCLC)**. The association provides community-based therapeutic recreation programs and services to people of all ages with disabilities or special needs.

SRACLCLC is a cooperative effort of the Grayslake, Mundelein and Vernon Hills Park Districts and the Villages of Hawthorn Woods, Lincolnshire, Libertyville and Lake Zurich. Individuals residing within the legal boundaries of the member agencies are considered “residents” of SRACLCLC and may take advantage of the specialized leisure services.

SRACLCLC program areas range from cultural arts, sports, adaptive sports, Special Olympics, special events and day camps. SRACLCLC recognizes that some people with disabilities prefer to participate in recreation programs within their own park district. SRACLCLC provides support for these programs through extra staff, if necessary, sign language interpreters, behavior management support, disability awareness training and other adaptive services required for safe and successful participation.

**And, SRACLCLC needs your help.** Part-time staff is needed to assist individuals with special needs in your Mundelein Park District. For more information on SRACLCLC, to receive a brochure, or to volunteer, call **847-816-4866**.

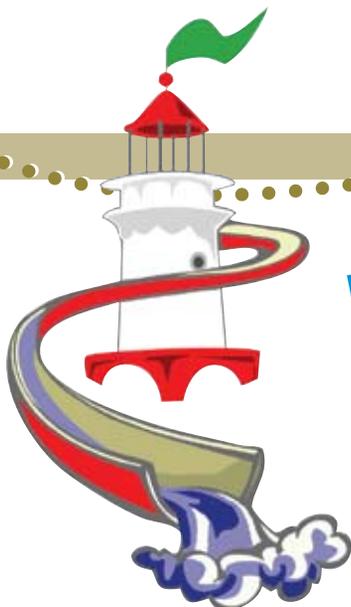
## Americans With Disabilities Act (ADA)

The **Mundelein Park & Recreation District** complies with the **Americans with Disabilities Act (ADA)** which prohibits discrimination in the provision of services, programs, or facilities to individuals with disabilities. If you would like more information on ADA and/or inclusion opportunities, please call the Mundelein Park & Recreation District at **847-566-0650**. If you believe you have been discriminated against in the provision of programs, facilities, or services offered by the Park District, please contact us immediately.



# Spotlight

www.mundeleinparcs.org



End of Season

# Fun

## Barefoot Bay & Spray Park



Barefoot Bay Daily Rates	Cost (R/NR)	Cost (R/NR)	Cost (R/NR)
	Youth (3 - 17)	Individual (18 - 54)	Senior (55/+)
Daily	\$6/\$9	\$8/\$12	\$6/\$9
Twilight (two hours prior to closing)	\$3/\$5	\$4/\$6	\$3/\$5

Spray Park Daily Rates	Resident: \$1	Non-Resident: \$2
------------------------	---------------	-------------------

Slides, tubes, a lazy river, sprays, water walk, zero-depth pool, dives, tot areas, sand play *and more!*



Leroy the Lobster making friends at Barefoot Bay!

### Barefoot Bay Hours

Daily thru August 10

Weekends beginning August 16 thru Labor Day

10 a.m. – 11 a.m. (Season Pass Holders)

11 a.m. – 8 p.m. (General Admission)

Labor Day: Noon to 6 p.m. (11 a.m. Season Pass Holders)

**Kids age two and under are FREE every day at Barefoot Bay!**

*Note: Proof of residency required at each visit to qualify for resident rate.*

### Spray Park Hours

(Fee required for all ages; FREE everyday, 7 – 8 p.m.)

Daily thru August 10

Weekends in August (Call: 847-566-0650)

10 a.m. – 2 p.m. • 2:30 – 6:30 p.m.

Labor Day: Noon – 6 p.m.

### Save the Date:

**2009 Barefoot Bay**

**Season Passes**

• **On Sale Dec. 1 •**

*Get yours early and get a discount!*



Nearby at Keith Mione Community Park & Sports Complex • 1401 N. Midlothian Road, Mundelein  
847-566-8661 (Barefoot Bay) • 847-566-0650 (Spray Park)

# Special Events



SPÖÖK-TACULAR

FREE FUN

Crazy costumes, candy and more.



## Night Before Halloween

Thursday, Oct. 30 • 6:30 – 8 p.m.

Carl Sandburg Gym, 855 W. Hawley Street

Wear your Halloween costume, enjoy games, win prizes and receive a FREE treat bag! An adult must accompany each child. Thanks to the many area businesses and organizations for providing the candy and treats. FREE and indoor. Ages 3 – 11. No registration required.



It's a turkey shoot  
with a twist!

## FREE Turkey Shoot

*Themed Basketball Free Throw and More*

Saturday, Nov. 22 • 12:30 – 2:30 p.m.

Mundelein Community Center Gym

Try your luck at the turkey-themed events: free throw contest, Turkey Slap Shot Hockey or Turkey Toss (Baggo®) events. Participants must be a "team" consisting of one adult and one child. Winners and prizes for each category. For kids (ages 3 – 11) and adults (ages 16 or older). Pre-registration required by Nov. 15. Min./Max. 6/24

Basketball Free Throw (Prog 7781), Turkey Slap Shot (Prog 7782), Turkey Toss (Prog 7783)



# Special Events

www.mundeleinparcs.org

**FREE**

## Worldwide Day of Play '08

Events across nine countries with 750,000\* kids. Get involved, right here, in Mundelein!

**Sat., September 27**

**12:30 – 4:30 p.m.**

Mundelein Community Center Gym,  
Indoor Pool and Park Areas

### **Kids and Families:**

Join the **Mundelein Park District**, the **Illinois Association of Park Districts** and **Healthy Lake County** as we celebrate the importance of healthy eating, exercise and play!

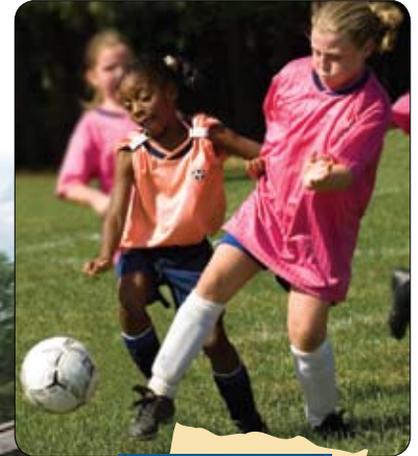
This Olympic-themed afternoon involves fun individual and team events for all ages.

Activities include family relay races, rickshaw races in the indoor pool, tug of war, along with other popular and classic games. We'll even have a baby crawl for little ones! For all ages. **FREE.**

**Registration deadline: September 20.**

Please dress for the weather (some events will be held outdoors).

**(Prog 7780)**



\*In '06 -'07, through the *Let's Just Play Go Healthy Challenge*, almost 750,000 kids pledged to help lead healthier lives. The program was created by Nickelodeon®, in partnership with the Alliance for a Healthier Generation.

# Special Events

Have Fun!

**FREE**



*Come celebrate 20 years!*

## Regent Center

*A 20th Anniversary Celebration*

**Sat., Oct. 4 • 1 – 4 p.m.**

Regent Center (formerly the Mundelein Senior Center)  
1200 Regent Drive, Mundelein • 847-566-4790



**All ages invited. FREE tours and refreshments.**

Since it began in 1988, many changes have taken place at 1200 Regent Drive. But, despite the changes, one thing has been constant — no matter what the name, this "hub" continues to be a vital part of the community for all ages.

And, this beautiful facility is host to so much more than just senior programming. There are programs for adults as well as families, special activities and events such as the Park District's Children's Theatre program, helpful clinics for well-being, including for your pets with the annual Pet Vaccination Clinic, and multi-function rental space for your business, family or special event.

*One of our most popular programs!*

**It's never too late to begin a healthy lifestyle or too early to lose a few pounds. Join us at Park View.**

Enter this contest with friends, family or co-workers and motivate one another to success. Prizes awarded to the overall male and female winners, as well as those who commit to the entire three-month program and weigh-ins. The initial weigh-in, height measurement, and body fat percentage is **Monday, September 8.**

To participate, non-Park View members may purchase a three-month membership for this special event at the resident rate.

For details, contact **Park View** at 847-566-0650, ext. 12.

**Park View Health & Fitness • 1401 N. Midlothian**



**Cost: \$15**

**Ages: Adults, 18/+**

**Dates:** Initial weigh-in Sept. 8  
(bimonthly weigh-ins)

**Final weigh-in:** November 24 – 30

**(Prog 7981)**



# Special Events

www.mundeleinparks.org

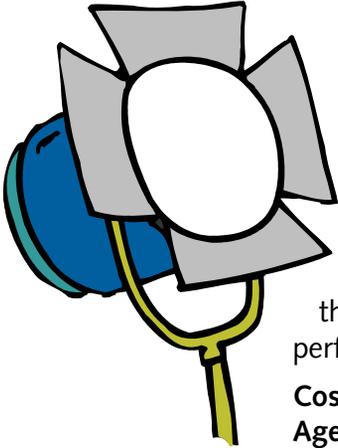


**NEW**

## Talent Show

**Sat., Oct. 11 • 6 – 7 p.m.**

Regent Center • 1200 Regent Drive



### Calling all performers!

Do you have a special talent you'd love to show off? Can you sing, dance, tell jokes, play an instrument or do magic tricks? Join us for a low-key, entry-level talent show. The audience will cast their votes and give a score to each performance. *Min./Max. 8/20*

**Cost: \$5 (\$8 non-resident) (Prog 7817)**

**Ages: 7 – 13**

## Adult Trips

### The Covered Bridges of Parke County, Indiana Oct. 20 – 22

This three-day getaway will delight you from start to finish. Travel through the rolling Indiana countryside draped in fall color. Stay at the **Abe Martin Lodge** nestled in Brown County State Park. We'll visit Nashville, IN, home to over 300 craft and specialty shops and enjoy "Mystery, Mayhem & Music" at the **Coachlight Musical Theater**. Relax on a tour of the Covered Bridge Capital of the World and a stop at Turkey Run State Park.



### Visit Beautiful Branson, Missouri Featuring: New Branson Landing and Six Holiday Shows • Nov. 10 – 14

Travel into the beautiful Ozark Mountains to Branson. Enjoy a cruise and show on the **Showboat Branson Belle**. See the popular Christmas shows of *Andy Williams*, *the Dutton Family* and *Shoji Tabuchi*. Laugh with *Yakov Smirnoff* and celebrate with the **12 Irish Tenors**. And, we'll stop at **Harrah's Resort Casino** on the way home



For detailed trip information, call the Regent Center (847-566-4790) or American Classic Tours (847-548-3333).



## Pumpkin Drop

Don't know what to do with those unwanted Halloween pumpkins?

Bring them to the **Community Park sled hill for the 1st Annual Pumpkin Drop**.

Drop your pumpkin from the top of the sled hill to see how fast it goes. Enjoy other pumpkin-themed activities, too. At the end of the event, participants will assist in cleaning up the pumpkins to learn about one more use... **compost!**

Mundelein Community Center (Sled Hill)

**FREE, All Ages**  
**Sat., Nov. 1**  
**12:30 – 2:30 p.m.**

**Registration is required to attend. Prog 7965**

**NEW**

# Golf

Play a



Champion

Great Fall Rates  
Call 847-949-8900

## Steeple Chase

200 N. La Vista Drive • Mundelein  
To reserve a tee time: 847-949-8900

### 2008 Rates

RESIDENTS			NON-RESIDENTS		
Weekdays (18 Holes)	Fees	w/Cart	Weekdays (18 Holes)	Fees	w/Cart
Open – 3 p.m.	\$33	\$49	Open – 3 p.m.	\$48	\$64
Twilight (3 p.m. to close)	\$22	\$33	Twilight (3 p.m. to close)	\$31	\$42
Senior (Mon – Thu, age 55 and older)	\$22	\$33	Senior (Mon – Thu, age 55 and older)	\$33	\$44
Ladies Day (all day Monday)	\$22	\$33	Ladies Day (all day Monday)	\$31	\$42
9 Holes (all day, Mon – Thu)	\$19	\$29	9 Holes (all day, Mon – Thu)	\$27	\$37
Weekends/Holidays (18 Holes)	Fees	w/Cart*	Weekends/Holidays (18 Holes)	Fees	w/Cart*
6 a.m. – 1 p.m.	\$39	\$55	6 a.m. – 1 p.m.	\$57	\$73
1 p.m. – 3 p.m.	\$33	\$49	1 p.m. – 3 p.m.	\$48	\$64
Twilight (3 p.m. to close)	\$28	\$39	Twilight (3 p.m. to close)	\$39	\$50

\*Cart required before noon, weekends and holidays

#### Tee Time Reservations

All reservations require a credit card or pre-paid deposit. Cancellations must be made at least two days prior.

**Residents** may reserve a tee time **eight days in advance** (*foursomes only*). At least one golfer of the foursome must be a Mundelein resident. **Non-residents** may reserve **seven days in advance** (*foursomes only*), with groups of two or three with **one-day advance reservation**.

#### Meet at the Green.

Steeple Chase is the perfect place for your next outing or meeting, with customized attention. Available for up to 65 guests indoors, or for additional, outdoors with premium tented space.  
Call 847-949-8900 today.

#### Great Dates

Sat./Sun., August 9 & 10  
Club Championship  
Sat., October 11  
Fall Scramble  
Friends of Steeple Chase  
Fall Outing • Sept. 27  
Call 847-949-8900 for details.  
Fish Fry every Friday:  
5:30 – 8 p.m. Come enjoy!

#### Family Fun at Steeple Chase

A child (18 and under) **PLAYS FREE** after 4 p.m., Sunday thru Thursday, with a paying adult. Share the fun!



# Learning Center

www.mundeleinparks.org



## Fall 2008 Classes

(Classes start the week of September 15)

### The Learning Center

(at Diamond Lake Recreation Center)

1016 Diamond Lake Road

847-566-5650 Myra Tatarowicz, Supervisor

The Learning Center Preschool programs are designed to provide education through recreation and give children the opportunity to grow emotionally, intellectually, and socially.

Our goal is to prepare your child for their first elementary school experience by developing their self-confidence, independence and cooperation. **NEW:** age-appropriate outdoor play equipment for three and four year olds, extended class times, drop-off service, and more.

3

#### Program: Ages 3 – 4

Children must be at least three by September 1, 2008

The major objective of this program is developing socialization skills. Through games, stories and group activities, children develop self-awareness and fundamental skills such as cooperation, listening, sharing and interacting with peers. Alphabet, numbers, shapes and colors are introduced. Children must be toilet trained by the time class begins.

### Come Meet

All those enrolled in Learning Center programs are encouraged to "Meet the Teacher" before classes begin in September. Dates and times will be announced and mailed for these Teacher meetings. We hope you can join us.

4

#### Program:

#### Half-Day Pre-Kindergarten

For children who will be five by December 31, 2008

This half-day class meets four days a week at Diamond Lake Recreation Center.

5

4

#### Program: Ages 4 – 5

Children must be at least four by September 1, 2008

Our theme-based program includes an introduction to the alphabet (letter recognition and sounds), art and musical activities, manipulatives, number recognition, and the mastery of shapes and colors.

The development of small and large motor skills are also practiced throughout the year and included in daily class work.

5

#### We've Moved

This fall, Learning Center classes will make the Diamond Lake Recreation Center their new home.

The same friendly, experienced staff will provide a positive program for your child. We look forward to serving you and your child, and making your preschool experience a wonderful one.

# Learning Center

*It's fun!*



## Learning Center at Diamond Lake

## 2008/09 Tuition

Ages 3 – 4	Days	Tuition (R/NR)	Program
8:45 – 11:15 a.m.	Tue/Thu	\$725/1087	7406
9:15 – 11:45 a.m.	Tue/Thu	\$725/1087	7408
12 – 2:30 p.m.	Tue/Thu	\$725/1087	7409
12:15 – 2:45 p.m.	Tue/Thu	\$725/1087	7410
Ages 4 – 5	Days	Tuition (R/NR)	Program
12:15 – 2:45 p.m.	MWF	\$940/1408	7404
Pre-K (age 5)	Days	Tuition (R/NR)	Program
11:45 – 2:45 p.m.	Monday – Thursday	\$1500/2248	7405

**Tuition.** Tuition is due in full before the beginning of the Learning Center preschool year.

If you enroll after any due date, the second, third or final payments are added to the initial fee due at registration. No refunds after Dec. 1.

**Registration Requirements.** A copy of your child's birth certificate is required for registration. A \$30 non-refundable withdrawal fee is included in your first tuition payment. A signed waiver must be on file with the Park District prior to the start of class (page 18).

**Class Information Packets.** Information packets are mailed in late August and include teacher assignment, a parent orientation schedule, and information on the September teacher Meet & Greet.



# Learning Center

www.mundeleinparcs.org



## 2008/09 Learning Center Registration Form

Family Last Name \_\_\_\_\_

First Name of Parent/Guardian \_\_\_\_\_

Home Address \_\_\_\_\_

City \_\_\_\_\_ ZIP Code: \_\_\_\_\_

Home Phone \_\_\_\_\_ Alternate Phone \_\_\_\_\_

E-mail \_\_\_\_\_

	Class (Prog #)	Days	Time	Child's Name	Gender	Age and D.O.B	Fee
First Child/Choice					M/F		
2nd Choice					M/F		
3rd Choice					M/F		
Second Child/Choice					M/F		
2nd Choice					M/F		
3rd Choice					M/F		

Please check if you need any accommodations, in accordance with the Americans with Disabilities Act, to effectively participate in any of the above programs.  
If an *Inclusion Aide* is requested, please contact us prior to the start of the program.

Total Due at Registration

### For Office Use Only

1st Payment

Cash  Check (# \_\_\_\_\_)

Visa  MC  Discover

Amount/by \_\_\_\_\_

(Auth # \_\_\_\_\_)

2nd Payment

Cash  Check (# \_\_\_\_\_)

Visa  MC  Discover

Amount/by \_\_\_\_\_

(Auth # \_\_\_\_\_)

3rd Payment

Cash  Check (# \_\_\_\_\_)

Visa  MC  Discover

Amount/by \_\_\_\_\_

(Auth # \_\_\_\_\_)

Final Payment

Cash  Check (# \_\_\_\_\_)

Visa  MC  Discover

Amount/by \_\_\_\_\_

(Auth # \_\_\_\_\_)

### Method of Payment



and Checks Accepted

Check (payable to Mundelein Park District)

MasterCard  Visa  Discover  Amount: \_\_\_\_\_

Card # \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ exp. \_\_\_\_/\_\_\_\_

Name on Card \_\_\_\_\_

Signature \_\_\_\_\_

Registration can be mailed, faxed, or dropped off, at:

**Mundelein Park & Recreation District (fax: 847-566-8557)**

**1401 N. Midlothian • Mundelein, IL 60060**

**NSF:** A \$25 fee will be charged (in addition to banking fees) for all checks returned due to insufficient funds.

*Please remember to include the completed registration form and copy of your child's birth certificate with your payment. Thank you.*

## LEARNING CENTER WAIVER & RELEASE

### IMPORTANT INFORMATION

The **Mundelein Park & Recreation District** is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The **Mundelein Park & Recreation District** continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for the below listed programs/activities must recognize that there is an inherent risk of injury when choosing to participate in recreational activities/programs.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

### WARNING OF RISK

Recreational activities are intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity. Understandably, not all hazards and dangers can be foreseen. Depending on the particular activity, participants must understand that certain risks, dangers and injuries due to inclement weather, slips and falls, poor skill level or conditioning, carelessness, horseplay, unsportsman-like conduct, premises' defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and all other circumstances inherent to indoor and outdoor recreational activities exist. In this regard, it must be recognized that it is impossible for the **Mundelein Park & Recreation District** to guarantee absolute safety.

### WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in the identified programs, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with these programs/activities (including transportation services and vehicle operations, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in these programs, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims my minor child/ward or I may have (or accrue to me or my child/ward) as a result of participating in these programs against the **Mundelein Park & Recreation District**, including its officials, agents, volunteers and employees.

I do hereby fully release and forever discharge the **Mundelein Park & Recreation District**, including its officials, agents, volunteers and employees from any and all claims for injuries, damages, or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with these programs/activities.

**I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering via fax, my facsimile signature shall substitute for and have the same legal effect as an original form signature.**

\_\_\_\_\_  
Parent or Legal Guardian MUST sign

\_\_\_\_\_  
Date

**PARTICIPATION WILL BE DENIED if the signature of adult participant or parent/guardian and date are not on this waiver.**

Revised 12/2006





## Let's Dance!

### Kracklauer Park Dance Studio

100 N. Seymour Ave., Mundelein  
847-566-0675

#### About our Programs

Enjoy our dance programs that offer opportunities for ages three to adult, of all skill levels, to get involved with dance.

**Long-term Dance** begins in September and culminates with a colorful and exciting recital in May held at Mundelein High School.

**Toddler Dance** (for age three) is a great way to introduce young ones to be active, creative and expressive. Toddlers must be toilet trained and able to participate without a parent.

#### Payment Information and Deadlines

When you register for long term dance, you may make a partial tuition payment (60%), or pay the entire fee. If making a partial payment, the second payment would be the balance of the fee. This convenient, two-payment option is shown on pages 21 – 22.

#### Deadlines: Friday, November 21

The second payment is due by **Friday, Nov. 21**. Failure to make a payment or payment arrangements by this date will result in a one-time, \$25 late fee. If dropping out of the program, you must notify the instructor by this date. And, if you do not want to participate or have your child participate in the recital, you must notify your instructor by this date. Cost of costumes already ordered will be the responsibility of the person registered.



#### Dance Instructors

Our expert dance instructors have a depth of experience and enthusiasm that translates into their program and style. We're confident you will enjoy and learn from them.

- Pam Lahey (Dance Coordinator)** • 26 years with District program
- Carol Lemerand** • 12 years with District program
- Laura Hertel** • 12 years with District program
- Rian Wienckowski** • 7 years with District program
- Leah Kaplan** • 4 years with District program
- Heather Halle** • 3 years with District program

**Myra Tatarowicz** (Program Coordinator)

#### DANCE PROGRAMS NEXT PAGE



# Dance

Register Early!

## Dance Studio at Kracklauer Park

100 N. Seymour Ave., Mundelein • 847-566-5650

### • Saturdays (Beginning September 13)

Time	Class	Ages	Min. Skill Req. (yrs.)	Instructor	Cost (R/NR)	Payment 1	Payment 2	Prog
9 – 9:30 a.m.	Pre-Ballet	3-4	0 – 1	Heather	\$115/175	\$69/105	\$46/70	7756
9:35 – 10:30 a.m.	Combo	4-6	0 – 1	Heather	\$189/285	\$115/171	\$74/114	7757
10:35 – 11:30 p.m.	Combo	5-7	1+	Heather	\$189/285	\$115/171	\$74/114	7758
11:35 – 12:30 p.m.	Petite Co	6-8	By Invitation	Heather	\$189/285	\$115/171	\$74/114	Open
12:35 – 1:30 p.m.	Combo	6-9	3+	Leah	\$189/285	\$115/171	\$74/114	7760
1:35 – 2:30 p.m.	Ballet/Hip Hop	8-11	1+	Leah	\$189/285	\$115/171	\$74/114	7761
2:35 – 3:30 p.m.	Jazz/Tap	8-11	1+	Leah	\$189/285	\$115/171	\$74/114	7762

### • Mondays (Beginning September 15)

Time (p.m.)	Class	Ages	Min. Skill Req. (yrs.)	Instructor	Cost (R/NR)	Payment 1	Payment 2	Prog
4:30 – 5:30 p.m.	Ballet I & II	8/+	See Details	TBD	\$189/285	\$115/171	\$74/114	7763
5:35 – 6:30 p.m.	Beginner Jazz	8-10	0 – 2+	Rian	\$189/285	\$115/171	\$74/114	7764
6:35 – 7:30 p.m.	Intro Jazz/ Hip Hop	10- 13	0 – 3	Rian	\$189/285	\$115/171	\$74/114	7765
7:40 – 9 p.m.	Adv Dance	14/+	5+	Heather	\$209/314	\$126/189	\$83/125	7766

### • Tuesdays (Beginning September 16)

Time (p.m.)	Class	Ages	Min. Skill Req. (yrs.)	Instructor	Cost (R/NR)	Payment 1	Payment 2	Prog
4:30 – 5:40 p.m.	Ballet II	9/+	See pg. 21	Carol	\$199/299	\$120/180	\$79/119	7767
5:45 – 6:45 p.m.	Musical Theatre	10/+	4	Carol	\$199/299	\$120/180	\$79/119	7768
6:50 – 8:15 p.m.	Ballet IV & V	11/+	See pg. 21	Carol	\$205/307	\$123/185	\$82/122	7769

### • Wednesdays (Beginning September 17)

Time (p.m.)	Class	Ages	Min. Skill Req. (yrs.)	Instructor	Cost (R/NR)	Payment 1	Payment 2	Prog
4:15 – 5:10 p.m.	Ballet/Tap	5-7	0 – 2	Laura	\$189/285	\$115/171	\$74/114	7770
5:15 – 6:10 p.m.	Ballet/Jazz	7-10	2+	Laura	\$189/285	\$115/171	\$74/114	7771
6:15 – 6:55 p.m.	Just Tap	7-11	2+	Laura	\$124/186	\$75/112	\$49/74	7772
7 – 8 p.m.	Int. Jazz	11- 14	4+	Rian	\$199/299	\$120/180	\$79/119	7773
8:05 – 9 p.m.	Ladies Jazz	18/+	0	Rian	\$189/285	\$115/171	\$74/114	7774





## Dance for All Levels

### • Thursdays (Beginning September 18)

Time (a.m./p.m.)	Class	Ages	Min. Skill Req. (yrs.)	Instructor	Cost (R/NR)	Payment 1	Payment 2	Prog
10 – 10:55 a.m.	Combo	4-6	0 – 2	Laura	\$189/285	\$115/171	\$74/114	7775
1 – 1:55 p.m.	Combo	4-6	0 – 2	Laura	\$189/285	\$115/171	\$74/114	7776
4:15 – 5:10 p.m.	Combo	5-7	1	Laura	\$189/285	\$115/171	\$74/114	7777
5:15 – 6:45 p.m.	Jr. Company	9/+	By Audition	Laura	\$205/307	\$125/185	\$80/123	Open
6:50 – 8:55 p.m.	Ballet V/Pointe	14/+	4+	Laura	\$245/367	\$147/220	\$98/147	7779

### Toddler Ballet

This is your child's time to shine and learn dance. This 10-week program is a beginner-level class and can help children prepare for more advanced classes in the future. Short term dance students do not participate in the annual recital. Children must be toilet trained and be prepared to stay without a parent. Instructor: Laura. *Min./Max.* 6/12

**Ages:** 3-½ – 4-½ **Cost:** \$59 (\$89 non-resident)

**Date:** Thursdays, Sept. 18 – Nov. 20, 2 – 2:45 p.m. (Prog 7784)



### Program Details

**Pre-Ballet** Introduces the very young to ballet.

**Ballet I & II** students should have a knowledge of ballet terminology and early fundamentals of ballet, as taught in Combo Class. Suggested minimum age is eight.

**Ballet III** Students must have mastered all previous level techniques. Students develop more challenging techniques and emphasize strength building. Placement is by instructor approval.

**Ballet IV & V** Students must have mastered Ballet III. On an individual basis, the instructor will determine if toe shoes can be worn. Placement is by instructor approval.

**Ballet V –VI** Students must have mastered Ballet IV & V and have instructor approval. Instructor will determine if toe shoes can be worn.

**Combo** Primarily ballet and tap, with some basic jazz techniques.

**Tap** Students use their feet to create sounds and spell out rhythms.

Covers basic techniques to more advanced combinations and routines.

**Advanced Dance** Students can join this class by audition or invitation.

This is a performing group and consists of various forms of dance. Students are encouraged to also take a techniques class.

**Musical Theatre** Emphasizes Broadway-style dances and develops two performance styles. Students must have completed Ballet III or equivalent.

**Just Tap** Suggested for younger students interested in becoming members of Junior dance company, or for those who just want to improve their tap ability. New students always welcome.

### Proper attire required

**Girls:** black leotard, light pink tights, pink ballet shoes, black tap shoes.

**Boys:** fitted, plain white shirt, black jazz pants or shorts, black ballet shoes, black tap shoes with white socks.

# Early Childhood



*Big & Little — a world of fun and learning.*

## **Big & Little Child Development Center at Mundelein Community Center 1401 N. Midlothian Road**

**847-566-0650, ext. 20**

*Laurie Gembara, Director*

**Big & Little Child Development Center**, is a state-licensed child development center for up to 103 children, ages two to six. Our professionally-trained staff provide a fun, engaging and educational environment. Six, kid-friendly classrooms host 16-18 children, based on the overall age of the children served.

Children at *Big & Little* enjoy the facility's full-sized gym, **Spray Park**, a special water/play activity area just for younger children, and a private, fenced playground. *Big & Little* offers convenient child care from 6:30 a.m. to 6 p.m., Monday through Friday, year-round, excluding major holidays. Full and part-time schedule options as well as a morning preschool help meet the needs of working parents.



## **About Our Program**

At *Big & Little*, your child is provided with a warm, nurturing, stimulating, and challenging environment that promotes social, emotional, physical, and intellectual growth. Our goal is to help your child experience the joy of learning, instill a sense of curiosity, and provide an atmosphere of discovery and exploration.

*Big & Little* stresses activities that facilitate language development, increase sensory awareness, and enhance an understanding of the environment. Independence, self-confidence, and positive self-esteem are encouraged.

In accordance with Federal Law and U.S. Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410 or call 800-795-3272 or 202-720-6382 TTY. USDA is an equal opportunity provider and employer.



# Early Childhood

[www.mundeleinparcs.org](http://www.mundeleinparcs.org)



## Learning is



# fun!

at Big & Little

Quality Child Care for Ages Two to Six



Steer your way to a great experience at Big & Little.

### Curriculum

Our theme-based curriculum provides a wide variety of activities and interest areas. Cooperative play is encouraged while meeting developmental needs. Our daily schedule provides ample opportunity for active and quiet activities as well as both fine and gross motor activities.

### Daily activities include:

- Circle Time
- Art, Dramatic Play and Blocks
- Science/Discovery Center
- Manipulatives
- Language Arts
- Sensory Motor Activities
- Music/Movement
- Library Corner
- Computer
- Cooking Activities and occasional Field Trips\* (\*select dates)

For more details or to schedule a tour, contact:  
Laurie Gembara  
Director of Big & Little,  
847-566-0650, ext. 20.

### Tuition Schedule

**Full Time** (Five full days per week)

**Cost:** \$200 per week (one child) • \$386 per week (two children)

**Part-Time Regular** (Daily)

**Cost:** \$47 per day (one child) • \$91 per day (two children)

**Part-Time Regular** (Hourly; four hour minimum)

**Cost:** \$7.30 per hour (one child) • \$13.90 per hour (two children)

**Preschool** (8:30 a.m. – 12:30 p.m.)

(Two day minimum)

**Cost:** \$29 per day (one child) • \$55.50 per day (two children)



# Regent Center

Get Involved



## 50-Up Club

We have games galore. Bring your ideas.

**Day/Time:** second Thursday, 1 p.m.

## Ask the Doctor

Designed to help you take a more active role in your health.

**Day/Time:** third Wednesday, 10:15 a.m.

## A.C.E.S.

A great workout by Anne McKenna of the Mundelein Park District. Aerobics, balance and weight training.

**Day/Time:** MWF, 9:15 a.m. • Cost: \$1/class

## Bingo

Enjoy some old-fashioned fun with friends and some good bingo.

**Day/Time:** second Tuesday, 6 p.m.,  
Wednesdays, 1 p.m. Cost: Three cards/\$1

## Book Talk

Book discussions led by Marie of the Fremont Library.

**Day/Time:** second Friday, 10:30 a.m.

## Blood Pressure Check – FREE

Held immediately following “Ask the Doctor”, a nurse from Condell Medical Center will check your blood pressure.

**Day/Time:** third Wednesday, 11:15 a.m.

**Exclusively for Adults,  
Age 50 Plus**

## Regent Center

(formerly the Mundelein Senior Center)

1200 Regent Drive, Mundelein

Hours: 8:30 a.m. – 3:30 p.m. (Mon – Fri)

847-566-4790

Mary Yoho, Adult Program Supervisor

## Annual Memberships:

\$7 individual (\$14 non-resident)

\$11 Couples (\$22 non-resident)

\$5 Newsletter Subscription

## Breakfast Club

This dining club prefers a morning meal with good friends. Once again, sign up at the Center and meet at a chosen restaurant.

**Day/Time:** fourth Thursday, 10:30 a.m.

## Bridge

This active card group boasts members from all over the county. You'll love it. Call to get in on the fun.

**Day/Time:** Fridays, 12:30 p.m.

## Canasta

You grew up playing this card game — come back to it now!

**Day/Time:** Tuesdays, 1:00 p.m.

## Chair Massage

Enhance your circulation with a massage — done while sitting in a chair. Stimulate your body's self-healing mechanisms, help reduce symptoms of fatigue, eyestrain, aches and *more*.

**Day/Time:** third Thursday, by appointment

**Cost:** \$10 (gift certificates available)

## Crafts

Enjoy leisurely crafting with others.

**Day/Time:** Thursdays, 10:30 a.m.



# Regent Center

www.mundeleinparks.org



## Regent Center • 1200 Regent Drive

The Mundelein Park & Recreation District's **Regent Center** is a multi-purpose, active center serving the needs and interests of Mundelein and area residents, ages 50 and better. The Center offers a wide selection of activities, programs and services geared exclusively for adults in their prime, including diagnostic services and health tips, exercise programs, day trips and special events. The Center is also available for rent, for community, business or family events. For rentals, see **page 59**.

### Dinner Club

This long established group visits a different restaurant each month to enjoy the fine food and each other's company. Register at the Regent Center and pay for your own meal. Rides are available for non-drivers.

**Day/Time:** third Tuesday, 4:00 p.m. at chosen restaurant.

### Exercise with Eleanor

A great stretching and flexibility class with low-impact aerobics.

**Day/Time:** Tuesdays and Thursdays, 9:15 a.m.

### Foot Care Clinic

Certified foot care specialists from "R" Home Care Services, soak, massage, and pedicure your feet. Schedule your appointment, then pay at the time of service. Please bring two towels and a washcloth. By appointment.

**Day/Time:** third Friday, 12:30 – 2:30 p.m.

### FYI

It's always good to learn something new. This speaker's program will keep you informed.

**Day/Time:** two Fridays a month, 10:30 a.m.

### Golden Hours

Pinochle is the game. This social group maintains its own membership in addition to the Regent Center.

**Day/Time:** first and third Thursdays, 12:30 p.m.

### Help Desk

Assistance available for any of your insurance or Medicare concerns.

**Day/Time:** fourth Friday, 1 – 3 p.m.

*Come Celebrate!*



**Regent Center  
Dedication  
Oct. 4, 1 – 4 p.m.**

*Free fun for all ages! See page 17 for details.*

### Line Dance

Have some fun while learning all the steps to this fun, country dancing.

**Day/Time:** Tuesdays, 10:15 a.m. (Line Dance 1)  
Thursdays, 10:30 a.m. (Line Dance II)

### Mah Jongg

Play this ancient Chinese tile game. All skill levels are welcome.

**Day/Time:** Mondays, 10:15 a.m. (traditional)  
Thursdays, 1 p.m. (National Mah Jongg League)

### Pokeno

Resembling Bingo — you'll laugh because you were so close!

**Day/Time:** Mondays, 12:30 p.m.

### Poker

What a great way to spend an afternoon.

**Day/Time:** Tuesdays, 12:30 p.m.

### Pinochle

Enjoy pinochle again. Two groups available.

Call the Regent Center for information on group leaders.

**Day/Time:** Mondays, 12:30 p.m.

**Enjoy our special trips to  
Park County, IN and Branson, MO**

• Learn more on page 13 •

# Adult Programs

Register Early!

**FREE**

## **Every Woman Has a Story Inside. The "My Time, My Story" Event**

Enjoy award-winning speaker and Oprah Winfrey Show guest Mary LoVerde, a life balance expert and author of *Touching Tomorrow: How to interview Your Loved Ones to Capture a Lifetime of Memories on Video or Audio*. The presentation will also include information on prescription-only Reclast®, for the treatment of postmenopausal osteoporosis.

Attendees will have the opportunity to record and take home their story at the Reclast® My Time, My Story Kiosk. Great giveaways and free refreshments.

Regent Center, 1200 Regent Drive

**Cost:** FREE with registration

**Ages:** Adults, 18/+

**Date:** Friday, Sept. 5 • **Time:** 1 p.m. (Prog 7969)

## **BEGINNING/CONTINUING T'AI CHI CHIH®**

**The benefits are endless.** T'ai Chi Chih® is here — a gentle form of 19 movements and one pose designed to circulate and balance the body's energy. With regular practice, benefits may include improved balance and coordination, more energy, improved flexibility and a sense of inner peace. T'ai Chi Chih can be done seated or standing and is gentle enough for all ages and most levels of fitness.

Ideal for continuing students who can refine their movements and deepen their understanding of the practice. Led by Nancy Lecraw and Bobbie Weichman, Certified T'ai Chi Chih Instructors. *Mix./Max. 6/18*

Regent Center, 1200 Regent Drive

**Cost:** \$25 (4 weeks)

**Ages:** Adults, 18/+

**Date:** Mondays, Sept. 8 – 29 • **Time:** 10:30 – 11:30 a.m. (Prog 7970)

## **Jewelry Making with Serene Gergans** at the Regent Center

Young Adults  
Welcome

**Look beautiful with your own design.** Relax and enjoy crafting with friends as you design a fall necklace. *Mix./Max. 5/30*

**Cost:** \$14 (plus \$5 materials' fee due at class)

**Ages:** 14 – adult

**Date:** Sat., Sept. 13 • **Time:** 10 – 11:30 p.m.  
(Prog 7971)

**Registration deadline:** Aug. 25

**It's Charming.** Create your own special charm — for your backpack, cell phone, or key chain. *Mix./Max. 5/30*

**Cost:** \$14 (plus \$3 materials' fee due at class)

**Ages:** 14 – adult

**Date:** Sat., Sept. 20 • **Time:** 10 – 11:30 p.m.  
(Prog 7972)

**Registration deadline:** Sept. 2



# Adult Programs

www.mundeleinparks.org



## Pilates and Props

This progressive class uses a variety of props designed to enhance the effects of the Pilates mat class. Props used include the Magic Circle, Miracle Balls, stability balls, exercise bands, and yoga straps. These props provide resistance, target toning, improve muscle length, flexibility and strengthen the entire body. Led by Susan Homsey, Certified Mat/Standing Pilates Instructor and Miracle Ball Method. *Min./Max. 8/15*

Park View Health & Fitness, 1401 N. Midlothian

**Cost: \$89 (\$133 non-resident)**

**Ages:** 16 and older

**Date:** Wednesdays, Sept. 10 – Oct. 29 (8 weeks)

**Time:** 9:45 – 10:45 a.m. (Prog 7883)

## Pilates — on a Mat

**Unite the body and mind.** Improve your posture, gain tone and flexibility with this fun, mat-based class. Pilates helps strengthen and tone muscles, improves posture, provides flexibility and enhances balance. Unite the body and mind creating a more streamline shape. Pilates addresses the body as a whole, correcting the body's asymmetries and chronic weaknesses, preventing re-injury and bringing the body into balance. Led by Susan Homsey, Certified Mat/Standing Pilates Instructor and Miracle Ball Method. *Min./Max. 6/24*

Park View Health & Fitness Center, 1401 N. Midlothian

**Cost: \$88 (\$133 non-resident)**

**Ages:** 16 and older

**Date:** Mondays, Sept. 8 – Oct. 27 (8 weeks) • **Time:** 6:45 – 7:40 p.m. (Prog 7884)



*Get fit and healthy  
with Mundelein Parks.*

Young Adults  
Welcome

## Yoga for Good Health

**Yoga offers essential tools for good health and well being.** Bodywork, breathing practices, and mindful awareness help you feel relaxed and refreshed. Great for beginners and those continuing with their yoga. Led by Barb Pennoyer, Registered Yoga Teacher, who has taught yoga students for several years and lives/practices what she teaches. To prepare for class, please bring a sticky mat, wear comfortable clothing and eat no more than a light snack one – two hours prior to class. *Min./Max. 6/24*

Park View Health & Fitness Center, 1401 N. Midlothian

**Cost: \$119 (\$179 non-resident)**

**Ages:** 14 and older

**Date:** Tuesdays, Sept. 9 – Nov. 11 (10 weeks) • **Time:** 6:30 – 7:45 p.m. (Prog 7882)

# Adult Programs

Register Early!

## For Ladies

### Women's Strength Training I *What are you weighting for?*

**Get ready for those holiday outfits.** Discover the benefits of strength training in a small group. Learn proper lifting techniques and gain confidence while creating a personalized program to fit your needs and schedule. Free weights, gym equipment and resistance tubing are used. What are you *weighting* for? Led by April Lohr, Certified Personal Trainer. *Min/Max. 4/8*

Park View Health & Fitness Center, 1401 N. Midlothian

**Cost: \$75 (\$115 non-resident)** (8 weeks) **No class Nov. 27**

**Ages:** Adults, 16/+

**Date:** Thursdays, Oct. 16 – Dec. 11 • 9:30 – 11 a.m. (Prog 7885) or 6:30 – 8 p.m. (Prog 7886)

### Women's Strength Training I and II Combo Class

**For those early birds.** Rise and shine early and try this 5:30 a.m strength training combination. This fast-paced version gives you confidence in your fitness training, gets you fit, and to work on time.

Led by April Lohr, Certified Personal Trainer. *Min/Max. 4/8* **Early A.M. Program**

Park View Health & Fitness Center, 1401 N. Midlothian

**Cost: \$90 (\$135 non-resident)** (7 weeks)

**Ages:** Adults, 16/+

**Date:** Tuesdays and Thursdays, Sept. 9 – Oct. 23

**Time:** 5:30 – 6:30 a.m.

**(Prog 7889)**

Young Adults  
Welcome



### Women's Strength Training II

**Take charge of your body.** This class will focus on variations to basic exercises to target muscles in different ways to help you spice up your workout. Methods include supersets, circuit training, pyramiding, and more. Adding these new techniques to your strength training program will help you stay motivated and assist in your continued success. Having a knowledge of strength training and machines is helpful, but not a prerequisite. Led by April Lohr, Certified Personal Trainer. *Min/Max. 4/8*

Park View Health & Fitness Center, 1401 N. Midlothian

**Cost: \$60 (\$90 non-resident)** (6 weeks)

**Ages:** Adults, 16/+

**Date:** Thursdays, Sept. 4 – Oct. 9 • 9:30 – 11 a.m. (Prog 7887) or 6:30 – 8 p.m. (Prog 7888)



# Adult Programs

www.mundeleinparks.org



## CPR/AED Certification

**The most important class you may ever take.**

An all-important class provided by the Mundelein Park & Recreation District and the Mundelein Fire Department. **All ages are welcome** (under 16 requires a parent to attend). Certification is for two years with successful completion of the required session, and follows the American Heart Association® program. Cost is non-refundable. *Min./Max. 6/10*

**Cost: \$25 (\$38 non-residents) • Mundelein Fire Department • 1000 N. Midlothian Road, Mundelein**  
(Note: Registration is done at the Mundelein Community Center, 1401 N. Midlothian Road)

**Date:** Tuesdays, 6 – 10 p.m. (four sessions to choose from)  
Sept. 9 (**Prog 7982**, deadline Sept. 2), Oct. 14 (**Prog 7983**, deadline Oct. 7),  
Nov. 11 (**Prog 7984**, deadline Nov. 2), Dec. 9 (**Prog 7985**, deadline Dec. 2)

## Boot Camp

**Get a work out, head to toe.** This class focuses on variations to basic exercises to target muscles, working the entire body in a natural and safe manner. Exercises are done using resistance tubing, stability balls, bosu, and agility ladder. All are designed to improve your cardiovascular condition and strength. Led by instructor Gregg Lee, Certified Personal Trainer/Group Exercise Instructor.

*Min./Max. 6/12*

Park View Health & Fitness Center, 1401 N. Midlothian

**Cost: \$90 (\$134 non-resident) (8 weeks)**

**Ages:** Adults, 18/+

**Date:** Tuesdays, Sept. 2 – Oct. 21

**Time:** 5:45 – 6:45 a.m.

(Prog 7894)

Early A.M.  
Program

Discover all the great ways to have fun and get in shape at Park View Health & Fitness.

# Get Fit FREE!

Park View



Health & Fitness

FOR AGES 16 AND OLDER.



# 3 FREE VISITS

Walk, jog the indoor track, try a treadmill, weight training, or even a few laps in the pool.

Please present coupon at Front Desk. Expires 2/28/09. Free visits must be used within the same week.

Learn more about Park View Health & Fitness (next page) ►

# Health & Fitness

Commit to be



Get healthy and enjoy yourself at **Park View Health & Fitness Center**, a service-oriented, community health club. **Affordable rates with no enrollment fees**, top-notch equipment, trained staff, and convenient hours and location make this the ideal place to get fit. EFT available.

Swim laps in the indoor heated pool (a comfy 80+ degrees), take a jog on the indoor fitness track (less impact than outdoor exercise), take to the gym for a basketball game, build strength with Life Fitness®, Cybex® and weight training, take a class like Pilates or cycling, or get a consultation with our personal trainers.

For information on programs, or group rates for your business, contact Rose at **847-566-0650, ext. 37** (rnudosemsak@mundeleinparks.org).

## Ultimate

One- (*introductory*), three- or six-month or annual memberships available.

Includes:

- Park View Health & Fitness Center, equipment/indoor track
- Indoor pool (*open swim*)
- Gym (*open time*)
- Sauna
- 50% Discount on Passports (*annual membership only*)
- Locker room, daily-use towels and locker key.

## Fitness

One- (*introductory*), three-, six-month, or annual memberships available.

Includes:

- Park View Health & Fitness Center, equipment/indoor track
- Gym (*open time*)
- 50% Discount on Passports (*annual membership only*)
- Locker room, daily-use towels and locker key

## Corporate & Wellness

Offers a 15% discount on non-resident annual rates for *Individual* or *Ultimate* memberships. Contact the Fitness Manager for details.

## Indoor Pool

Available for six-month or annual memberships.

Includes:

- Pool
- Sauna
- Use of pool area locker rooms

*Consult a physician before starting any fitness plan.*

## Plan Details

**Individual** • Adult, ages 19 and older. Age 12 and older for Track and Gym Memberships only. **Individual**

**Plus One** • Available for two persons living at the same address. The primary member must be at least age 19, and the "Plus One" at least age 14 (age 12 for Track and Gym memberships). *Note: "Plus One" and "Each Additional" must be part of the same plan, and no combining of memberships permitted.*

**Each Additional** • Available only to members who have purchased an "Individual Plus One" membership.

**One-Month Introductory** • This fee may be applied to the cost of an Annual Membership anytime during the intro's 30-day period.

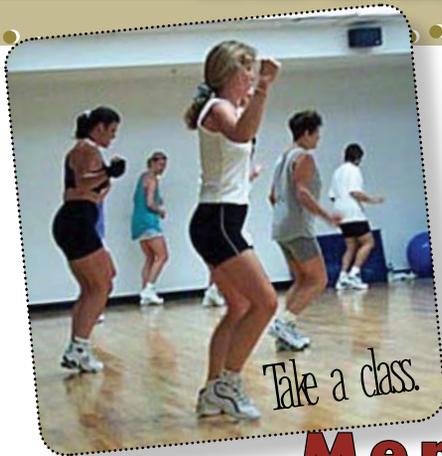
**Youth** • Ages 14 – 18. A signed waiver must be on file for all youth (page 64) to participate. Youth, ages 14 – 15, must complete a free, on-site *Youth Orientation Program* prior to using the facility. To register, youths must register with a parent, have a signed waiver, and provide a birth certificate. **Senior and Senior**

**Plus One** • Membership for ages 55 and better. For "Senior Plus One," both must be of this age. **Open Gym Memberships** • Annual memberships for ages 12 and older. Does not include the use of the track or equipment. **Pool Memberships** • Available for adults (ages 16 and older) and youth (ages 10 – 15).



# Health & Fitness

www.mundeleinparks.org



**Park View Health & Fitness Center**  
 1401 N. Midlothian Road  
 847-566-0650, ext. 12

## Convenient Hours • Open Every Day

Mon – Th (5:30 a.m. – 9:30 p.m.) Fri (5:30 a.m. – 8 p.m.)

Sat (7 a.m. – 5 p.m.), Sun (8 a.m. – 4 p.m.)

*Park View will be closed Labor Day and Thanksgiving.*

## Membership Plans

Fitness Plan	Individual	Ind. Plus One	Each Addt'l	Youth/Senior	Senior Plus One
Ultimate	R \$384 (\$32 mo.) NR \$576 (\$48 mo.)	R \$672 (\$56 mo.) NR \$984 (\$82 mo.)	R \$216 (\$18 mo.) NR \$324 (\$27 mo.)	R \$324 (\$27 mo.) NR \$480 (\$40 mo.)	R \$516 (\$43 mo.) NR \$756 (\$63 mo.)
Fitness	R \$300 (\$25 mo.) NR \$444 (\$37 mo.)	R \$492 (\$41 mo.) NR \$732 (\$61 mo.)	R \$132 (\$11 mo.) NR \$204 (\$17 mo.)	R \$228 (\$19 mo.) NR \$360 (\$30 mo.)	R \$384 (\$32 mo.) NR \$564 (\$47 mo.)
<b>One-Year (R/NR)</b>					
Ultimate	\$355/\$530	\$620/\$925	\$200/\$300	\$295/\$445	\$475/\$710
Fitness	\$275/\$412	\$460/\$695	\$120/\$185	\$215/\$328	\$350/\$525
Pool	\$132/\$190	\$212/\$318	\$80/\$120	\$100/\$154	\$160/\$240
Track	\$37/\$75			\$27/\$53	
Open Gym	\$125/\$180				
<b>Six-Month (R/NR)</b>					
Ultimate	\$210/\$272	\$326/\$476	\$100/\$145	\$178/\$240	\$260/\$365
Fitness	\$170/\$232	\$286/\$430	\$75/\$110	\$138/\$205	\$220/\$330
Pool	\$85/\$130	\$132/\$200	\$48/\$75	\$64/\$95	\$105/\$150
<b>Three-Month (R/NR)</b>					
Ultimate	\$138/\$195			\$115/\$165	
Fitness	\$106/\$150			\$90/\$125	
<b>One-Month (R/NR)</b>					
Ultimate	\$70/\$85			\$70/\$85	
Fitness	\$53/\$70			\$53/\$70	
<b>Daily Fee (R/NR)</b>					
Ultimate	\$12/\$17			\$9/\$13	
Fitness	\$10/\$13			\$8/\$11	
Pool (Open Swim)	\$4/\$6			\$4/\$3	
Track	\$3/\$6			\$2/\$5	
Open Gym	\$4/\$8				

Periodically, areas are closed for maintenance and repair. These closings are reflected in all fees and memberships.

# Health & Fitness

Commit to be



Park View Health & Fitness



## Fitness Class Passport

• **No Membership Needed or Enrollment Fees** •

**Your passport to fitness is here.** Enjoy any of the classes on Park View's group fitness schedule. Whether you're interested in losing weight, adding muscle tone, or increasing your energy, we have the programs to help you reach your goals. Simply choose any combination to suit your fitness needs. Drop-in for a class (no registration required) and have your Passport scanned. Class schedules are available at Park View's front desk.

### Passport Rates (R/NR)

Ages 14 and Older

6 use	12 use	24 use	36 use	Unlimited
\$30/\$36	\$54/\$66	\$102/\$126	\$144/\$180	\$171/\$193

**10%**

**Discount**  
on Passports,  
ages 55  
and older

**50% Discount**

on Passports for  
Annual Fitness or  
Ultimate  
Park View  
members

### Sample Classes:

**Group Training.** Class with a personal training feel. Cardiovascular machines and weight machines are used as well as free weights.

**Core Combo.** Focus on your core area with Pilates fundamentals and movements.

**Total Body Conditioning (TBC).** Increase your energy level and go beyond traditional aerobics by cross-training in a classroom setting. Combine muscular conditioning and cardio for an all-in-one workout.

**Pilates.** Designed to increase your awareness of your body, using the body's center as the foundation of movement. Mat exercises help elongate and strengthen muscles, creating a longer, leaner look.

**Muscle & More.** Strengthen and condition your body using free weights, tubing, Swiss Balls and your own body weight, focusing on functional muscle work.

**Indoor Cycling.** Ride flats, hills, jumps and sprints with proper warm up and cool-down stretches.

**H<sub>2</sub>O Fitness.** Let the water condition you through buoyancy, drag and resistance. Reduce the impact to your body and help increase range of motion. Core stabilization and balance work are included.

**Aqua ROM.** A low-intensity water class that focuses on range of motion, strength, balance, and functional movement. This class is for individuals that are post-rehab, pre/post natal or experiencing joint difficulties. No swimming experience required — your head stays DRY! Led by an occupational therapist and nurse.

**Note:** Park View reserves the right to cancel any group exercise class at any time due to continued low participation.

*Unlimited Passports expire six months from date of purchase. All others expire one year from date of purchase. Passport must be scanned for each class. Passports are not valid for specialty classes. Sharing passports is not permitted. Replacement Passports: \$5.*



# Health & Fitness

www.mundeleinparks.org



## Packages and Personal Training

**Work out when it fits your schedule — we're open every day.** Exercise, jog the indoor track, swim laps, take an aqua or cycle class, or shoot a few baskets in the gym.

Flexible and convenient for everyone without the commitment of a membership — busy parents, students, business travelers, visiting guests, and more. Multi-use cards are available for seven or 14 days. And, additional days can be added at any time to extend use. Card expires one year from date of purchase.

**Multi-Use Card Rates**  
 (Rates for residents and non-residents)  
**\$42 (7-Day) • \$70 (14-Day)**  
**\$5 each** (additional days, seven or less)  
**\$4 each** (additional days, eight or more)  
 Military personnel on active duty receive a 15% discount with military ID.

### On-Site Child Care (for three months and older)

#### Kidz Centre Hours

Mon – Fri (8 – 11:15 a.m.)

Saturday (7:15 – 11 a.m.)

Sunday (8 – 11 a.m.)

Mon – Thu Evenings

(5:30 – 7:30 p.m. *reservations required*)

#### Rates

10 visits (\$24)

20 visits (\$42)

30 visits (\$55)

Daily fee (\$5)



**Get personal.** Park View's personal training **One-on-One** program offers specialized training to motivate you and get results. Participants can select their **One-on-One** personal trainer (or we can help select one) who guides you from the initial consultation through post-program maintenance.

All programs begin with an all-important consultation where goals are set and the methods to achieve them. Then, a comprehensive program is tailored to your needs. Park View trainers are experts and have the training and resources to help you reach your goals. Whether it's conditioning, bodybuilding or even post-natal or post-injury training, your trainer will be there every step of the way.

No. of Sessions	One-to-One Training (Members/Non-Members)	Semi-Private (2) Training (Members/Non-Members)
1	\$45/\$53	\$60/\$65
3	\$132/\$153	\$171/\$186
5	\$205/\$240	\$275/\$300
10	\$400 Park View Members	

# Tennis

Register Early!



All classes are taught  
by tennis professionals at:  
**The Libertyville Club**  
1030 S. 4th Avenue, Libertyville  
847-362-5553

## Youth/Adult

Youth Classes	Dates	Day	Wks.	Time	Cost (R/NR)	Prog
Tots	Aug 23 – Dec 20	Sat	16	9 – 9:45 a.m.	\$264/330	7908
Pee Wee	Aug 27 – Dec 17	Wed	17	3:15 – 4 p.m.	\$281/351	7909
Jr. Development	Aug 29 – Dec 19	Fri	16	6 – 7 p.m.	\$352/440	7910
Jr. Development	Aug 23 – Dec 20	Sat	15	5 – 6 p.m.	\$330/413	7911
Jr. Development	Aug 24 – Dec 21	Sun	16	4 – 5 p.m.	\$352/440	7912
High School	Aug 29 – Dec 19	Fri	16	6 – 7 p.m.	\$352/440	7913

Adult Classes	Dates	Day	Wks.	Time	Cost (R/NR)	Prog
Instant Tennis	Aug 26 – Dec 23	Tue	18	9 – 10 a.m.	\$396/495	7902
Instant Tennis	Aug 23 – Dec 20	Sat	15	4 – 5 p.m.	\$330/413	7903
Instant Tennis	Aug 24 – Dec 21	Sun	16	5 – 6 p.m.	\$352/440	7904
Stroke Production	Aug 28 – Dec 18	Thu	16	11 – Noon	\$352/440	7905
Stroke Production	Aug 23 – Dec 20	Sat	15	4 – 5 p.m.	\$330/413	7906
Stroke Production	Aug 24 – Dec 21	Sun	16	5 – 6 p.m.	\$352/440	7907

No classes (all levels) Aug. 30 – Sept. 1, Nov. 27 – 30 • No Jr. Development or Adult classes Nov. 8.

### Youth

**Tots (ages 5 and under)** This class focuses on learning tennis skills and improving social/group interaction. The parent accompanies the child on the court so both the parent and Pro help the student have fun and learn in a relaxed atmosphere.

**Pee Wee (ages 5 – 7)** An introductory junior program. Teaches basic hand-eye coordination and stroke development (forehand and backhand), volley and serve.

**Junior Development (ages 8 – 13)** An excellent program for those just starting tennis. Emphasis is placed on form and control. Students are introduced to volleys, serves and ground strokes.

**High School** Designed for those wishing to improve their playing skills in order to make their school's team or better their game. Drills are used to imitate competitive game situations and improve stroke.

### Adult

**Instant Tennis** Great for learning in a few short weeks and as a refresher.

**Stroke Production** Emphasis on reinforcing tennis basics: forehand, backhand, ground strokes, volleys, serves.





## Indoor Basketball League

Let's see your competitive side! This semi-competitive league of round robin play is held with a single elimination tournament involving teams. *Min./Max.* 4/8

Mundelein Community Center Gym

**Cost: \$575 per team • (Prog 7901) • Ages: Men, 18/+**

**Date: Thursdays • 6:30 – 10:30 p.m. (Play begins Nov. 6)**

**Registration deadline: Sunday, October 19**

**No games Nov. 27, Dec. 25 or Jan. 1.**

**Aug. 18 – 24:** For teams with 2/3's or more Mundelein residents. Proof of residency required.

**Aug. 25 – 31:** For teams with a Mundelein business sponsor • **Sept. 2:** Open registration

## Adults



## Men's Hoops

Come shoot with the guys! Come out and shoot some hoops with the guys and play a few pick-up games. A perfect opportunity to make new friends and get some exercise. *Min./Max.* 15/30

Mundelein Community Center Gym

**Cost: \$68 (\$85 non-resident)**

**Ages: Men, 18/+**

**Date: Sundays, Sept. 7 – Dec. 28 (17 weeks)**

**Time: 6:30 – 8:30 p.m. (Prog 7895)**

## Volleyball League (Women's & Men's Levels A/B)

Bump, spike, score! Round robin play is conducted with a single elimination tournament involving all teams.

Please register your team according to skill level. *Min./Max.* 4/8

The Mundelein Park District reserves the right to switch teams if it improves the quality of play.

Mundelein Community Center Gym • **Cost: \$325 per team**

**Ages: Men and Women, 18/+**

**Date: Wednesdays, 6 – 10:30 p.m. (Play begins Sept. 24) • Registration deadline: Sun., Sept. 14**

**Men's A (Prog 7897) • Men's B (Prog 7898) • Women's A (Prog 7899) • Women's B (Prog 7900)**



## Adult Open Volleyball

Develop your volleyball skills and meet other players from around the area. Open volleyball will be set up so players rotate into games and play with different individuals.

*Min./Max.* 20/40

Carl Sandburg Middle School, 855 W. Hawley Street

**Cost: \$60 (\$75 non-resident) • Ages: Men and Women, 18/+**

**Date: Mon., Sept. 8 – Dec. 15 (15 weeks) • Time: 7 – 9 p.m. (Prog 7896)**

### Questions on Leagues?

Contact Scott

at 847-566-0650, ext. 29

(sschleiden@mundeleinparks.org)

# Tae Kwon Do

Register Early!



## Ki-Martial Arts

1511 B South Lake Street • Mundelein  
847-837-7850

**Learn from the Masters.** Under the instruction of **Sixth-degree Black Belt Tae Kwon Do Master Jeong**, students build balance, coordination, confidence and physical fitness.

Pee Wee (ages 3 to 5) • Children (ages 6 to 12)  
Family (ages 6 and older) • Adult (ages 13 and older)

Two-Day Sessions

**Session One (6 Weeks) October 6 – November 15**  
**Session Two (7 Weeks) November 17 – January 3 ('09)**

### Pee Wee Class

Session 1 • \$105 (\$158 non-resident) (Prog 7945)  
Session 2 • \$115 (\$173 non-resident) (Prog 7949)

### Children's Class

Session 1 • \$128 (\$192 non-resident) (Prog 7946)  
Session 2 • \$138 (\$207 non-resident) (Prog 7950)

### Adult Class

Session 1 • \$128 (\$192 non-resident) (Prog 7947)  
Session 2 • \$138 (\$207 non-resident) (Prog 7951)

### Family Class *(cost per person)*

Session 1 • \$128 (\$192 non-resident) (Prog 7948)  
Session 2 • \$138 (\$207 non-resident) (Prog 7952)

All participants must purchase a uniform from Ki-Martial Arts (\$45; not included in program cost).

### Session Time Options

Please call Ki-Martial Arts at 847-837-7850 to schedule your time.

New students ages three to four must also schedule a free orientation class prior to instruction.

Level	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
Adult	12 – 1 p.m.		12 – 1 p.m.		12 – 1 p.m.	11 a.m. – Noon
Adult	7 – 8 p.m.		7 – 8 p.m.		5:30 – 6:30 p.m.	11 a.m. – Noon
Pee Wee	4 – 4:30 p.m.	4:30 – 5 p.m.	4 – 4:30 p.m.	4:30 – 5 p.m.	4 – 4:30 p.m.	10 – 10:30 a.m.
Pee Wee	4:30 – 5 p.m.	5:30 – 6 p.m.	4:30 – 5 p.m.	5:30 – 6 p.m.		
Pee Wee	6 – 6:30 p.m.					
Children	4 – 5 p.m.	5:30 – 6:30 p.m.	10 – 11 a.m.			
Children/Family	5 – 6 p.m.	5:30 – 6:30 p.m.	10 – 11 a.m.			
Children/Family	6 – 7 p.m.					





# Shotokan Karate

[www.mundeleinparks.org](http://www.mundeleinparks.org)



**Gain Strength, Learn Personal Safety and More**

Join the program that has so much to offer — develop coordination, strength, personal safety skills, agility, poise, self-confidence, discipline and more. Taught by **Illinois Shotokan Karate** instructors that were trained by former U.S. Team member and four-time *National Champion*, John DiPasquale, this program packs all the right stuff. Opportunities for beginners to advanced. Note: Beginner students may not register into a session after the second class has met. Registration for continuing/advanced students is accepted after the start date, but full payment is required. **15-Week Instructional Programs.**

**Call Illinois Shotokan Karate Club at 847-359-0666 for more information.**

**Locations:** Cooper Junior High, 1050 Plum Grove Circle, Buffalo Grove  
Sullivan Community Center, 635 Aspen Drive, Vernon Hills  
Hawthorn Elementary North, 301 Hawthorn Parkway, Vernon Hills

**Levels: Child (ages 5 – 7), Youth (ages 7 – 14, and Adult (age 15/+)**

**Wednesdays, September 3 – December 17 • Cooper Junior High (No class Oct. 8) Max. 10**

Cost: \$120 (\$180 non-resident)

8:30 – 9:30 p.m. • Adult Beg/Interm (white-purple belts) Max. 10 (Prog 7924)

Cost: \$169 (\$254 non-resident)

Time: 8:30 – 10 p.m. • Adult Advanced (brown-black belts) Max. 10 (Prog 7925)

**Thursdays, September 4 – December 18 • Sullivan Community Center (No class Nov. 27)**

Cost: \$120 (\$180 non-resident)

4 – 4:45 p.m. • Child Beginner (no prior experience) Max. 12 (Prog 7926)

4:50 – 5:35 p.m. • Child Continuing (one or more lessons) Max. 12 (Prog 7927)

5:40 – 6:25 p.m. • Child Interm/Adv (permission required) Max. 7 (Prog 7928)

**Thursdays, September 4 – December 18 • Hawthorn Elementary North**

Cost: \$120 (\$180 non-resident)

6:35 – 7:30 p.m. • Youth Beginner/Cont (white-blue belts) Max. 25 (Prog 7929)

7:35 – 8:30 p.m. • Youth Advanced (green belts and up) Max. 25 (Prog 7930)

8:35 – 9:35 p.m. • Adult Beginner/Cont Max. 25 (Prog 7931)

**Saturdays, September 6 – December 20 • Sullivan Community Center (No class Nov. 29)**

Cost: \$120 (\$180 non-resident)

9:30 – 10:25 a.m. • Youth Beginner (white belts w/stripes) Max. 12 (Prog 7932)

9:30 – 10:25 a.m. • Adult Beginner (white belts) Max. 12 (Prog 7933)

9:30 – 10:25 a.m. • Parent/Child Beg/Cont (white belts; cost per person) Max. 12 (Prog 7934)

10:30 – 11:25 a.m. • Youth Continuing (orange-yellow belts) Max. 24 (Prog 7935)

10:30 – 11:25 a.m. • Adult Continuing (orange-yellow belts) Max. 12 (Prog 7936)

11:35 – 12:20 p.m. • Child Beginner (no experience necessary) Max. 12 (Prog 7937)

12:25 – 1:10 p.m. • Child Continuing (one or more lessons) Max. 12 (Prog 7938)

1:15 – 2:15 p.m. • Youth Novice (blue-green belts) Max. 12 (Prog 7939)

1:15 – 2:15 p.m. • Adult Novice (blue-green belts) Max. 12 (Prog 7940)

2:15 – 3:15 p.m. • Youth Intermediate (low purple-2nd brown belts) Max. 12 (Prog 7941)

2:15 – 3:15 p.m. • Adult Intermediate (low purple-2nd brown belts) Max. 12 (Prog 7942)

3:15 – 4:15 p.m. • Youth Advanced (1st brown-black belts) Max. 12 (Prog 7943)

3:15 – 4:15 p.m. • Adult Advanced (1st brown-black belts) Max. 12 (Prog 7944)

# Gymnastics

## Gymnastics

### Gymnastics Spot

915 Tower Road • Mundelein  
847-949-SPOT (7768)

No classes Nov. 29.

### Tots Gymnastics

In this program, children will achieve their goals by rewarding successes with encouragement. Skills are taught in a fun, progressive way, starting with the most basic elements and then proceeding with increasing difficulty. Vaulting, bars, beam, floor exercise and tumble trab.

No class Nov. 29. Max. 18

Ages: 4½ – 6

Session 1 (8 weeks)

Cost: \$73 (\$110 non-resident)

Sept. 6 – Oct. 25 • 9 – 10 a.m. (Prog 7914)

Session 2 (6 weeks)

Cost: \$55 (\$83 non-resident)

Nov. 1 – Dec. 13 • 9 – 10 a.m. (Prog 7915)

### Beginners to Advanced

Geared for older children, goals are reached by rewarding successes with encouragement. Skills worked on include basic rolls and cartwheels on the floor, running techniques, board drills on the vault, and walks, hops and jumps on the balance beam. Max. 24

Ages: 7 and Older

Session 1 • 8 weeks • Cost: \$73 (\$110 non-resident)

Sept. 6 – Oct. 25 • 10 – 11 a.m. (Prog 7916)

Session 2 • 6 weeks • Cost: \$55 (\$83 non-resident)

Nov. 1 – Dec. 13 • 10 – 11 a.m. (Prog 7917)

### Advanced Beginners

The skill progression system is used to introduce harder skills and drills as children progress and learn. Dance techniques, walkovers, flip-flops, beam tumbling, and bar skill sequences are covered. *Beginner-level skills must be completed prior to taking this program.* KAT and USA Gymnastics Skill Level Programs are introduced.

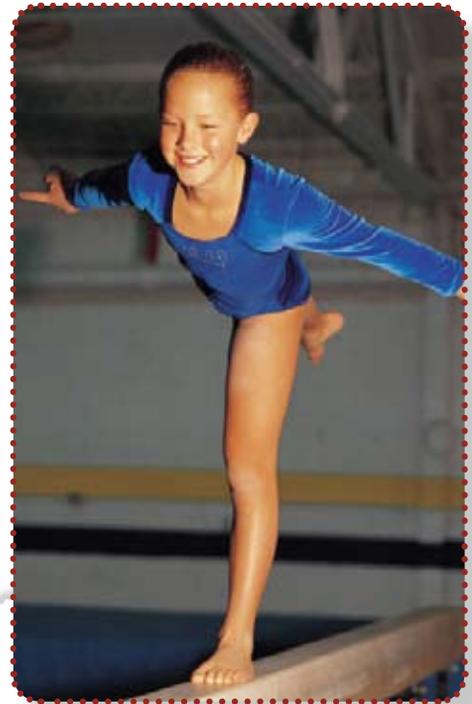
Ages: 7 and Older (Max.20)

Session 1 • 8 weeks • Cost: \$73 (\$110 non-resident)

Sept. 6 – Oct. 25 • 10 – 11 a.m. (Prog 7918)

Session 2 • 6 weeks • Cost: \$55 (\$83 non-resident)

Nov. 1 – Dec. 13 • 10 – 11 a.m. (Prog 7919)



Balance, tumble, beam and more with your Mundelein Parks.



Register Early!

# Ice Skating

www.mundeleinparks.org



Take to Skate!

## Glacier Ice Arena

670 N. Lakeview Parkway  
Vernon Hills • 847-362-1222

**Let's skate.** With this program between the **Mundelein Park District** and **Glacier Ice Arena**, Mundelein residents have the convenience of registering for skating lessons right at the Mundelein Community Center on Midlothian Road.

### Tuesdays, September 2 – October 21

**Cost: \$104 (residents) (8 weeks)**

**Time: 10 – 10:30 a.m.**

Tot Levels 1 – 3 (Prog 7989)

Little Dogs Hockey (1 or 2) (Prog 7990)

**Time: 10:30 – 11 a.m.**

Adults (Prog 7991)

**Time: 4 – 4:30 p.m.**

Tot Levels 1 – 3 (Prog 7992)

Little Dogs Hockey (1 or 2) (Prog 7993)

**Cost: \$112 (residents) (8 weeks)**

**Time: 4 – 4:40 p.m.**

Basic Skating Levels (Prog 7994)

### Saturdays, September 6 – October 26

**Cost: \$104 (residents) (8 weeks)**

**Time: 9:20 – 9:50 a.m.**

Tot Levels 1 – 3 (Prog 8004)

**Time: 10 – 10:40 a.m.**

Adults (Prog 8006)

Little Dogs Hockey 1 (Prog 8007)

**Time: 10:40 – 11:10 a.m.**

Little Dogs Hockey 1 (Prog 8008)

Tot Levels 1 – 3 (Prog 8009)

**Cost: \$112 (residents) (8 weeks)**

**Time: 10 – 10:40 a.m.**

Basic 1 (Prog 8005)

Note: Non-residents must register at Glacier Ice Arena in Vernon Hills. Costs shown are resident rates only. Please contact the arena for fees.

### Skating Levels

Please include your level when registering.

**Adults:** For adults of all skill levels.

**Basic Skating:**

Ages 6 and older who have never had lessons.

**Little Dogs Hockey 1 & 2:**

Ages 3 – 6 who have never had lessons.

Helmet & cage required.

**Tot Levels 1 – 3:**

Ages 3 – 5 who have never had lessons.

### Wednesdays, September 3 – October 22

**Cost: \$104 (residents) (8 weeks)**

**Time: 10 – 10:30 a.m.**

Tot Levels 1 – 3 (Prog 7995)

Little Dogs Hockey (1 or 2) (Prog 7996)

**Time: 10:30 – 11 a.m.**

Adults (Prog 7997)

**Time: 1:10 – 1:40 p.m.**

Tot Levels 1 – 3 (Prog 7998)

Little Dogs Hockey (1 or 2) (Prog 7999)

**Time: 5 – 5:40 p.m.**

Tot Levels 1 – 3 (Prog 8001)

Little Dogs Hockey (1 or 2) (Prog 8002)

**Cost: \$112 (residents) (8 weeks)**

**Time: 5 – 5:40 p.m.**

Basic Skating Levels (Prog 8000)

### Fridays, September 5 – October 24

**Cost: \$104 (residents) (8 weeks)**

**Time: 4:10 – 4:50 p.m.**

Basic Skating Levels (Prog 8003)

# Youth Programs

Have Fun!

## Parent/Child

### Music Masters I for Parent/Tots

Make music a weekly part of your baby's developmental experiences. Learn songs and activities you can do with your baby at home that will enhance language and motor development. Rhythm instruments, scarves, bounces and books are used with poetry to create a rich learning environment.

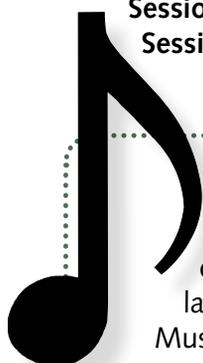
Led by Music-In-The-Box instructors. *Min./Max. 5/10* • **No class Nov. 27.**

**Ages:** 8 – 20 months (with parent) • **Cost:** \$69 (\$104 non-resident)

Community Park Chalet, 888 Dunbar Road

**Session I:** Thursdays, Sept. 11 – Oct. 16 (6 weeks) • **Time:** 10:45 – 11:15 a.m. (Prog 7876)

**Session II:** Thursdays, Oct. 30 – Dec. 11 (6 weeks) • **Time:** 10:45 – 11:15 a.m. (Prog 7877)



### Music Masters II for Parent/Tots

Music is ideal for this age of energy, independence and social awareness. Singing, dancing, books and purposeful instrument play will delight your child and stimulate language development. Basic music concepts are introduced. Led by

Music-In-The-Box instructors. *Min./Max. 5/10* • **No class Nov. 27.**

**Ages:** 18 – 36 months (with parent) • **Cost:** \$78 (\$117 non-resident)

Community Park Chalet

**Session I:** Thursdays, Sept. 11 – Oct. 16 (6 weeks) • **Time:** 9:45 – 10:30 a.m. (Prog 7878)

**Session II:** Thursdays, Oct. 30 – Dec. 11 (6 weeks) • **Time:** 9:45 – 10:30 a.m. (Prog 7879)

### Baby Signs Special Parents' Workshop

The **Baby Signs Parent Workshop** is based on research documenting the positive effects of teaching infants to communicate with signs before they can talk.

The workshop provides the information behind the research and knowledge and strategies needed to begin teaching babies to use signs. Participants receive a **free** Parent Kit, DVD's, a reference card with signs-at-a-glance and bookmarks with simple signs for use with baby. Led by Liz Gorden, Certified Baby Signs instructor. *Min./Max. 5/20*

Community Park Chalet, 888 Dunbar Road

**For:** Parents, expectant parents, grandparents, caregivers

**Cost:** \$60 (\$90 non-resident)

**Date:** Thursday, Oct. 16 • **Time:** 7 – 8:30 p.m. (Prog 7815)

### Family Music Masters

**Musical fun!** Families join in group musical activities that challenge children of differing ages. Based on the *Montessori* philosophy of mentoring, the program benefits single-child families wishing to participate in a multi-age program. *Min./Max. 3/6*  
**No class Nov. 27.** Six weeks.

**Cost:** \$69 (\$103 non-resident)

Community Park Chalet

**Ages:** 6 months and older (w/parent)

**Session I:** Thursdays, Sept. 11 – Oct. 16

**Time:** 9 – 9:30 a.m. (Prog 7799)

**Session II:** Thursdays, Oct. 30 – Dec. 11

**Time:** 9 – 9:30 a.m. (Prog 7800)

**Additional sibling (each):**

\$40 (\$60 non-resident)



# Youth Programs

www.mundeleinparks.org



## Parent/Child

Learn together!

### My First Time

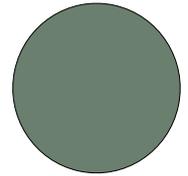
Little ones will gain confidence when separating from their parents. Sing songs, listen to stories, play and make new friends are all in store. Parents stay nearby to help with bathroom trips or just to give a hug. Led by instructors Kathy and Donna. *Min./Max. 8/10*

**Ages:** 2-½ – 3-½ years • **Cost:** \$69 (\$103 non-resident)  
Mundelein Community Center

**Session 1:** Monday, Sept. 15 – Nov. 17 (6 weeks) • **Time:** 10:15 – 11:45 (Prog 7789)

**Session 2:** Wednesday, Sept. 17 – Nov. 19 (6 weeks) • **Time:** 9 – 10:30 a.m. (Prog 7790)

**Session 3:** Friday, Sept. 19 – Nov. 21 (6 weeks) • **Time:** 10:15 – 11:45 a.m. (Prog 7791)



### My First Time Holiday Fun Parent/Tots

Children will be encouraged and guided along in their efforts to make special holiday creations for your home. These treasures are sure to warm your home with smiles from everyone. Parents stay in a nearby area just in case your little one needs a hug or reassurance during the program. There will also be time to play in the big gym, run around and have fun. *Min./Max. 7/9*

**Ages:** 2-½ – 3-½ years • **Cost:** \$30 (\$45 non-resident)  
Mundelein Community Center

**Date:** Mon/Weds/Fri, Dec. 8, 10 and 12

**Time:** 9 – 10:30 a.m. (Prog 7875)

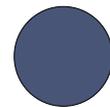
### Gym for 1's and 2's Parent/Tots

**Get movin'!** Toddlers will be introduced to a variety of gym activities and use tot-sized equipment to play. They'll have a great time burning off energy, playing with new friends and using their large motor skills to help improve balance and coordination. Parents are required to stay with their child. Led by instructors Kathy and Donna. *Min./Max. 8/14*

**Ages:** 1-½ – 2-½ years • **Cost:** \$69 (\$103 non-resident)  
Mundelein Community Center

**Date:** Wednesdays, Sept. 17 – Nov. 19 (10 weeks)

**Time:** 10:45 – 11:45 a.m. (Prog 7786)



### Parent and Tot Fun

This program provides an opportunity for toddlers and parents to play together, socialize and make new friends. A variety of gym activities and toys will be available, including songs, movement games, crafts, snacks and more. Children must be the correct age by the first day of the program. Led by instructor Kathy. *Min./Max. 8/12*

**Ages:** 18 months – 30 months (with parent)

**Cost:** \$59 (\$89 non-resident) Additional sibling of program age: \$6

Mundelein Community Center

**Date:** Mondays, Sept. 15 – Nov. 17 (10 weeks)

**Time:** 9 – 10 a.m. (Prog 7785)

# Youth Programs

**New**

## Parent and Tot Art

**Get creative!** Parents and children will enjoy creating a variety of simple art and craft projects. Making projects together will help youngsters learn how to listen and follow directions. Small motor skills and creativity are also engaged. Tots are introduced to colors, shapes and themes with new project each week. Led by instructor Kathy. *Min/Max. 7/9*  
Mundelein Community Center, 1401 N. Midlothian

**Ages:** 18 months – 30 months (with parent)

**Cost:** \$69 (\$103 non-resident)

**Date:** Fridays, Sept. 19 – Nov. 21 (10 weeks)

**Time:** 9 – 10 a.m. (Prog 7788)

## Parent/Child

### Parent and Tot Holiday Art

**More art fun!** Create special keepsakes together. These treasures made with your child's hands will give a unique touch to your holidays and make a great gift. Led by instructor Kathy. *Min/Max. 6/9*  
Mundelein Community Center

**Ages:** 18 months – 30 months (with parent)

**Cost:** \$30 (\$45 non-resident)

**Date:** Mon/Weds/Fri, Dec. 15, 17 and 19

**Time:** 9 – 10:30 a.m. (Prog 7787)

## Tot Rock Parent/Tots

You and your tot will delight in exploring classic nursery rhymes in this one-of-a-kind musical adventure. We will play with rhythm instruments like bells and clackers, share props and explore sensory items like bubbles and feathers. We provide structured and unstructured time to encourage socialization.  
*Min./Max. 4/8*

Mundelein Community Center, 1401 N. Midlothian

**Ages:** Toddlers that can walk – 20 months w/parent • **Cost:** \$45 (\$68 non-resident)

**Time:** 4:45 – 5:25 p.m.

**Session 1:** Monday, Sept. 8 – Oct. 20 (6 weeks) **No class Oct. 13 (Prog 7792)**

**Session 2:** Monday, Oct. 27 – Dec. 8 (6 weeks) **No class Nov. 24 (Prog 7793)**

## Kid Rock 1 & II

**Get Rockin'!** If your child likes music and to explore, then **Kid Rock** is just what you're looking for! *Exciting Explorations* is the theme with fun explorations that include a pumpkin patch, outer space, the ocean and more. Kids learn imaginative play, songs, rhymes, rhythm instruments, gross motor skills and movements. Parents participate in Kid Rock I. Parents stay only for the first and last weeks in Kid Rock II.

**Cost:** \$45 (\$68 non-resident) • Mundelein Community Center, 1401 N. Midlothian

**Kid Rock I • Ages:** 20 months – 3 years (with parent) *Min./Max. 4/10*

**Session I:** Mondays, Sept. 8 – Oct. 20 (6 weeks) **No class Oct. 13 • Time:** 5:30 – 6:10 p.m. (Prog 7794)

**Session II:** Mondays, Oct. 27 – Dec. 8 (6 weeks) **No class Nov. 24 • Time:** 5:30 – 6:10 p.m. (Prog 7795)

**Kid Rock II • Ages:** 2-½ – 5 years *Min/Max. 4/10*

**Session I:** Mondays, Sept. 8 – Oct. 20 (6 weeks) **No class Oct. 13 • Time:** 6:15 – 6:55 p.m. (Prog 7796)

**Session II:** Mondays, Oct. 27 – Dec. 8 (6 weeks) **No class Nov. 24 • Time:** 6:15 – 6:55 p.m. (Prog 7797)



# Youth Programs

www.mundeleinparks.org



## Fit for Kids

**Fit 4 Kids** introduces fitness as a way for kids to stay active. Kids explore fun fitness concepts designed just for them, in addition to yoga, Pilates and aerobics. Activities involve obstacle courses and running games played in a noncompetitive setting. Perfect for kids looking to have fun and stay active. Led by *Fit 4 Kids* instructor, Steve Kogan.

*Min./Max. 5/12*

Mundelein Community Center, 1401 N. Midlothian

**Ages:** 6 – 10

**Cost:** \$95 (\$133 non-resident)

**Date:** Saturdays, Sept. 13 – Nov. 8 (9 weeks)

**Time:** 11:15 a.m. – 12:15 p.m. (Prog 7891)

## Young Rembrandt's Preschool Drawing

With this step-by-step teaching method, children will be successful with their drawing. Each week, children will draw a new subject and learn about the subject as it is drawn. Youngsters will improve fine motor skills, learn special organization, listening and practice staying on task. Children will take home one mounted drawing each week.

Materials are supplied. Led by Young Rembrandt's staff. *Min./Max. 6/12*

Diamond Lake Recreation Center,  
1016 Diamond Lake Road

**Cost:** \$55 (\$83 non-resident) (Tuesdays, 6 weeks)

**Ages:** 3-½ – 5 years

**Time:** 4 – 4:45 p.m.

**Session 1:** Sept. 23 – Oct. 28 (Prog 7801)

**Session 2:** Nov. 11 – Dec. 16 (Prog 7802)

## Young Rembrandt's Elementary Drawing

Children will draw a variety of subjects from animals, landscapes, and still life. The Young Rembrandt's step-by-step teaching method insures success and understanding for each child. Pencils, markers and sharpie techniques are taught. Repeated enrollment develops increased confidence and drawing skills. Led by Young Rembrandt's staff. *Min./Max. 6/10*

Diamond Lake Recreation Center, 1016 Diamond Lake Road

**Ages:** 6 – 12 years • **Cost:** \$59 (\$89 non-resident) (Tuesdays, 6 weeks)

**Time:** 5 – 6 p.m.

**Session 1:** Sept. 23 – Oct. 28 (Prog 7803) • **Session 2:** Nov. 11 – Dec. 16 (Prog 7804)

## Tumble Fit

More fun with **Fit 4 Kids**. Basic tumbling gets supercharged with more movement and games. Somersaults, tripods, and cart wheels combined with exercise **equals tons of fun!** Led by *Fit 4 Kids* instructor, Steve Kogan. *Min./Max. 5/12*

Mundelein Community Center,  
1401 N. Midlothian

**Ages:** 5 – 8

**Cost:** \$95 (\$133 non-resident)

**Date:** Saturdays, Sept. 13 – Nov. 8 (9 weeks)

**Time:** 12:30 – 1:30 p.m. (Prog 7890)



*Get creative and colorful with your Mundelein Parks.*

# Youth Programs

## Check Mates Chess

**Journey into the world of chess.** In this high-energy approach to learning the game of chess, children learn chess tactics such as pins, forks, and skewers. Music, games, puzzles and physical activity are all incorporated into the program.

No previous chess experience required. Instructors offer a personalized approach to the game and help children increase their level of concentration and problem solving.

Led by Check Mates Chess Academy. *Min./Max. 6/14*

Community Center Chalet, 888 Dunbar

**Ages:** 5 – 12 • **Cost:** \$59 (\$89 non-resident) (Mondays, 5 weeks)

**Time:** 4:30 – 5:45 p.m.

**Session 1:** Sept. 22 – Oct. 20 (Prog 7813)

**Session 2:** Nov. 3 – Dec. 1 (Prog 7814)

## It's Magic

**Learn tricks that will amaze!** Have hours of fun after you see how easy it is to learn magic! Led by the *Magic Team of Gary Kantor*. All tricks are age appropriate and all materials are included. *Min./Max. 6/20*

Mundelein Community Center, 1401 N. Midlothian

**Ages:** 5 – 13 • **Cost:** \$19 (\$29 non-resident)

**Date:** Tuesday, Sept. 16, 4 – 4:55 p.m. (Prog 7818)

**Date:** Tuesday, Nov. 11, 4 – 4:55 p.m. (Prog 7819)



Discover year-round fun at the Park District's Mundelein Community Center.

## Mad Science

**Discover science!** *Mad Science of Northern Illinois* brings some of the coolest hands-on science topics, including detective science, movie effects, machines and more. Each young scientist will be able to make and take home fun projects including a movie effect, a propeller driven car and many others. All materials included.

*Min./Max. 10/20*

Community Park Chalet, 888 Dunbar

**Ages:** 6 – 10 • **Cost:** \$99 (\$149 non-resident) (Thursdays, 8 weeks)

**Date:** Sept. 25 – Nov. 20 (No class Oct. 9)

**Time:** 4 – 5 p.m. (Prog 7816)

## MSSO Nights

**Just for Middle Schoolers!** Join your friends at the Mundelein Community Center for an evening of fun and games. The pool will be available on selected evenings. Snacks and drinks will be served. Watch for flyers prior to each date for specific details. This is a drop-in program with adult supervision.

**Ages:** 6th – 8th Graders • **Cost:** \$5 • **Date:** Fridays, Sept. 12, Oct. 3, Nov. 7, Dec. 5



# Youth Programs

www.mundeleinparks.org



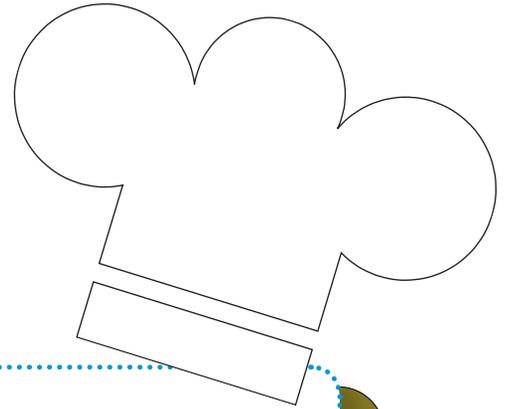
## Fear Factor Foods

**Fear is not a factor!** Get in the Halloween spirit and get introduced to new fruits and veggies. Halloween costume attire is required to attend. Test your imagination and broaden your healthy food horizons with things that may feel **strange, weird** and even **hairy**. Since we cannot guarantee that the ingredients in foods used in this program are safe for children with food allergies, we suggest you opt for another great program if your child has allergies. *Min./Max. 6/12*

Mundelein Community Center • **Ages:** 8 – 10

**Cost:** \$30 (\$45 non-resident) • **Date:** Saturday, Oct. 25

**Time:** 3 – 4:30 p.m. (Prog 7893)



## Junior Iron Microwave Chef

**Calling all future chefs.** Learn how to follow a basic healthy recipe including fruit smoothies, vegetables, main entrées and desserts. All food is precooked in this adult-supervised setting. Kids compete for winning entrées in three teams of five, with judging by Mundelein "celebrities." Bring your family to cheer you on. Games, audience participation and more. Participants receive a **free** chef's hat. *Min./Max. 10/15*

*Note: Since we cannot guarantee that ingredients in foods used in this program are safe for children with food allergies, we suggest you opt for another program if your child has allergies.*

Mundelein Community Center, 1401 N. Midlothian

**Ages:** 8 – 10 • **Cost:** \$30 (\$45 non-resident) • **Date:** Saturday, Sept. 20

**Time:** 3 – 4:30 p.m. (Prog 7892)

## Private Piano and Violin Lessons

**Enrich your child's world with one-on-one music.** Six, weekly sessions at a pre-arranged time that is convenient for you. Instruction for beginners to advanced. Students are required to obtain materials as suggested by the instructor. Led by instructors Tatyana Petrosova and Michael Barengolts. To arrange for lessons or for more information, please call Myra at **847-566-5650**. Adult instruction also available. Violins can be rented at Classic Violins (847-970-3737) or Village Music Store (847-945-5321).

**Ages:** 5 and Up • Mundelein Community Center, 1401 N. Midlothian

### Piano Instruction (No class Nov. 27)

Instruction available between 2:30 and 8 p.m.

#### Session 1 • Thursdays, Sept. 25 – Oct. 30

30 min. • \$128 (\$192 non-resident) (Prog 7805)

60 min. • \$255 (\$382 non-resident) (Prog 7806)

#### Session 2 • Thursdays, Nov. 6 – Dec. 18

30 min. • \$128 (\$192 non-resident) (Prog 7807)

60 min. • \$255 (\$382 non-resident) (Prog 7808)

### Violin Instruction (No class Nov. 26)

Violin instruction available between 3:30 and 8 p.m.

#### Session 1 • Wednesdays, Sept. 24 – Oct. 29

30-min. • \$128 (\$192 non-resident) (Prog 7809)

60-min. • \$255 (\$382 non-resident) (Prog 7810)

#### Session 2 • Wednesdays, Nov. 5 – Dec. 17

30-min. • \$128 (\$192 non-resident) (Prog 7811)

60-min. • \$255 (\$382 non-resident) (Prog 7812)

# Youth Programs

*Register Early!*

## **Pee Wee Soccer**

**Be just like your big brother or sister.** Ideal for beginners and those interested in learning the game. Basic skills of dribbling, passing, shooting and goal tending are taught in a non-competitive setting. Teamwork, participation, and good sportsmanship also stressed. A game will be played at the end of each session. Led by Sports R Us staff.

*Min./Max. 10/20*

**Cost: \$42 (\$63 non-resident) • Tuesdays**  
Mundelein Community Center Gym

**Ages: 3 – 4**

9:30 – 10:15 a.m.

Session 1 • Sept. 16 – Oct. 21 (**Prog 7953**)

Session 2 • Nov. 4 – Dec. 9 (**Prog 7954**)



*Get in the game with MPRD programs.*

## **Junior Basketball**

**Learn the skills to advance your game.** Boys and girls alike will learn and advance their skills in the world of basketball. First-timers and seasoned pros will enjoy the fun and challenge. Games and drills practice dribbling, passing, shooting, positions and the importance of teamwork. Games will be played at the end of each class. *Min./Max. 10/20*

**Ages: 5 – 7**

**Cost: \$42 (\$63 non-resident) • Mundelein Community Center Gym**

**Date: Mondays, 6:30 – 7:15 p.m.**

Session 1: Sept. 15 – Oct. 20 (**Prog 7957**) • Session 2: Nov. 3 – Dec. 8 (**Prog 7958**)

## **All-Star Sports**

**An exciting way to introduce your child to a world of sports.** Play a different sport each week, including basketball, soccer, floor hockey, T-ball, and *more*, all while using scaled-down, *kids-size* equipment. Learn basic skills, rules of each sport, and play a fun game at the end of each class.

*Min./Max. 10/20*

**Ages: 3 – 4**

**Cost: \$42 (\$63 non-resident) • Mundelein Community Center Gym**

**Date: Mondays, Sept. 15 – Oct. 20, 5:30 – 6:15 p.m. (Prog 7955)**

**Date: Mondays, Nov. 3 – Dec. 8, 5:30 – 6:15 p.m. (Prog 7956)**

*All participants should bring a water bottle.*



# Youth Programs

www.mundeleinparks.org



## Mark Miller's Munchkin Soccer

**Fun for all those future stars.** Learn soccer's basic skills including kicking, passing, and teamwork all in a relaxed and fun setting. Led by Mark Miller's Staff. *Min./Max. 8/10*

Mundelein Community Center Gym • Saturdays

**Ages: 4 – 8 • Cost: \$67 (\$100 non-resident)**

Session 1 • Sept. 6 – Oct. 11 • 12:30 – 1 p.m. (Prog 7959)

Session 2 • Oct. 25 – Nov. 29 • 12:30 – 1 p.m. (Prog 7960)

## Mark Miller's Creative Movement

**Move to the music.** Led by *Mark Miller's* staff, this new program assists your child's motor development and social skills through music and movement. Activities include stretching, rhythm, songs, group activities and ball play. Props such as scarves, parachutes, rhythm sticks, balls and music will be used. Comfortable clothing is recommended. *Min./Max. 8/10*

**Ages: 2 – 4 • Cost: \$67 (\$100 non-resident)**

Mundelein Community Center Gym • Saturdays

Session 1 • Sept. 6 – Oct. 11 • 1 – 1:30 p.m. (Prog 7963)

Session 2 • Oct. 25 – Nov. 29 • 1 – 1:30 p.m. (Prog 7964)

**New**

## Mark Miller's Munchkin Football

**Learn basic football concepts** — rules, catching, throwing and flag-pulling, all in a relaxed and fun setting. Teamwork and sportsmanship are stressed. Led by Mark Miller's staff. *Min./Max. 8/10*

Mundelein Community Center Gym • Saturdays

**Ages: 4 – 8 • Cost: \$67 (\$100 non-resident)**

Session 1 • Sept. 6 – Oct. 11 • 12 – 12:30 p.m. (Prog 7961)

Session 2 • Oct. 25 – Nov. 29 • 12 – 12:30 p.m. (Prog 7962)



## "School Day Off" Gym Fun Things to Do

**There's so many fun things to do on your day off.** Get together with friends, play a wide variety of sports in the Community Center's gym, play pool or pingpong in our Teen Area, or take advantage of special open swim times at the indoor pool. Children under age eight must be accompanied by an individual age 16 or older in the gym. Children under age 10 must be accompanied by an individual age 16 or older in the pool. *Min. 6*

Mundelein Community Center

**Ages: 3 – 13 • Cost: \$6 (\$8 non-resident)**

**Time:** 12 – 2:45 p.m.

**Session 1** (Fri., Oct. 10) (Prog 7966) • **Session 2** (Wed., Nov. 26) (Prog 7967)

Cool fun!

# Youth Programs

## Indoor Soccer League

**Get Your Game On!** Here's a great opportunity for both boys and girls to stay "game ready" during the long winter or get a head start in learning a new sport.

Volunteer coaches are needed.

If interested in volunteering, contact Scott at 847-566-0650, ext. 29 (sschleiden@mundeleinparks.org).

**Cost: \$60 (\$90 non-resident)**

Carl Sandburg Middle School, 855 W. Hawley Street

**Ages: 4 – 5** • For kids who never played in a league setting but want to try it. Scores are not kept and parent coaches help provide a fun atmosphere while giving equal playing time to all players.

**Ages: 6 – 12** • Enables kids to continue playing soccer throughout winter. The first Saturday is an instructional clinic and the second Saturday is for team organization and practice.

**Date:** Saturdays, Jan. 10 – Feb. 28 ('09) • Clinics: Jan. 10 and 17, 2009/Leagues: begin Jan. 24, 2009

### Clinic Times:

Ages: 4 – 5 (9 – 10 a.m.) *Min./Max. 40 (Prog 7920)*

Ages: 5 – 6 (10:15 – 11:15 a.m.) *Min./Max. 40 (Prog 7921)*

Ages: 7 – 9 (11:30 a.m. – 12:30 p.m.) *Min./Max. 60 (Prog 7922)*

Ages: 10 – 12 (12:45 – 1:45 p.m.) *Min./Max. 40 (Prog 7923)*

*Please bring a water bottle to all programs.*

## Mundelein Thunder Girls Fastpitch Softball Clinics (for Beginners)

**Girls: Improve your skills while discovering a love of the game.** Basic skills such as throwing and catching mechanics, hitting, fielding and base running for beginning softball players will be stressed. Weather permitting, clinics are held outdoors (please dress appropriately).

Led by Mundelein Thunder Staff. *Min./Max. 12/40. No class Oct. 11.*

Carl Sandburg Middle School Gym/fields, 855 W. Hawley Street

**Ages: Girls, 7 – 14 • Cost: \$56 (\$84 non-resident)**

**Date:** Saturdays, Sept. 13 – Nov. 8 • **Time:** 9 – 10:30 a.m. (Prog 7978)



## Softball Pitching Lessons

**The basics and more.** If you're interested in pitching, this class stressing the basics is for you. Includes proper body position, arm swing and ball grip. Stay after the softball clinics and have fun learning a new skill. Led by Bill T'Niemi, ASEP Certified Coach, and Mundelein Thunder Staff. *Min./Max. 4/12. No class Oct. 11.*

Carl Sandburg Middle School Gym, 855 W. Hawley Street

**Ages: Girls, 7 – 11 • Cost: \$40 (\$60 non-resident)**

**Date:** Saturdays, Sept. 13 – Nov. 8 • **Time:** 10:45 – 11:15 a.m. (Prog 7979)





# Youth Programs

www.mundeleinparks.org



## Youth Basketball

These fun leagues give all an equal opportunity to learn, develop basketball skills, team play and sportsmanship in an organized, fun atmosphere. Participants gain experience by playing in actual games. There are no practices nor individual skill training during the week. Sessions are eight weeks.  
*Min/Max: 28/64. Costs: \$55 (\$80 non-resident)*

### Details and Rules

On clinic night, coaches evaluate participants, put them onto teams, give out uniforms and a schedule for the remaining weeks. Coaches make every effort to balance the teams. The Mundelein Park & Recreation District reserves the right to switch players after the first week of games if the change will better balance the skill level of the teams. **Emphasis is on learning the game, improving and having fun.**

- We are unable to honor special requests for team placement due to the large number we receive
- Game time varies depending on the number of players and teams in each league
- Teams play 12-minute running clock halves with participants rotating out every two minutes
- Full court press is not allowed unless specified in description
- Coaches are on the floor to offer instruction and officiate the game
- Score is kept, however, standings are not recorded

### Girls' League • 5th – 7th Grade

Carl Sandburg Middle School, 855 W. Hawley • Prog 7973

5th – 7th Grade (Aug. 27 • 6 – 7 p.m.) (8 weeks)

League Play (Sept. 3 – Oct. 15, times vary)

Full court press is allowed in last minute of game.

Participants learn man-to-man defense.

Baskets are at regulation height and a women's regulation size ball is used.



### 1st – 2nd Grade (Boys & Girls)

Mundelein Community Center • Prog 7974

- 1st Grade (Tu., Sept. 2, 6 – 7 p.m.)
- 2nd Grade (Tu., Sept. 2, 7:15 – 8:15 p.m.)
- League Play (Sept. 9 – Oct. 21, times vary)

Participants learn zone defense. Baskets are lowered to eight feet and a junior-size ball is used. Score is kept the second half of the season.

### 3rd – 4th Grade (Boys & Girls)

Carl Sandburg Middle School • Prog 7975

- 3rd Grade (Th., Oct. 16, 6 – 7 p.m.)
- 4th Grade (Th., 16, 7:15 – 8:15 p.m.)
- League Play (Oct. 23 – Dec. 18, times vary)

Participants learn man-to-man defense. Baskets are at regulation height and an intermediate-size ball is used.

**No games Oct. 30 and Nov. 27.**

### 5th – 6th Grade (Boys & Girls)

Carl Sandburg Middle School • Prog 7976

- 5th/6th Grades (Wed., Oct. 22, 6 – 7 p.m.)
- League Play (Oct. 29 – Dec. 17, times vary)

Full court press is allowed in last minute of game.

Participants learn man-to-man defense. Baskets are at regulation height and an intermediate-size ball is used.

**No games Nov. 26.**

### 7th – 8th Grade (Boys & Girls)

Carl Sandburg Middle School • Prog 7977

- 7th/8th Grades (Tu., Oct. 28, 6 – 7 p.m.)
- League Play (Nov. 4 – Dec. 16, times vary)

Full court press is allowed last two minutes of game.

Participants learn man-to-man defense. Baskets are at regulation height and a men's regulation-size ball is used.

# Youth Programs

## Interactive Metronome

The Interactive Metronome (IM) program is a computer based technology used to improve timing, focus and concentration. Through repetition of interactive exercises, the IM program trains the brain to improve planning, sequencing and processing speed. In addition to reported improved focus and attention, post tests for students attending this program reveal an average increase of .8 grade levels in math fluency, 2.8 grade levels in reading fluency, and two grade levels in processing speed. Led by Discovery Learning staff.

**Location:** Discovery Learning Center

**Ages:** 8 and older

**Cost:** \$95/hour

**Prog 7986**

*Kids:*

*Strengthen your body and brain! Try open gym or swim. See pages 30 and 31.*

## Academic Improvement

### Discovery Learning Center

103 W. Gilmer Road, Hawthorn Woods

Classes by appointment:

**847-566-9669**

### Academic Tutoring

Success in school is often tied to a student's confidence and ability in each subject area. Academic tutoring provides the necessary boost to bridge gaps in core subjects ranging from reading and phonics through advanced math and ACT preparation. Diagnostic assessments are available. Led by certified teachers using personalized lessons in a state-of-the-art learning center.

**Location:** Discovery Learning Center

**Ages:** 8 and older

**Cost:** Based on service (call for details)

**Date:** Mon. – Thu., 3 – 7 p.m., or Sat., 9 a.m. – noon

**Prog 7988**

## Study Skills and Test Taking

A core component of academic success is having excellent study skills. This program covers all the major areas of study skills that cause many students to struggle, including learning styles, goal setting, time management, organization, note taking and more. Led by Discovery Learning staff.

**Location:** Discovery Learning Center

**Ages:** 8 and older

**Cost:** \$59/hour

**Date:** Mon. – Thu., 3 – 7 p.m., or Sat., 9 a.m. – noon

**Prog 7987**



Register Early!

# Swim

www.mundeleinparks.org



## Learn to Swim at Mundelein Parks



- **Comfortable Heated Pool** (80+°)
- **Comprehensive Group Instruction for All Ages and Abilities**
- **Kid-friendly, Parent/Tot Programs**
- **Convenient Schedules**
- **Pool Changing Area and Lockers**
- **Family/Open Swim**
- **Aqua Aerobics and Fitness** (pg. 32)
- **Parties and Rentals** (pgs. 57 – 58)



**Private and semi-private instruction also available.**

**For details, call  
847-566-0650, ext. 33.**

## Swim Programs: Pgs. 52 – 56

Mundelein Park & Recreation District Lifeguards are certified through the **StarGuard® Lifeguard Program** and train specifically for the aquatic programs offered at the Park District.

## General Swim Information

- Children must wear swim diapers with tight-fitting plastic pants or a tight-fitting swim suit
- Participants must use pool locker rooms (towels not provided; replacement locker keys: \$5)
- Parents wishing to observe must remain in lobby
- Refunds requested less than five days before a session begins are charged \$5
- Refunds requested after session has begun are charged \$5 plus amount for classes already held
- No refunds after a session is completed and no make-up lessons allowed
- For the fall, **diving with Dolphins, Whales and Sharks** is taught only at Mundelein High School

### Ages 3½ – Kindergarten

#### Sea Horses

Focuses on water adjustment activities and beginning skills. Designed for child who has never taken swim lessons or are fearful of water or unwilling to put entire head under water.

#### Turtles

Focuses on learning basic water skills with less assistance from instructor. Designed for child who has completed *Sea Horses* or other instruction. Child must be able to put entire head underwater for minimum of five seconds.

#### Alligators

Focuses on learning basic swimming skills with some physical assistance from instructor. Designed for child who has completed *Turtles* or other instruction and can swim at least five yards with assistance (face in water).

#### Penguins

Focuses on using basic swim skills learned in previous levels and refining those skills without assistance from instructor. Designed for child who passed *Alligators* or other instruction, and can swim at least 10 yards without assistance (face in water).

### Instruction for Ages 1st grade – Age 14

#### Octopi I & II

**Level 1** focuses on water adjustment activities and beginning skills. Designed for child who has never taken swim lessons or are fearful of water or unwilling to put entire head under water.

*Note: If your child graduated from Penguins, they will be at least in Octopi Level II.*

**Level 2** focuses on learning basic water skills with less assistance from instructor. Designed for child who passed *Octopi Level 1* or *Penguins*, other instruction, can swim at least 10 yards without assistance with face in the water, and breathe to the side.

#### Stingrays

Focuses on refining basic swim skills learned with less assistance from instructor. New strokes introduced. Designed for child who passed *Octopi II* or other instruction, can swim at least 15 yards without assistance with face in water, and breathe to the side.

#### Seals

Focuses on refining basic water skills with almost no assistance from instructor and refining new strokes. Designed for child who has passed *Stingrays* or other swim instruction, can put entire head under water, swim at least one length of the pool without assistance (face in water), and use rotary breathing.

#### Dolphins

Focuses on refining all strokes learned with almost no assistance from instructor. New, more competitive strokes as well as diving\* is introduced. Designed for child who passed *Seals* or other instruction, can put entire head under water, swim at least 1.5 lengths of the pool without assistance (face in water), and use rotary breathing.

The Indoor pool is a comfy 80°– 85°.

#### Whales

Focuses on refining all strokes learned with almost no assistance from instructor. New, more competitive strokes introduced as well as standing diving\*. Designed for child who passed *Dolphins* or other instruction, can put entire head under water, swim two different strokes at least two lengths of the pool without assistance (face in water), and use rotary breathing.

#### Sharks

Focuses on refining all strokes learned with no assistance from instructor. Introduces standing diving\*. Designed for child who passed *Whales* or other instruction, can put entire head under water, swim at three different strokes at least two lengths of the pool without assistance (face in water), and use rotary breathing.

#### \*Note:

For the fall, diving instruction is offered only at programs held at Mundelein High School (page 56). Diving is not permitted at the Mundelein Community Center's indoor pool.





## Splash Away at MCC

Mundelein Community Center  
1401 N. Midlothian Road, Mundelein  
847-566-0650

Indoor Swim Fun



Level	Ages/Grade	Days	Date	Time	Weeks	Cost R (NR)	Prog
Sea Horses	3½ - K	Mon	Sept 15 – Nov 10	4:30 – 5 p.m.	9	\$67 (\$101)	7830
(min/max: 4/6)		Tue	Sept 16 – Nov 11	11:10 – 11:40 a.m.	9	\$67 (\$101)	7831
		Tue	Sept 16 – Nov 11	4:30 – 5 p.m.	9	\$67 (\$101)	7832
		Thu	Sept 18 – Nov 13	10:30 – 11 a.m.	9	\$67 (\$101)	7833
		Thu	Sept 18 – Nov 13	4:30 – 5 p.m.	9	\$67 (\$101)	7834
		Sat	Sept 20 – Nov 15	9:05 – 9:35 a.m.	9	\$67 (\$101)	7835
		Sat	Sept 20 – Nov 15	11:20 – 11:50 a.m.	9	\$67 (\$101)	7836
Turtles	3½ - K	Mon	Sept 15 – Nov 10	4:30 – 5 p.m.	9	\$67 (\$101)	7837
(min/max: 4/6)		Tue	Sept 16 – Nov 11	11:10 – 11:40 a.m.	9	\$67 (\$101)	7838
		Tue	Sept 16 – Nov 11	4:30 – 5 p.m.	9	\$67 (\$101)	7839
		Thu	Sept 18 – Nov 13	10:30 – 11 a.m.	9	\$67 (\$101)	7840
		Thu	Sept 18 – Nov 13	4:30 – 5 p.m.	9	\$67 (\$101)	7841
		Sat	Sept 20 – Nov 15	9:05 – 9:35 a.m.	9	\$67 (\$101)	7842
		Sat	Sept 20 – Nov 15	10:40 – 11:10 a.m.	9	\$67 (\$101)	7843
		Sat	Sept 20 – Nov 15	11:20 – 11:50 a.m.	9	\$67 (\$101)	7844
Alligators	3½ - K	Mon	Sept 15 – Nov 10	4:30 – 5 p.m.	9	\$67 (\$101)	7845
(min/max: 4/6)		Tue	Sept 16 – Nov 11	4:30 – 5 p.m.	9	\$67 (\$101)	7846
		Thu	Sept 18 – Nov 13	4:30 – 5 p.m.	9	\$67 (\$101)	7847
		Sat	Sept 20 – Nov 15	9:05 – 9:35 a.m.	9	\$67 (\$101)	7848
		Sat	Sept 20 – Nov 15	10:40 – 11:10 a.m.	9	\$67 (\$101)	7849
Penguins	3½ - K	Mon	Sept 15 – Nov 10	4:30 – 5 p.m.	9	\$67 (\$101)	7850
(min/max: 4/6)		Tue	Sept 16 – Nov 11	4:30 – 5 p.m.	9	\$67 (\$101)	7851
		Thu	Sept 18 – Nov 13	4:30 – 5 p.m.	9	\$67 (\$101)	7852
		Sat	Sept 20 – Nov 15	10:40 – 11:10 a.m.	9	\$67 (\$101)	7853

Please register for classes based on your child's level. See chart page 52.

# Swim



## Infants, Toddlers, and Preschool

Mundelein Community Center  
1401 N. Midlothian  
847-566-0650

*Providing a safe and fun learning environment for you and your child.*

Level	Ages	Days	Date	Time	# of Wks.	Cost R (NR)	Prog
Ducks	3 mo- 18 mo.	Mon	Sept 15 – Nov 10	5:15 – 5:45 p.m.	9	\$56 (\$84)	8010
	3 mo- 18 mo.	Tue	Sept 16 – Nov 11	10:30 – 11 a.m.	9	\$56 (\$84)	7823
	3 mo- 18 mo.	Sat	Sept 20 – Nov 15	10:40 – 11:10 a.m.	9	\$56 (\$84)	7824
Frogs	18 mo. - 3½ Years	Thu	Sept 18 – Nov 13	11:10 – 11:40 a.m.	9	\$56 (\$84)	7825
	18 mo. - 3½ Years	Sat	Sept 20 – Nov 15	9:05 – 9:35 a.m.	9	\$56 (\$84)	7826
	18 mo. - 3½ Years	Sat	Sept 20 – Nov 15	11:20 – 11:50 a.m.	9	\$56 (\$84)	7827
	18 mo. - 3½ Years	Sat	Sept 20 – Nov 15	12:15 – 12:45 a.m.	9	\$56 (\$84)	7828
Fish	3½ - 5 Years	Sat	Sept 20 – Nov 15	9:45 – 10:15 a.m.	9	\$56 (\$84)	7829
	3½ - 5 Years	Thu	Sept 18 – Nov 13	5:15 – 5:45 p.m.	9	\$56 (\$84)	8011

### Ducks and Frogs (Ages 3 Months – 18 Months) • Fish (Ages 3½ – 5 Years)

**Note:** A parent/guardian must accompany child in the water during each class.

**Ducks and Frogs.** We concentrate on activities where your child is most comfortable. Since children progress at their own pace, we greatly encourage progress. The program provides activities to help both of you relax and learn how to be safe in and around the pool. Everyone is exposed to water adjustment activities, water entry and exit. We provide parents with instruction that helps teach your child a variety of aquatic skills. Since frequency is key to water adjustment and learning, please try to attend all classes and make swimming part of your family's activities. Motor skills of infants and young children develop differently, so it's not unusual for some children to have difficulty with some tasks.

**Fish.** With the Fish program, your child is taught through a combination of songs, games and activities in the shallow end of the pool. Participating with your child in the pool serves as additional support to the instructor and your child. Frequency is key to water adjustment and learning. Please try to attend all classes and include swimming in your family's activities. This class is for children who have never had swim lessons and like the comfort of a parent/guardian in class.

### Parent & Tot Open Swim at Mundelein Community Center

Birth – 4 years • 9 Classes • Min./Max. 6/22

Level	Day	Date	Time	Cost R (NR)	Prog
Parent and Tot	Wed	Sept 17 – Nov 12	10:30 – 11:30 a.m.	\$40 (\$60)	7873
Parent and Tot	Fri	Sept 19 – Nov 14	10:30 – 11:30 a.m.	\$40 (\$60)	7874

### Help children be comfortable in and around water by introducing them at an early age with you at their side.

This open swim time offers parents and children the opportunity to enjoy time together in the pool. Half the pool is for open swim with toys, noodles, and kick boards available for use. There is NO FORMAL INSTRUCTION during this time. Parents are provided a song/activity sheet and a toy for their child on the first day of class.



Register Early!

**Swim**

www.mundeleinparcs.org



# More Water Fun

at Mundelein Community Center • 847-566-0650



Level	Ages	Days	Date	Time	Weeks	Cost R (NR)	Prog
Octopi I	1st grade - age 14	Mon	Sept 15 – Nov 10	5:10 – 5:55 p.m.	9	\$78 (\$118)	7854
(min/max: 5/8)		Tue	Sept 16 – Nov 11	5:10 – 5:55 p.m.	9	\$78 (\$118)	7855
		Sat	Sept 20 – Nov 15	9:45 – 10:30 a.m.	9	\$78 (\$118)	7856
		Sat	Sept 20 – Nov 15	12:15 – 1 p.m.	9	\$78 (\$118)	7857
Octopi II	1st grade - age 14	Mon	Sept 15 – Nov 10	5:10 – 5:55 p.m.	9	\$78 (\$118)	7858
(min/max: 5/8)		Thu	Sept 18 – Nov 13	5:10 – 5:55 p.m.	9	\$78 (\$118)	7859
		Sat	Sept 20 – Nov 15	9:45 – 10:30 a.m.	9	\$78 (\$118)	7860
		Sat	Sept 20 – Nov 15	12:15 – 1 p.m.	9	\$78 (\$118)	7861
Stingrays	1st grade - age 14	Mon	Sept 15 – Nov 10	5:10 – 5:55 p.m.	9	\$78 (\$118)	7862
(min/max: 5/8)		Tue	Sept 16 – Nov 11	5:10 – 5:55 p.m.	9	\$78 (\$118)	7863
		Thu	Sept 18 – Nov 13	5:10 – 5:55 p.m.	9	\$78 (\$118)	7864
		Sat	Sept 20 – Nov 15	9:45 – 10:30 a.m.	9	\$78 (\$118)	7865
		Sat	Sept 20 – Nov 15	12:15 – 1 p.m.	9	\$78 (\$118)	7866
Seals	1st grade - age 14	Tue	Sept 16 – Nov 11	5:10 – 5:55 p.m.	9	\$78 (\$118)	7867
(min/max: 5/8)		Thu	Sept 18 – Nov 13	5:10 – 5:55 p.m.	9	\$78 (\$118)	7868
		Sat	Sept 20 – Nov 15	11:20 – 12:05 p.m.	9	\$78 (\$118)	7869
Dolphins (min/max: 5/8)	1st grade - age 14	Sat	Sept 20 – Nov 15	1:10 – 1:55 p.m.	9	\$78 (\$118)	7870
Whales (min/max: 5/8)	1st grade - age 14	Sat	Sept 20 – Nov 15	1:10 – 1:55 p.m.	9	\$78 (\$118)	7871
Sharks (min/max: 5/8)	1st grade - age 14	Sat	Sept 20 – Nov 15	1:10 – 1:55 p.m.	9	\$78 (\$118)	7872



Please register for classes based on your child's level. See chart page 52.

No diving is taught or permitted at the Mundelein Community Center indoor pool. For programs that include diving, see page 56.

The pool is periodically closed for cleaning and maintenance. These closings are figured into the fee schedule. The Illinois Department of Public Health requires whirlpools to be drained and cleaned. Typically, this is done 8 a.m. to 2:30 p.m. on Thursdays.

# Swim

Register Early



## Swim Options



### Programs at Mundelein High School

1350 W. Hawley, Mundelein

To register, see page 63.



Level	Ages	Days	Date	Time	# of Wks.	Cost R (NR)	Prog
Dolphins	Grade 1 – Age 14	Wed	Sept 17 – Nov 12	6 – 6:45 p.m.	9	\$78 (\$118)	7820
Whales	Grade 1 – Age 14	Wed	Sept 17 – Nov 12	6 – 6:45 p.m.	9	\$78 (\$118)	7821
Sharks	Grade 1 – Age 14	Wed	Sept 17 – Nov 12	6 – 6:45 p.m.	9	\$78 (\$118)	7822

Reminder: Please register for classes based on your child's level. See chart page 52.

Diving is taught and permitted only at programs held at Mundelein High School.



## Open Swim

at MCC Pool

Daily Swim Rates	Age	Cost (R/NR)
Adult	16 – 54	\$4 (\$6)
Youth	3 – 15	\$3 (\$4)
Senior	Age 55/+	\$2 (\$3)
Family of Four		\$10 (\$15)
Each Additional		\$2 (\$3)

Ages two and under, FREE.

Six-month or annual memberships\*, and daily open swim rates available.

Memberships Include:

- Pool • Sauna/Whirlpool
- Use of pool area locker rooms

\*for ages 16 and older

Towels not included. The pool facility is closed periodically for maintenance and this is taken into account in the fee structure.

**Weekend Family Swim:** Families can enjoy half of the pool during weekends, except during water aerobics, group swim lessons, or special events. Children under age 10 can only swim during *Family Swim* time and must be accompanied by an adult, 16 or older.

Open swim times are posted, or call the Community Center.

Mundelein Community Center • 1401 N. Midlothian, Mundelein • 847-566-0650

**New**

### Adult Fundamentals Class *Min/Max: 4/8*

Just for beginners. Learn the fundamentals including basic techniques, stroke development, kicking, breathing, floating, and safety.

**Ages:** 18/+ • **Cost:** \$88 (\$128 non-resident) • Mundelein Community Center

**Date:** Thursdays, Sept. 18 – Nov. 13 (9 weeks), 6:15 – 7 p.m. (Prog 7881)





## Celebrate with Mundelein Parks

### Parties at Mundelein Community Center/Park View Health & Fitness

Party packages are available at the Community Center's multi-purpose room, gym or indoor heated pool. Parties are available Friday (5:30 – 7:30 p.m.), Saturday (2:30 – 4:30), or Sunday (1:30 – 3:30 p.m.).

Party packages include: cake and beverages, one Park District host, and cleanup. Reservations are required at least two weeks prior and all fees must be paid at time of reservation.

Towels are not provided for pool parties. Party fees apply to the first 10 guests.

Maximum per party: 20 guests. **Additional Park District host: \$20 per host.**

**Sports of All Sorts** (Ages 5 and Up) • Cost: \$153 (\$210 non-resident), \$8 each additional.

**Great for the sports enthusiast.** Party themes consist of basketball, soccer, floor hockey and more.

**Classic Party** (Ages 5 and Up) • Cost: \$153 (\$210 non-resident), \$8 each additional.

**Give your child a classic** to remember! Play Bozo buckets, hot potato, pin-the-tail-on-the-donkey, musical chairs, and more.

**Pool/Gym Combo** (Ages 7 and Up) • Cost: \$163 (\$226 non-resident), \$8 each additional.

If you can't decide between splashing around in our indoor pool or playing your favorite sport in our gym, then this party is for you. With 45 minutes each in the pool and gym, you'll work up an appetite for some cake in our private party room. Note: If your child is a "non-swimmer" and not familiar with the water, you will need to accompany them in the pool.

**Splash Bash** (Ages 7 and Up) • Cost: \$163 (\$226 non-resident), \$8 each additional.

Let loose in our indoor, heated pool. With a maximum depth of five feet, our pool is perfect for kids who love water. Flotation devices are provided, however, no personal flotation devices from home are allowed. Note: If your child is a "non-swimmer" and not familiar with the water, you will need to accompany them in the pool.

**For more information:**

Contact Laura  
847-566-0650, ext. 39.



**Free T-shirt  
for the  
Birthday  
Child  
with any party**

# Rentals

## Indoor Pool

at Mundelein Community Center  
1401 N. Midlothian Road, Mundelein  
847-566-0650, ext. 33

The Center's heated indoor pool is available for private rental on Friday, Saturday and Sunday evenings. Rental requests must be made two weeks in advance. Requests can be made Monday through Friday, 8:30 a.m. to 5 p.m. at the Community Center. Rentals include use of the pool locker room for guests and sauna (sauna: age 16 and older, only).  
*Maximum capacity: 50*

### Hours:

Fridays, 8:30 – 10 p.m., Saturdays, 5:30 – 7 p.m.  
Sundays, 4:30 – 6 p.m.

**Cost:** \$100 refundable security deposit required plus \$150 (\$225 non-residents) rental fee.

## Picnic Shelter Rentals

Call 847-566-0650, ext. 10



Scenic, outdoor, sheltered picnic areas are available for rent, with picnic tables and nearby portable or permanent restroom facilities.

### Hours/Cost:

\$100 refundable security deposit required, plus applicable rates. Shelter rentals are available daily, for a maximum of eight hours. **No alcohol is permitted on Park District grounds.**

**Diamond Lake Slough** (Route 83) and  
**Community Park Shelter** (1401 N. Midlothian Rd.)

**Cost:** \$50 (\$100 non-residents), plus deposit.

**North Shore/Lewandowski Park** (Prairie Street) and  
**Longmeadow Park** (Somerset Court)

**Cost:** \$25 (\$50 non-residents), plus deposit.



**Gym Rentals** at Park View Health & Fitness  
1401 N. Midlothian Road, Mundelein

**Need gym time but can never find a court?**

Park View Health & Fitness Center is available for rent. For details or to reserve your dedicated court time, call Nora at 847-566-0650, ext. 28 (ntniemi@mundeleinparks.org).

**Kracklauer Park Gazebo Rental**  
100 N. Seymour, Mundelein

Intimate gazebo available for weddings or similar ceremonies (*no picnic rentals permitted*). Concert rentals available on a case-by-case basis.

### Hours/Cost:

\$100 refundable security deposit required. Rentals are available daily, for a maximum of two hours. No alcohol is permitted on Park District grounds.

**Cost:** \$50 (\$100 non-residents), plus deposit.

*Note: A picnic permit is required for groups of 10 or more at any shelter.*

**Park District programs and events have booking priority. Rental applications are available at the Mundelein Community Center.**



# Come Celebrate!

# Rentals

[www.mundeleinparks.org](http://www.mundeleinparks.org)



## Regent Center

1200 Regent Drive, Mundelein  
847-566-4790

A 2000 sq.-ft. room with a hardwood dance floor, public address system, kitchen, and outdoor patio. **No smoking allowed.** Alcohol may be served only if liquor liability insurance is purchased. Maximum capacity: 110

### Hours:

Fridays, 4:30 – 11 p.m.  
Saturdays, 10 a.m. – 11 p.m.  
Sundays, 10 a.m. – 9 p.m.

### Cost:

\$200 refundable security deposit required or \$400 refundable security deposit if alcohol is served.

#### Residents:

\$200 first two hours, plus \$75 for each additional hour.

#### Non-residents:

\$250 first two hours, plus \$100 for each additional hour.

For more information, call **847-566-0650, ext. 16**, for Chalet or Regent Center rentals.

## Community Park Chalet

888 Dunbar Road, Mundelein  
847-566-0650

This two-room building has a large multi-purpose room, fireplace, and a small kitchen.

**No alcohol or smoking permitted.**

Maximum capacity: 40

**Hours:** Friday – Sunday, 10 a.m. – 10:30 p.m.

**Cost:** \$50 refundable security deposit required

**Resident:** \$45 first two hours (\$25 ea. add'l)

**Non-resident:** \$75 first two hours (\$40 ea. add'l).

## Rental Details

- Facility and park permits must be submitted **14 days in advance** of event.
- All rental fees must be paid in full at time of application (excluding the Regent Center, which requires only a deposit).
- Deposits are non-refundable in event of cancellation.
- **Liquor Liability Insurance** is required to serve alcohol at the Regent Center. Insurance may be purchased through the District's insurance company for an additional fee. Call **847-566-0650** for rate information.



## Steeple Chase Golf Club

200 N. La Vista Drive, Mundelein • 847-949-8900

An ideal location for your corporate or private outing, up to 200 guests. Striking beauty inside overlooking the green or outdoors under a tent. Custom and complete packages available with breakfast and lunch menus, scoring, prizes and more. To plan your event or reserve a tee time, call 847-949-8900.

# Information

## Registration

All Mundelein Park & Recreation District (MPRD) programs require a minimum number of participants five business days before the class begins. A maximum number is also listed to ensure quality instruction. Classes may be combined and times modified to facilitate better programs. Receipts are mailed to those enrolled in programs.

If you register during random registration, we cannot guarantee a participant's request to register with another individual. We are sorry for any inconvenience, however, the computer does not recognize these requests.

## Safety is a Priority

MPRD recognizes that safety is a top priority to all who visit our parks and facilities. We place an emphasis on safety to ensure that you, as park and facility patrons, have a safe and fun experience.

To ensure your parks and facilities are as safe as possible, we need your help. If you see or hear about something that may be unsafe, i.e. broken playground equipment, an animal hole by an athletic field, or anything else that you feel may be hazardous, please call us at 847-566-0650.

## Insurance

MPRD is unable to assume responsibility for injuries or accidents occurring at programs, activities, parks and facilities. Carrying medical insurance for participants would make the program user fees prohibitive.

## Photo Policy

Participants of MPRD programs and special events permit the taking of photos and videos of themselves and their children for potential publication in MPRD printed materials as well as online/electronic (website) media. All photos and videos taken on MPRD property are for MPRD use and become its sole property.

## Care for Your Parks

Preserve the natural beauty around you. Please don't climb trees, cut branches, pick plants or flowers, or approach animals or their nests. Dispose of litter properly. Please recycle this summer guide when you're finished using it.

## Oops!

Occasionally, there may be an error that appears in print regarding days, times, requirements, fees or other information. When such errors occur, MPRD will do everything possible to correct the situation promptly. We thank you for your understanding.

## Residents/Non-Residents Defined

The term "resident" used throughout this guide refers to Mundelein residents who live within Mundelein Park & Recreation District boundaries and contribute financial support to the Park District through property taxes. Some residents with a Mundelein mailing address may not be residents of the Mundelein Park District. Please contact our office at 847-566-0650, ext. 14, if you need residency information.

The non-resident fee structure is in place to ensure fairness to our residents. Residents of the Mundelein Park & Recreation District contribute financial support to the District through property taxes. The Board of Commissioners has elected the non-resident fee structure to make non-resident use of our programs and facilities equitable to our residents.

## Family

A family is defined as no more than two adults and their unmarried children, up to age 21, residing within the same household, full-time. Children ages 22 years and older, other relatives and/or individuals in the same household are not included in this definition.

## Discipline

A positive approach is used regarding discipline. Staff will periodically review rules with participants during program sessions. If inappropriate or unacceptable behavior occurs, prompt resolution will be sought and the Behavior Code of Conduct procedure will be followed. MPRD reserves the right to remove a participant whose actions endanger the safety of himself or others.

## Behavior Code of Conduct

The following Behavior Code of Conduct is used as a guideline for MPRD programs:

- Show respect to all participants, staff, & volunteers
- Follow direction from staff & volunteers
- Show respect to equipment, supplies & facilities
- Will not use inappropriate, abusive or foul language
- Will not show any aggressive behavior (hitting, punching, slapping, kicking, biting, etc.) regardless of whether behavior is initiated or in retaliation
- Will not show disruptive behavior



# Register Early! Information

www.mundeleinparks.org



## Refund Policy

- A full refund will be issued if the Park District reschedules or cancels a class.
- All refund requests must be made by filling out a refund application form available at the Mundelein Community Center. Forms must be completed and submitted at least five days before the program begins. Refund requests made less than five days before the program begins will be charged a \$5 service fee per registrant, per program.
- Refund requests received after the program begins will be prorated and a \$5 service fee per registrant, per program, will be charged. The \$5 fee is waived if the refund request is due to a medical reason and a physician's note is attached to the request form.
- Refunds will be issued by check only. Please allow two–four weeks for processing.
- No refunds once a program or session has ended.
- All program refunds are subject to Superintendent of Recreation's approval. Refunds will not be approved on aquatic passes, fitness punch cards (Passports), or Park View memberships.

## Termination of Participant

The Mundelein Park & Recreation District reserves the right to terminate the participation of any individual in any Park District program, event or facility for disruptive behavior or if it is considered by the Park District that the continued participation of the individual is not in the best interest of the participant or others who are involved in the program.

## Recreation/Program Scholarships

Scholarship assistance for programs is available through the Mundelein Park & Recreation District and the **Mundelein Parks Foundation** (pg. 4) for those in financial need. For more information or to see if you qualify, call **847-566-0650, ext. 16**.

### For TDD Use:

To contact the Park District during regular business hours, the **Illinois Relay Center's** specially trained operators will relay information between hearing and hearing impaired persons. Call **1-800-526-0844** (TDD) or **1-800-526-0857** (voice).

## FOUR WAYS TO REGISTER:

### Open Registration:

Begins August 13

### Random Registration

**Deadline:** August 8

#### 1) IN-PERSON.

Register at the **Mundelein Community Center**  
1401 N. Midlothian Road,  
Mundelein (located between  
Route 176 and Winchester Road)

**2) MAIL.** Send form, waiver  
(pgs. 63 – 64) and payment to:

#### Program Registration

Mundelein Park & Recreation  
1401 N. Midlothian Road  
Mundelein, IL 60060

**3) FAX.** Fax the completed form/  
waiver (pgs. 63 – 64) with credit  
card info to **847-566-8557**.

Confirmation notices are mailed  
for all programs.

#### 4) RANDOM REGISTRATION. Deadline August 8.

At **5 p.m. on August 8**, a registration lottery will be held using special software. The lottery will select the maximum allowable participants per program. Each program's minimum and maximum participant level is pre-determined. The lottery helps ensure equal opportunity. Registrants not selected for the program of their choice will be notified and added to a wait list.

#### After-Hours/Drop-Off:

A drop box is available in front of the  
Community Center circle entrance.



And checks accepted payable to MPRD.

# Our Thanks

## Special Thanks

The **Mundelein Park & Recreation District** would like to thank our community partners, the Board of Commissioners and the many volunteers, for their donation of time, enthusiasm and services during the year.

It's with this continued support that we are able to provide outstanding education, programs and facilities to the community. This summer's season included:

- **Freedom 5K Classic and Events**

Alterations by Laura  
Condell Medical Center  
Dental Health & Beauty  
*Nicholas S. Polito, D.D.S.*  
Evanston Northwestern Healthcare  
Gale Street Inn  
Golden Legs Racing/Tom Quimet  
Kirk Players  
Lake County Health, Pain and Rehab Center  
Law Office of Robert O. Ackley  
Mundelein Dairy Queen  
Mundelein Community Bank  
US Cellular

- **Summer Concert Series at Kracklauer Park**  
Village of Mundelein

- **Diamond Lake HyperTour  
Wakeboard Competition**

Ultimate Wake Watersports at Chicago Sea Ray

- **Summer Softball Season**

Alliance Fire Protection, Inc., Bill's Pub , Crossroads, Direct Fitness Solutions, Emil's, Gale Street Inn, Gilmer Road House, HMC, Kaiser's Pizza, Last Chance Saloon, Libertyville-Acura, McCarthy's, Medline, Morgan's Bar & Grill, Norseman Construction Co., Park Street, Poul's Landscaping & Nursery, Inc., Preventix, Thybony Paints and Wall Coverings, Ultimate Screen Printing, Umbdenstock Electric, US Cellular, Wiechs Inn.

- **Mundelein Community Days Parade**

Signs Now, Mundelein

- **Park on Park Cruise Nights**

Tony Christie

## Community Organizations

Great places to play!

- **Mundelein Little League**

[www.eteamz.com/ml](http://www.eteamz.com/ml)  
847-949-0510

- **Mundelein Junior  
Football League**

[john67@landmarkext.com](mailto:john67@landmarkext.com)  
847-561-2247

- **Mundelein Soccer Club**

[www.MundeleinSoccerClub.com](http://www.MundeleinSoccerClub.com)  
847-949-0745

- **Mundelein AYSO Soccer  
& AYSO VIP Soccer**

**Special Needs**  
[www.ayso372.org](http://www.ayso372.org)  
847-949-6320

- **Mundelein Mustangs**

**Swim Club**  
Ages 6 – 18  
[www.mundeleinswimclub.com](http://www.mundeleinswimclub.com)

- **Mundelein Thunder  
Girls Softball**

[www.MundeleinThunder.com](http://www.MundeleinThunder.com)  
847-566-1109



# Registration

www.mundeleinparks.org



**FAMILY LAST NAME**  **FIRST NAME OF PARENT/GUARDIAN**

**HOME ADDRESS** (Please use full street names. P.O. Boxes or RFD addresses will not be accepted.)

**CITY**  **STATE**  **ZIP CODE**

**HOME PHONE NUMBER**  **ALTERNATE PHONE NUMBER**  **E-MAIL ADDRESS**

PLEASE CHECK BOX IF YOUR ADDRESS OR PHONE NUMBER HAS CHANGED IN THE LAST YEAR.

**A WAIVER MUST BE SIGNED IN ORDER TO REGISTER AND PARTICIPATE IN PROGRAMS.**

	PROG	Program Name	Day/Time	Participant's Name	Shirt Size	Gender	Age/D.O.B	Fee
1.					S/M/ L/XL	M/F		
2nd Choice								
2.					S/M/ L/XL	M/F		
2nd Choice								
3.					S/M/ L/XL	M/F		
2nd Choice								
4.					S/M/ L/XL	M/F		
2nd Choice								
5.					S/M/ L/XL	M/F		
2nd Choice								

**Total**

Check if you need any accommodations, in accordance with the Americans With Disabilities Act, to effectively participate in any of the above programs. If an Inclusion Aide is requested, please contact us prior to the start of program.

**Method of Payment**



and Checks Accepted

Check (payable to Mundelein Park District)  
 MasterCard  Visa  Discover  Amount: \_\_\_\_\_  
 Card # \_\_\_\_\_ exp. \_\_\_\_/\_\_\_\_  
 Name on Card \_\_\_\_\_  
 Signature \_\_\_\_\_

**NSF:** A \$25 fee will be charged (in addition to banking fees) for all returned checks.

**For Office Use Only**

Cash  Check (# \_\_\_\_\_)  
 Visa  MC  Discover  
 (Auth # \_\_\_\_\_)  
 Received/Entered by \_\_\_\_\_  
 Date \_\_\_\_\_  
 Amount \_\_\_\_\_

Mundelein Community Center • 1401 N. Midlothian, Mundelein, IL 60060  
 847-566-0650 • Fax 847-566-8557 • www.mundeleinparks.org

Drop-off, Mail or Fax

## REGISTRATION WAIVER & RELEASE

### IMPORTANT INFORMATION

The **Mundelein Park & Recreation District** is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The **Mundelein Park & Recreation District** continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for the below listed programs/activities must recognize that there is an inherent risk of injury when choosing to participate in recreational activities/programs.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

### WARNING OF RISK

Recreational activities are intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity. Understandably, not all hazards and dangers can be foreseen. Depending on the particular activity, participants must understand that certain risks, dangers and injuries due to inclement weather, slips and falls, poor skill level or conditioning, carelessness, horseplay, unsportsman-like conduct, premises' defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and all other circumstances inherent to indoor and outdoor recreational activities exist. In this regard, it must be recognized that it is impossible for the **Mundelein Park & Recreation District** to guarantee absolute safety.

### WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in the identified programs, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with these programs/activities (including transportation services and vehicle operations, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in these programs, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims my minor child/ward or I may have (or accrue to me or my child/ward) as a result of participating in these programs against the **Mundelein Park & Recreation District**, including its officials, agents, volunteers and employees.

I do hereby fully release and forever discharge the **Mundelein Park & Recreation District**, including its officials, agents, volunteers and employees from any and all claims for injuries, damages, or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with these programs/activities.

**I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering via fax, my facsimile signature shall substitute for and have the same legal effect as an original form signature.**

\_\_\_\_\_  
Parent, Legal Guardian MUST sign, and/or participant (if over age 18)

\_\_\_\_\_  
Date

**PARTICIPATION WILL BE DENIED if the signature of adult participant or parent/guardian and date are not on this waiver.**

Revised 12/2006



*enjoy*

# MPRD

Mundelein Park & Recreation District

## Fort Hill Heritage Museum

• 601 East Noel Drive •

**847-566-8122**

*A unique adventure in history,  
right in Mundelein.*



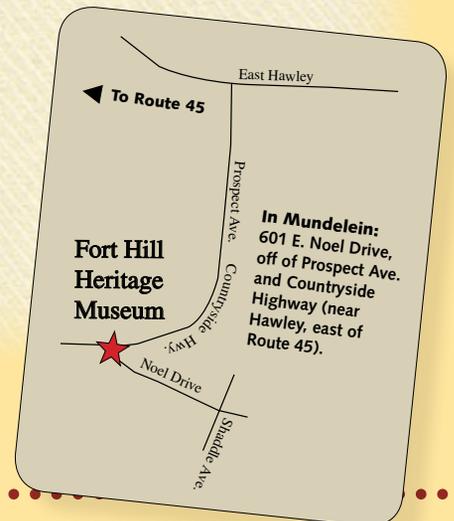
MUNDELEIN



*Dottie Watson  
President, Historical Society of  
the Fort Hill Country  
Curator, Fort Hill Heritage Museum*

Spend a Saturday at **Fort Hill Heritage Museum**, a fun-filled and educational destination that was once a former train depot along the **Mundelein Soo Line**. Exhibits feature railroad memorabilia, Mundelein's first fire truck, a model of a 1900s school house, pioneer tools, quilts, antique Lake County maps, 1774 flint-lock gun, war uniforms, Diamond Lake artifacts and more. On-site 1890 caboose. **FREE for all ages.**

**Open Saturdays, 1 to 4 p.m. • Closed January and February**  
Group and Private Tours Available





**There's still time  
for water fun!**  
(pg. 9)



**New**

**Join us for a chat!** Fun Park Chats (pg. 5).

*Catch and enjoy some fresh air at your Mundelein Parks.*



**Worldwide Day  
of Play**  
Sept. 27 (pg. 11).



**Inside:**  
**Fall Fun • Indoor Swim • FREE Fitness Pass  
Golf • Fort Hill Heritage Museum and more!**



**Mundelein Park & Recreation District**  
1401 N. Midlothian Road  
Mundelein, IL 60060  
[www.mundeleinparks.org](http://www.mundeleinparks.org)

**PRSRT STD**  
U.S. POSTAGE PAID  
Mundelein, IL 60060  
**Permit No. 173**

**ECRWSS**  
**RESIDENTIAL CUSTOMER**  
Mundelein, Illinois 60060