

THE REGENT REPORT

HOURS
MONDAY - FRIDAY
8:30 - 3:30



MEMBERSHIP PARTY

Shake off that winter chill and celebrate at
The Regent Center!

THURSDAY, FEBRUARY 9
at 1 PM

Enjoy entertainment by
our own Vince DeAngelis
and dessert compliments of
Comfort Keepers.

Cost is \$1

Sign up January 4 - February 2



STRETCH THAT DOLLAR !

FYI

FRIDAY, FEBRUARY 17 10:30 ROOM A

Learn how to stretch your dollar and cut your budget
so you can have more money to do the things you
enjoy doing.

Rita Cangiolosi, a blogger on all things frugal, will be
here to give you some every day tips to help you
make the most of your money.

COMING SOON

CRAFTS
Beginning 3/13

AARP
Driver Safety
3/29 & 3/30

March 20
Center Closed
Please Vote!



BOOK TALK

February 10
*The Immortal
Life of
Henrietta
Lacks*

Rebecca Sklott

March 9
The Help
Kathryn
Stockett

ON THE ROAD AGAIN

FOUR WINDS CASINO

MONDAY

MARCH 26, 2011



Visit one of the Midwest's most popular casinos. Four Winds features four restaurants open for lunch as well as a buffet (\$14) with hand-carved meats and a dessert station. Your package includes \$15 slot play and \$10 food credit, which can be used for lunch.



COST: \$34

DEPART: 7:15 am RETURN: 4:30 pm

SIGN UP BEGINS:

Members: January 30

Non-members: February 13

THIS & THAT

CALLING ALL GAMERS Beginning February 1st, Cribbage and Rummikub are being absorbed into 50-UP Club. Our 50-Up Club members have been enjoying various games for years and now more games will be available. Bring a friend and play Pokeno, CLR or perhaps Mexican Train, Scrabble, Cribbage or Rummikub This should be fun!

FEELING CRAFTY? Beginning Tuesday, March 13, we will offer a Craft program every second Tuesday of the month at 10:00 am in Room A. This program is being sponsored by Spring Meadows and Valerie assures me the crafts will be fun and very social. Sign up at the Center, no later than one week before each class.

DEFENSIVE DRIVING Sign up for the AARP Driver Safety Program will begin on March 1st. This is the program that allows your auto insurance company to give you a discount upon completion of the eight hour course.



FEBRUARY 2012

The Regent Center
 1200 Regent Drive
 Mundelein, IL 60060
 847-566-4790
 Mary Yoho -
 Adult Program Supervisor

Mon	Tue	Wed	Thu	Fri
		1 9:15 ACES 10:30 Scrabble 1:00 Bingo	2 9:00 Balance 9:15 Exercise - A 10:15 Line Dance 2 12:30 Golden Hours 1:00 Mah Jongg	3 9:15 ACES 12:30 Bridge 1 Mexican Train
6 9:15 ACES 10:20 Mah Jongg 10:30 Zumba 12:30 Pokeno 1:00 Pinochle	7 9:15 Exercise 10:15 Line Dance 1 12:30 Poker 1:00 Canasta	8 9:15 ACES 9-12 Hair Dr. A 10:30 Scrabble 1:00 Bingo	9 9:00 Balance 9:15 Exercise -A 10:15 Line Dance 2 MEMBERSHIP PARTY	10 9:15 ACES 10:30 Book Talk 12:30 Bridge 1 Mexican Train
13 9:15 ACES 10:20 Mah Jongg 10:30 Zumba 12:30 Pokeno 1:00 Pinochle	14 9:15 Exercise 10:15 Line Dance 1 12:30 Poker 1:00 Canasta	15 9:15 ACES 10:30 Scrabble 10:30 Ask the DR. 1 Bingo	16 9:00 Balance 9:15 Exercise-A 10:15 Line Dance 2 12:30 Golden Hours 1:00 Mah Jongg	17 9:15 ACES 10:30 FYI 12:30 Bridge 1 Mexican Train
20 9:15 ACES 10:20 Mah Jongg 10:30 Zumba 12:30 Pokeno 1:00 Pinochle	21 9:15 Exercise 10:15 Line Dance 1 12:30 Poker 1:00 Canasta 4 Dinner Club	22 9:15 ACES 10-1 CCC 10:30 Scrabble 1:00 Bingo	23 9:00 Balance 9:15 Exercise-A 10:15 Line Dance 2 10:30 Breakfast Club 1:00 Mah Jongg	24 9:15 ACES 12:30 Bridge 1 Mexican Train
27 9:15 ACES 10:20 Mah Jongg 10:30 Zumba 12:30 Pokeno 1:00 Pinochle	28 9:15 Exercise 9:30 Chair Massage 10:15 Line Dance 1 12:30 Poker 1:00 Canasta	29 9:15 ACES 10:30 Scrabble 1:00 Bingo		

BINGO Wednesdays at 1:00 pm. 3 cards for \$1. Everyone has fun!

BINGO AT NIGHT 2nd Tuesday of the month at 6:00 pm. Sign up at the Center. Doors open at 5:30. **WILL MEET AGAIN IN MARCH**

BOOK TALK 2nd Friday at 10:30. Share the joy of reading!

BREAKFAST CLUB 4th Thursday of the month at 10:30 am. Sign up at the Center. Call for more information.

BRIDGE Fridays at 12:30 pm. Call Rose @ 847-362-3472.

CANASTA Tuesdays at 1:00 pm. Join the fun!

DINNER CLUB The 3rd Tuesday of the month at 4:00 pm. Sign up at the Center. Call LaVerne @ 847-949-5530 for more information.

50-UP CLUB 2nd Thursday of the month is game time!
CRIBBAGE & RUMMIKUB will be now available at 50-UP Club

FYI This speaker's program meets one or two Fridays a month. Check the bulletin board or the newsletter.

GOLDEN HOURS CLUB The 1st and 3rd Thursdays of the month. For more info call Rose at 847-949-7788.

HAIR DR. 2nd Wednesday by appointment. \$5 haircuts (exact change, please)

MAH JONGG Traditional on Mondays at 10:20 am and National Mah Jongg League Thursdays at 1:00 pm. For Th. group call Dee at 847-223-1942.

MEXICAN TRAIN DOMINOES Fridays at 1:00. Sign up at the Center.

PINOCHLE Mondays at 1:00 pm. Call Bev at 847-949-4978 for more info.

POKENO Mondays at 12:30 pm.

POKER Tuesdays at 12:30 pm.

SCRABBLE Wednesdays at 10:30 am in Room B.

A.C.E.S. This one hour exercise class meets Monday, Wednesday and Friday mornings at 9:15 am. There is a \$1.50 fee per class, payable at class time.

ASK THE DOCTOR On the third Wednesday of each month at 10:30 am. This open forum is free, so sign up at the Center.

BALANCE Thursdays at 9:00. Sponsored by Grayslake Rehabilitation.

CHAIR MASSAGE NEW DAY! 4th Tuesday of the month by appointment.

COMMUNITY CARE CONNECTION Free health screenings one WE a month.

EXERCISE This low impact aerobics class meets Tuesday and Thursday mornings from 9:15 am to 9:45 am.

LINE DANCE 1 Tuesday at 10:15 am A beginner's dream! First-timer basic steps will be taught at 10 am. Beginner Class will start at 10:15 am.

LINE DANCE 2 Thursday at 10:15 am For more experienced dancers.

ZUMBA Monday 10:30 -11:15. Led by Anne McKenna. \$3 per session payable at class time.

HAPPY BIRTHDAY !



Judy	Nutschnig	February	1
Georgia	Levine	February	4
Dan	Platek	February	4
Janet	Schockmel	February	5
Dottie	Carney	February	9
Lois	DeAngelis	February	9
David	Henning	February	13
Erna	Roseler	February	18
Alva	Thompson	February	20
James	Dorfler	February	21

PLEASE WELCOME OUR NEW MEMBERS AND MAKE THEM FEEL AT HOME

Linda Margolius

Rose Thompson

Joann Captain

Berta Durr

Ruth Hutter

Hokan Haraldson

Judy Nutschnig

Elva Salazar

Vali Steif

Lorrean Swier

Mary Bernardi

Christine Harnung

Maria Henderson

FYI 10:30

February 17

Rita Cangiolosi will help you learn how to stretch your dollar and cut your budget so you can have more money to do the things you enjoy doing!

Don't miss this one!

DONATIONS

Ernie Roseler

Pat Kapp

Joan Carlino

Pat Tagtmeier

Judy Parriott

THE REGENT CENTER

2012

MEMBERSHIP FEES

RESIDENTS

\$9

NON-RESIDENTS

\$14

NEWSLETTER

by mail:

An additional

\$6 per year

Memberships run on
the
calendar year.

The Regent Center
1200 Regent Drive
Mundelein, IL 60060
847-566-4790
Mary Yoho - Adult Program Supv.

