

The Regent Report

MARCH 2023

Join Us! Become a Regent Center Member

Regent Center Membership Fees:

Residents: \$20 | Nonresidents: \$30

Newsletter by mail: Add an additional \$10 per year

Questions? Contact Marissa Moravec,
Recreation Supervisor
at 847.566.4790 or mmoravec@mundeleinparks.org



DINING OUT

Sample Mundelein

Once a month we will be exploring hidden gems in Mundelein and neighboring communities. RSVP to the Regent Center so that we can make reservations. Transportation and cost of your meal will be on your own. Join Marissa or another Regent Center employee as we have dinner and try new foods!

March: Friday, March 10 at 11:30 am at Mambo Italiano



Message from Marissa

Dear Regent Center Members,

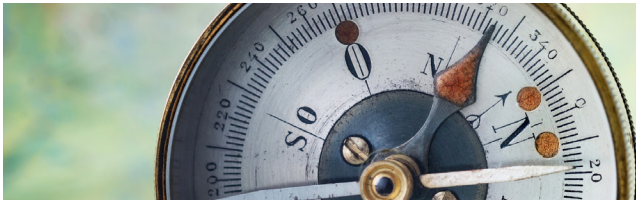
February had to have been one of the most fun months I've had since I've been at the Regent Center. Bingo and Lunch was a delicious spread of Chinese food from Hong Kong Chop Suey. The next week we had fun at our Bunco Party! This was a kick off to our new weekly drop-in Bunco game on Fridays. We also visited Gale Street Inn for our Sample Mundelein. Our next Sample Mundelein will take place at Mambo Italiano on Butterfield.

Our trip to the Milwaukee Art Museum is a go! I am so excited that we were able to get more individuals signed up for this trip. The trip to Four Winds Casino is filling up, so make sure to sign up soon if you have had your eye on that one. Ragtime at the Metropolis also seems to be popular, so sign up before we reach our limit on tickets.

We have a travel preview coming up on Monday, March 13 for the Canadian Rockies as well as Treasures of Ireland trip. The first 45 minutes will be dedicated to the Canadian Rockies & Glacier National Park. The second part of the evening will be dedicated to Treasures of Ireland. This will hopefully allow those that only want to attend one of the presentations the ability to pop in or leave based on what they are interested in.

Make sure to read through this month's Regent Report to see what is new and coming up!

Stay well,
Marissa Moravec



Day Trips

Milwaukee Art Museum

Thursday, March 9, 9 am–5 pm

Cost: \$85 member/\$99 nonmember

Prog: 0069.23.1

CLOSED – call for availability

The Milwaukee Art Museum is an icon for the City of Milwaukee and a must-see destination. Featuring a collection of over 30,000 works of art, the museum has a rich history spanning 125 years since its modest beginning in 1888 as Milwaukee's first public art museum. The day begins with a stop at the Wisconsin Cheese Mart and then a delicious lunch at Mader's restaurant where diners will enjoy German Sampler, Hungarian Style Beef Goulash, or Herb Crusted Salmon. Please let staff know of any dietary restrictions at the time of registration. **Departs from the Regent Center.**



Four Winds Casino, New Buffalo

Wednesday, April 12, 9 am–5 pm

Cost: \$49 member/\$59 nonmember

Prog: 0071.23.1 **Registration Deadline: March 27**

Join us as we spend the day in New Buffalo, MI at the beautiful Four Winds Casino. Registration will include \$15 instant slot credit and \$10 food credit to be used at the buffet, Timbers Fast Food & Deli, Grab N Go, or Kankakee Bar and Grill. **Departs from the Regent Center.**

Ragtime at the Metropolis

Saturday, May 13, 11:30 am–6 pm

Cost: \$99 member/\$115 nonmember

Prog: 0070.23.1 **Registration Deadline: April 28**

Celebrating its 25th Broadway anniversary, Ragtime is based on the novel by E.L. Doctorow. Ragtime depicts an African-American family, a Jewish immigrant family, and a wealthy white suburban family in turn-of-the-century America; who collide in pursuit of the American Dream. Nominated for 13 Tony Awards® including “Best Musical;” and winning for “Best Original Score” and “Best Book of a Musical;” Ragtime is a powerful portrait of life during the turn-of-the-century, exploring America’s timeless contradictions of freedom and prejudice, wealth and poverty, hope and despair. Before the show, we will enjoy a delicious lunch at Palm Court with your choice of Chicken Marsala, Pasta Primavera, or Top Sirloin. Transportation, show tickets, and lunch are included. **Departs from the Spray Park Parking Lot.**

Extended Trips by Premier World Discovery

Travel preview Monday, March 13 at 6pm. Canadian Rockies & Glacier National Park at 6 pm, Treasures of Ireland at 6:45 pm.



Canadian Rockies & Glacier National Park • June 21, 2023 – June 27, 2023

Tour Highlights

- Three nights in Banff
- Head-Smashed-In Buffalo Jump
- Waterton Lakes National Park
- Glacier National Park
- Kootenay National Park
- Banff Gondola – Sulphur Mountain
- 1930's Red Jammer Touring Cars
- Going-to-the-Sun Highway
- Banff Tour Area
- Peyto Lake
- Lake MacDonald
- Moraine Lake & Valley of the Ten Peaks
- Lake Louise & Victoria Glacier
- Icefields Parkway
- Athabasca Glacier Ice Explorer
- Prince of Whales Hotel



Treasures of Ireland • October 17, 2023 – October 25, 2023

Tour Highlights

- Dublin City Tour
- Trinity College – Book of Kells
- Whiskey Distillery
- Pub Dinner
- Guinness Storehouse
- Cliffs of Moher
- Ring of Kerry
- Bunratty Castle Medieval Banquet
- Jaunting Car Ride in Killarney
- Limerick Tour
- Galway
- Adare
- Irish Entertainment & Dinner in Killarney
- Kilkenny



Francine Duke	March	1
Mee Mee Wunslot	March	1
Elizabeth Root	March	2
Heidi Johnson	March	3
Fred Weinberg	March	6
Shirley Weiner	March	7
Linda Evola	March	8
Janet Satkowski	March	8
Carol Gordon	March	9
Debbie Jezuit	March	9
Charlene Riffer	March	9
Barbara Thompson	March	12
Audrey Hutchcraft	March	13
Joan Warlin	March	13
Rowan Harris	March	15
Donna Coda	March	16
Joan Turf	March	17
Peggie McQueen	March	18
Joe Kalis	March	19
Jean Cameron	March	20
Raul Polidario	March	20
Fraydell Heller	March	22
Janet Klopp	March	22
Renee McPartlin	March	22
Jack Hansen	March	24
Maureen McCormack	March	25
Sharon Rochford	March	25
Marge Moritz	March	26
Simone Bellini	March	27
Kim Spath	March	28
Linda Hayes	March	29
Roger French	March	31
Lucy Frett	March	31



Calling all Regent Center Readers! Book Club will be back under a new name; Regent Center Readers. This group will be moderated by Janis Nowak. Books are available in the Regent Center office. Please note only 20 copies will be available, but you can also read using Hoopla, Overdrive, and Libby. Audio versions of the book are also available.

Wednesday, March 22 at 10 am
Bossypants by Tina Fey

Before Liz Lemon, before “Weekend Update,” before “Sarah Palin,” Tina Fey was just a young girl with a dream: a recurring stress dream that she was being chased through a local airport by her middle-school gym teacher. She also had a dream that one day she would be a comedian on TV.

She has seen both these dreams come true.

At last, Tina Fey’s story can be told. From her youthful days as a vicious nerd to her tour of duty on Saturday Night Live; from her passionately halfhearted pursuit of physical *beauty to her life as a mother eating things off the floor; from her one-sided college romance to her nearly fatal honeymoon – from the beginning of this paragraph to this final sentence.*

Upcoming Regent Center Readers Books:
 April – *The Midnight Library*
 May – *Remarkably Bright Creatures*

MARCH REGENT CENTER SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 9:00 Stretching with Marissa 9:30 ACES 10:30 Zumba Gold 12:00 Bingo & Lunch 1:00 Bingo	2 9:00 ROM 9:15 Ed's Stretching 10:15 Line Dance 12:00 Golden hours 12:30 Mah Jongg	3 9:00 ACES 12:30 Bridge 12:30 Pokeno 1:00 Bunco
		6 9:30 ACES 10:30 Zumba Gold 12:30 Pokeno 12:30 Pinochle	7 9:00 Gentle Yoga 9:15 Ed's Stretching 10:15 Line Dance 12:30 Hand & Foot 12:30 Poker 1:00 Mah Jongg	8 9:00 Stretching with Marissa 9:30 ACES 10:30 Zumba Gold 1:00 Bingo
13 9:30 ACES 10:30 Zumba Gold 12:30 Pokeno 12:30 Pinochle	14 9:00 Gentle Yoga 9:15 Ed's Stretching 10:15 Line Dance 12:30 Hand & Foot 12:30 Poker 1:00 Mah Jongg	15 9:00 Stretching with Marissa 9:30 ACES 10:30 Zumba Gold 1:00 Bingo	16 9:00 ROM 9:15 Ed's Stretching 10:15 Line Dance 12:00 Golden hours 1:00 Mah Jongg	17 9:00 ACES 12:30 Bridge 12:30 Pokeno 1:00 Bunco
20 9:30 ACES 10:30 Zumba Gold 12:30 Pokeno 12:30 Pinochle	21 9:00 Gentle Yoga 9:15 Ed's Stretching 10:15 Line Dance 12:30 Hand & Foot 12:30 Poker 1:00 Mah Jongg	22 9:00 Stretching with Marissa 9:30 ACES 10:00 Book Club 10:30 Zumba Gold 1:00 Bingo	23 9:00 ROM 9:15 Ed's Stretching 10:15 Line Dance 12:30 Canasta 1:00 Mah Jongg	24 9:00 ACES 12:00 Double Decker Pinochle 12:30 Bridge 12:30 Pokeno 1:00 Bunco
27 9:30 ACES 10:30 Zumba Gold 12:30 Pokeno 12:30 Pinochle Four Winds Casino Registration Deadline	28 9:00 Gentle Yoga 9:15 Ed's Stretching 10:15 Line Dance 12:30 Hand & Foot 12:30 Poker 1:00 Mah Jongg	29 9:00 Stretching with Marissa 9:30 ACES 10:30 Zumba Gold 1:00 Bingo	30 9:00 ROM 9:15 Ed's Stretching 10:15 Line Dance 1:00 Mah Jongg	31 9:00 ACES 12:30 Bridge 12:30 Pokeno 1:00 Bunco

HAVE SOME FUN *(Please bring exact change.)*

BINGO: Wednesdays at 1:00 pm. \$1/card. 18 games are played including the New Yorker, Charlie Bingo, Cover All, and Postage Stamp.

BRIDGE: Drop in and play! Fridays at 12:30 pm. Please let Carol know if you'll be attending.

BUNCO: **NEW!** Bunco is a dice game generally played with twelve or more players, divided into groups of four, trying to score points while taking turns rolling three dice. Please RSVP each week so that we can ensure we have at least 12 players. \$1 to play. Fridays at 1 pm.

CANASTA: The second and fourth Thursday of the month at 12:30 pm. Please let us know if you plan to attend!

DOUBLE DECK PINOCHLE: Social Pinochle on the 2nd and 4th Friday of the month. Call Shelia for more information at 847.899.2590.

GOLDEN HOURS: Social Pinochle on the 1st and 3rd Thursdays of the month. For more information, call Sheila at 847.899.2590.

HAND & FOOT: Tuesdays at 11:30 am.

MAH JONGG: Traditional Mah Jongg on Mondays at 10:30 am. National Mah Jongg on Tuesdays at 1 pm and Thursdays at 12:30 pm.

MEXICAN TRAIN: Fridays at 12:30 pm.

PINOCHLE: Mondays at 12:30 pm. Call Pat at 847.949.8301 for more information.

POKENO: Mondays and Fridays at 12:30 pm

POKER: Men's and Women's. Tuesdays at 12:30 pm.

HEALTH & WELLNESS *(Please bring exact change.)*

A.C.E.S. (Active Citizens Exercising Simultaneously): This one hour aerobics class meets Monday, Wednesday and Friday mornings at 9:30 am. \$2 per session payable at class time. Led by Anne McKenna.

BALANCE: On hold until April. Join us for stretching instead! Wednesdays at 9 am. \$2 drop-in per class.

ED'S STRETCHING: Join your friends on Tuesdays and Thursdays at 9:15 am to listen to a recorded routine of Ed's Stretching exercises.

LINE DANCE: Tuesdays and Thursdays at 10:15 am. Led by Margie Nison. \$2 per class.

GENTLE YOGA: Tuesdays at 9 am. Led by Diane Capasso. \$6 per class.

RANGE OF MOTION (ROM): Master proper technique to keep your joints happy. Thursdays at 9 am. Led by Diane Capasso. \$6 per class.

ZUMBA GOLD: Mondays & Wednesdays 10:30 am–11:15 am. Led by Anne McKenna. \$4 per class.



Bingo and Lunch

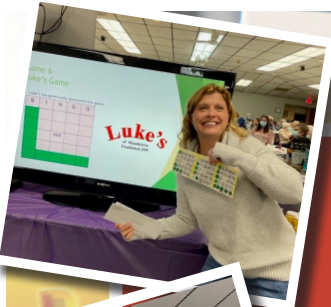
Join your Regent Center friends once a month for lunch before Bingo! Lunch will be served at noon, Bingo begins at 1 pm. Curious about what we'll be having for lunch each month? Check the monthly Regent Report for our featured restaurant each month.

March menu: Half a Ruben Sandwich and Coleslaw from Emil's

April menu: Broasted Chicken and Broasted Potatoes from Emil's

May menu: Tacos and Quesadillas from Taco Burrito Express

PROG	DAY	DATE	TIME	M/NM
0062.23.1	W	March 1	12-3 pm	\$9/15
0063.23.1	W	April 5	12-3 pm	\$9/15
0065.23.1	W	May 3	12-3 pm	\$9/15



Adult Bingo (Ages 21+)

Saturday, March 11, 6-9 pm

Held at the Regent Center

Cost: \$10 in advance/ \$20 at the door

Prog: 0065.23.1

Grab some friends and your favorite adult beverage and join us for a night of Bingo. Games will include The New Yorker, Charlie Bingo, Cover All, and many more. Follow the Park District on Instagram and Facebook for prize updates leading up to the event. Pay in advance or at the door. *Proceeds go to the Mundelein Parks Foundation.*



SCAN ME



 RUSH

Physical Therapy

**CONTACT US TODAY TO SCHEDULE
AN APPOINTMENT**

847.388.5477

1401 North Midlothian Road
Mundelein, IL 60060-1149

rushpt.com | 



THE REGENT CENTER
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