

THE REGENT REPORT

HOURS
MONDAY - FRIDAY
8:30 - 3:30

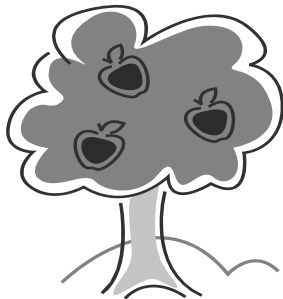
COMING SOON

OCTOBER

1 Community Health Fair
17 Fall Fest

NOVEMBER

24-25 Center Closed



BOOK TALK

September 9
A Walk in the Woods
Bill Bryson

October 14
A Passage to India
E. M. Forster

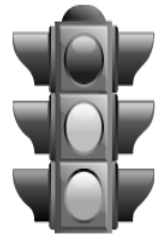
AARP DRIVER SAFETY



THURSDAY & FRIDAY
SEPTEMBER 15 & 16
9:00 am - 1:00 pm

Take the classroom refresher course especially designed for drivers age 50 and over and qualify for auto insurance discounts in most states.

Cost: \$12 AARP members
\$14 without membership
Register in the office.



COMMUNITY HEALTH FAIR

OCTOBER 1 10 - 2
at THE REGENT CENTER

Make health a priority at this **FREE Health Fair!** There are complimentary health screenings and free chair massages. Find resource information covering physical therapy, chiropractic and rehab services, adult living facilities, home care agencies, as well as other businesses and services to help you take care of yourself and your loved ones.

OPEN TO THE PUBLIC.
BRING YOUR FRIENDS AND NEIGHBORS!

ON THE ROAD AGAIN

DANCING HORSES

WEDNESDAY OCTOBER 12, 2011

A synchronized ballet of water, lights and music will leave you spellbound! This dazzling spectacle features an array of horse breeds that perform alongside their trainers in this fantastic cavalcade of equestrian artistry. Visually stunning, and performed in a state-of-the-art, yet intimate, 300-seat theatre, this live show is truly a must-see for any horse lover. Includes a full lunch and the special Exotic Bird Show. **(This is Delavan, WI, NOT Tempel Lippizans)**

COST: \$ 75 DEPART: 9:45 am RETURN: 5:30 pm

SOUND of MUSIC at DRURY LANE

WEDNESDAY NOVEMBER 2, 2011

Based on an inspiring true story, "THE SOUND OF MUSIC" is one of Rodgers and Hammerstein's most beloved musicals. Set in Austria on the brink of WWII, Maria, a postulant, proves too high-spirited for the religious life and is dispatched to serve as governess for the seven children of a widowed naval Captain. Her growing rapport with the youngsters, coupled with her generosity of spirit, gradually captures the heart of the stern Captain. Lunch is your choice of chicken or beef.

COST: \$69 DEPART: 9:45 am RETURN: 4:15 pm

SIGN UP BEGINS:

Members: August 26 Non-members: September 9

IT'S A WONDERFUL LIFE

THURSDAY DECEMBER 1

During this visit to Pheasant Run you will be inspired by the beloved American holiday classic as you become a part of WVL Radio's live broadcast as actors bring the fateful story of George Bailey to life. Trip includes a luncheon with your choice of Roasted Vermont Turkey Breast with sage dressing, fresh mashed potatoes & fresh vegetable with traditional turkey gravy OR Honey Baked Ham with spiced apples, au gratin potatoes & fresh vegetable with honey mustard glaze.

Vegetarian meal is also available.

COST: \$63 DEPART: 10:45 am RETURN: 5:00 pm

SIGN UP BEGINS:

Members: September 19 Non-members: October 3





SEPTEMBER 2011

The Regent Center
1200 Regent Drive
Mundelein, IL 60060
847-566-4790
Mary Yoho -
Adult Program Supervisor

Mon	Tue	Wed	Thu	Fri
			1 9:00 Balance 9:15 Exercise - A 10:15 Line Dance 2 12:30 Golden Hours 1:00 Mah Jongg	2 9:15 ACES 12:30 Bridge 1 Mexican Train
5 CENTER CLOSED	6 9:15 Exercise 10:00 Cribbage 10:15 Line Dance 1 12:30 Poker 1:00 Canasta	7 9:15 ACES 10:30 Scrabble 1:00 Bingo	8 9:00 Balance 9:15 Exercise -A 10:15 Line Dance 2 1:00 50-UP Club 1:00 Mah Jongg	9 9:15 ACES 10:30 Book Talk 12:30 Bridge 1 Mexican Train
12 9:15 ACES 10:20 Mah Jongg 10:30 Zumba 12:30 Pokeno 1:00 Pinochle 1:00 Rummikub	13 9:15 Exercise 10:00 Cribbage 10:15 Line Dance 1 12:30 Poker 1:00 Canasta 6 Bingo	14 9:15 ACES 9-12 Hair Dr. A 10:30 Scrabble 1 Bingo	15 AARP DRIVER SAFETY PROGRAM 9:00 Balance NO Exercise 9:30 Chair Massage 10:15 Line Dance 2 12:30 Golden Hours 1:00 Mah Jongg	16 9:15 ACES 12:30 Bridge 1 Mexican Train
19 9:15 ACES 10:20 Mah Jongg 10:30 Zumba 12:30 Pokeno 1:00 Pinochle 1:00 Rummikub	20 9:15 Exercise 10:00 Cribbage 10:15 Line Dance 1 12:30 Poker 1:00 Canasta 4 Dinner Club	21 9:15 ACES 10:30 Ask the DR. 10:30 Scrabble 1:00 Bingo	22 9:00 Balance 9:15 Exercise-A 10:15 Line Dance 2 10:30 B'fast Club 1:00 Mah Jongg 1 FEEL GOOD BINGO	23 9:15 ACES 12:30 Bridge 1 Mexican Train
26 9:15 ACES 10:20 Mah Jongg 10:30 Zumba 12:30 Pokeno 1:00 Pinochle 1:00 Rummikub	27 9:15 Exercise 10:00 Cribbage 10:15 Line Dance 1 12:30 Poker 1:00 Canasta	28 9:15 ACES 10:30 Scrabble 1:00 Bingo	29 9:00 Balance 9:15 Exercise-A 10:15 Line Dance 2 1:00 Mah Jongg	30 9:15 ACES 12:30 Bridge 1 Mexican Train

BINGO Wednesdays at 1:00 pm. Everyone has fun!

BINGO AT NIGHT 2nd Tuesday of the month at 6:00 pm. Sign up at the Center. Doors open at 5:30.

BOOK TALK 2nd Friday at 10:30. Share the joy of reading!

BREAKFAST CLUB 4th Thursday of the month at 10:30 am. Sign up at the Center. Call Elaine at 847-566-0617 for more information.

BRIDGE Fridays at 12:30 pm. Call Rose @ 847-362-3472.

CANASTA Tuesdays at 1:00 pm. Join the fun!

CRIBBAGE Tuesdays at 10:00 am in Room B. (WHERE ARE YOU?)

DINNER CLUB The 3rd Tuesday of the month at 4:00 pm. Sign up at the Center. Call LaVerne @ 847-949-5530 for more information.

50-UP CLUB 2nd Thursday of the month is game time!

FYI This speaker's program meets one or two Fridays a month. Check the bulletin board or the newsletter.

GOLDEN HOURS CLUB The 1st and 3rd Thursdays of the month. For more info call Adrienne at 847-837-1584.

HAIR DR. 2nd Wednesday by appointment. \$5 haircuts (exact change, please)

MAH JONGG Traditional on Mondays at 10:20 am and National Mah Jongg League Thursdays at 1:00 pm. For Th. group call Dee at 847-223-1942.

MEXICAN TRAIN DOMINOES Fridays at 1:00. Sign up at the Center.

PINOCHLE Mondays at 1:00 pm. Call Bev at 847-949-4978 for more info.

POKENO Mondays at 12:30 pm.

POKER Tuesdays at 12:30pm.

RUMMIKUB Mondays at 1:00 pm in Room B

SCRABBLE Wednesdays at 10:30 am.

A.C.E.S. This one hour exercise class meets Monday, Wednesday and Friday mornings at 9:15 am. There is a \$1.50 fee per class, payable at class time.

ASK THE DOCTOR On the third Wednesday of each month at 10:30 am. This open forum is free, so sign up at the Center.

BALANCE Thursdays at 9:00. Sponsored by Grayslake Rehabilitation.

CHAIR MASSAGE Third Thursday of the month by appointment.

EXERCISE This low impact aerobics class meets Tuesday and Thursday mornings from 9:15 am to 9:45 am.

LINE DANCE 1 Tuesday at 10:15 am A beginner's dream! First-timer basic steps will be taught at 10 am. Beginner Class will start at 10:15 am.

LINE DANCE 2 Thursday at 10:15 am For more experienced dancers.

ZUMBA Monday 10:30 -11:15. Led by Anne McKenna. \$3 per session payable at class time.

HAPPY BIRTHDAY !

Ed	Hovorka	September	1
Carol	LaMagdeleine	September	1
Judy	Parriott	September	1
Lee	Hoff	September	2
June	Porter	September	2
Leroy	Clairborne	September	3
Fran	Eiserman	September	3
Edna	Bobene	September	5
Carole	Thompson	September	6
Marjorie	Meyer	September	7
Jeanne	Goodman	September	9
Mary	Shimoda	September	9
Feather	Schroeder	September	12
Rita	Stockbridge	September	14
Dolores	Wagner	September	15
Eileen	Fehlberg	September	16
Diane	Gallagher	September	16
Earl	Wellar	September	16
Mary Ellen	Keegan	September	17
Maxine	LaMagdeleine	September	17
Delores	Suchsland	September	17
Janet	Shanahan	September	18
Donna	Stevenson	September	18
Rosemary	Ginnis	September	19
Barb	Lovsin	September	19
Natalie	Schwartz	September	19
Delores	Artus	September	20
Virginia	Moore	September	20
Adrienne	Schultz	September	20
Eleanor	Dillenburg	September	21
Ruth	Goodsell	September	21
Charlotte	Hunt	September	21
Gordon	Parriott	September	21
Yvonne	Piazzi	September	23
Carolyn	Reinertson	September	23
Betty	Connelly	September	24
Fred	Morrison	September	24
Lori	Sweeney	September	24
Paul	Gwon	September	27
Michael	Kristoffersen	September	28
Charlotte	Manicki	September	29
Ruth	Traznik	September	30

PLEASE WELCOME OUR NEW MEMBERS AND MAKE THEM FEEL AT HOME

Carol Aronson
Sara York
Charlotte Steinbach
Eileen Danegger
Akiyo Clairborne
Leroy Clairborne
Kathleen Trahan
Audrey Odishoo
Mila Chiong

DONATIONS

Charlotte Stivers
Erna Roseler
Virginia Feret
Dorothy Hartnett
Jean DeLuca

SEPTEMBER 22 at 1:00

FEEL GOOD BINGO

Join in on this fun and
educational game of Bingo led
by Nancy Wohlrabe, LCSW
of LAKE COUNTY
COUNSELING FOR
SENIORS.

FREE ! SIGN UP NOW!

COUPONING 101

Please join Rita Cangialosi of Chi-Town Cheapskate for Couponing 101. She will show you the why, how, and where to get started when it comes to HUGE coupon savings. Learn how to shave 50% or more off your grocery bill and much more. This class is for those who use coupons and would like to learn how to save even more and those who have never used one and would like to learn how!

Come and learn how to slim down your budget!

Day: Tuesday

Dates: September 20

Time: 7:00 – 8:30 pm

Location: The Regent Center
1200 Regent Drive

Fee: R/NR: \$7/\$10

Min/Max: 8/40

Program #: 12121

OPEN TO THE PUBLIC

SIGN UP AT THE COMMUNITY CENTER

THE REGENT CENTER

2011

MEMBERSHIP FEES

RESIDENTS

single \$8

couple \$12

NON-RESIDENTS

single \$15

couple \$23

NEWSLETTER

by mail:

An additional

\$6 per year

Memberships run on the
calendar year.

The Regent Center
1200 Regent Drive
Mundelein, IL 60060
847-566-4790
Mary Yoho - Adult Program Supervisor