

The Regent Report

MAY 2023

Join Us! Become a Regent Center Member

Regent Center Membership Fees:
Residents: \$20 | Nonresidents:
\$30

Newsletter by mail: Add an
additional \$10 per year

Questions? Contact Marissa
Moravec, Recreation Supervisor
at 847.566.4790 or mmoravec@mundeleinparks.org



DINING OUT

Sample Mundelein

Once a month we will be exploring hidden gems in Mundelein and neighboring communities. RSVP to the Regent Center so that we can make reservations. Transportation and cost of your meal will be on your own. Join Marissa or another Regent Center employee as we have dinner and try new foods!

May 5 at 4 pm at El Barrio



Message from Marissa

Dear Regent Center Members,

Summer is just around the corner! We have our usual Walk and Grill events coming back this summer. We have three wonderful trips to outdoor venues, including Spectacular Gardens of the Rock

River Valley, Art in the Parks, and Indiana Amish Country. We are also just weeks away from our exciting trip to the Canadian Rockies! I will post pictures and videos to the Park District Facebook page while we're there, so make sure to like our Facebook page to follow along on our adventures.

You'll notice in this newsletter that I have booked an Alaskan Cruise for Summer 2024. I've secured more seats than we had reserved for the Canadian Rockies and Treasures of Ireland trips, however, due to its popularity, I cannot get more seats than we have reserved for the Alaskan Cruise. So, if you are interested in that trip, make sure to sign up right away. Registration for that trip will open on July 1, 2023.

Senior Prom is coming up on Friday, May 12. Enjoy an evening of dinner and dancing with your friends at the Regent Center, and our friends from the Libertyville Senior Center. On Thursday, June 8, Leslie Goddard will present Julia Child with a delicious lunch catered by Taste of Paris.

Our Sample Mundelein outings will switch over to dinner events for the summer. Our generous sponsor, Brookdale Senior Living, will provide a Chef Demo in July. One of our members has volunteered to take over the Friday Bunco group, so check the calendar for that program.

There is so much coming up this summer!

Stay well,
Marissa Moravec



Day Trips

Ragtime at the Metropolis– SOLD OUT

Saturday, May 13, 11:30 am–6 pm

Cost: \$99 member/\$115 nonmember

Prog: 0070.23.1

Spectacular Gardens of the Rock River Valley

Thursday, June 1, 7:30 am–5 pm

Cost: \$109 member/\$119 nonmember

This morning travel to the Rock River Valley to explore the region's beautiful gardens. In Janesville, WI tour the majestic Rotary Botanical Gardens. Enjoy a docent-led tour of this stunning showcase featuring 24 different garden areas and more than 4,000 plant varieties. The Garden is home to many dramatic and internationally themed gardens including Japanese, Scottish, French Formal, Italian, and English Cottage Gardens. The spectacular Sunken Gardens feature large cottonwoods and honey locust overhanging planting beds filled with drifts of colorful blooms from bulbs, perennials, and annuals. In Rockford at Anderson Japanese Gardens, tour one of North America's highest-rated Japanese Gardens. Anderson Gardens' highlights include meandering streams, koi-filled ponds, and plunging waterfalls. Lunch today is at the historic Stockholm Inn in Rockford, IL. This Scandinavian-style restaurant owned by Cheap Trick's Rick Nielsen is known for its delicious home cooking and has hosted Dinah Shore and Mickey Rooney! Registration deadline is May 1. **Departs from the Regent Center.**

Art in the Parks

Wednesday, July 12, 9 am–5:30 pm

Cost: \$95 residents/\$109 nonresidents

Chicago's parks are often considered outdoor museums. This tour explores an array of nationally significant public monuments spanning over a century in various locations including Lincoln, Washington, and Jackson Parks. Artworks range from renowned figurative monuments such as St. Gaudens' Standing Lincoln to contemporary abstract installations including Yoko Ono's Skylanding. Other highlights are Lorado Taft's riveting Fountain of Time and the iconic Buckingham Fountain. The tour is led by historian Julia S. Bachrach, author of *The City in a Garden: A History of Chicago's Parks*. Lunch is family style at Emperor's Choice in Chinatown and includes egg rolls, Beef and Broccoli, Sweet and Sour Chicken, and Hawaiian Fried Rice. Please notify staff of dietary restrictions at the time of registration. The fee includes lunch, a tour, and transportation. The registration deadline is June 12. **Departs from the Regent Center.**

Extended Trips

Extended Trips by Premier World Discovery



Treasures of Ireland October 17–25, 2023

Tour Highlights

- Dublin City Tour
- Trinity College – Book of Kells
- Whiskey Distillery
- Pub Dinner
- Guinness Storehouse
- Cliffs of Moher
- Ring of Kerry
- Bunratty Castle Medieval Banquet
- Jaunting Car Ride in Killarney
- Limerick Tour
- Galway
- Adare
- Irish Entertainment & Dinner in Killarney
- Kilkenny

Extended Trips by Collette



Join us for a presentation on May 22 at 6 pm to learn more about this trip.

London & Paris April 10–18, 2024

Tour Highlights

- 7 Breakfasts, 3 Dinners
- Big Ben
- Buckingham Palace
- Covent Garden
- Eurostar Train
- Arc de Triomphe

Extended Trips by World Discovery



Alaska Cruise Tour

Featuring Fairbanks, Denali & the Norwegian Jewel

July 12–22, 2024

Tour Highlights

- 7 Night Alaska Cruise
- 2 Nights in Fairbanks
- 1 Night in Denali
- Alaska Railroad Rail – Fairbanks to Denali
- Denali National Park Natural History Tour
- Mt. McKinley
- Anchorage
- Alaska Wildlife Conservation Center
- Hubbard Glacier
- Icy Strait Point
- Juneau
- Skagway
- Ketchikan
- Inside Passage



Marlene Bright	May 3
Barbara Silbert	May 5
Donna Fischer	May 6
Dionisio Evangelista	May 8
Roz Golan	May 9
Bill Castiglioni	May 10
Richard Bosch	May 11
Wendy Sugarman	May 11
Kathy Lambert	May 12
Stuart Bulmash	May 13
Sheila Greenfield	May 13
Gilceria Polidario	May 13
Ravi Trehan	May 13
Rosemary Collard	May 14
Patricia Senelo	May 14
Marilyn Dougal	May 15
Mimi Wittert	May 17
Lorrie Raymond	May 18
Nancy Zhang	May 18
Martha Oliver	May 21
Diane Van Matre	May 22
Maura Bodo	May 24
Marlene Pietranek	May 24
Patsy Sweeney	May 24
Linda Hirsekorn	May 25
Roseanne Lappe	May 25
Gita Soni	May 25
Shirley Bourbon	May 26
Howard Mitchell	May 26
Dick Goepfert	May 27
Lorraine Henning	May 28
Richard Henning	May 28
Geri Kerrigan	May 28
Sofie Birgin	May 30



Calling all Regent Center Readers! Book Club will be back under a new name; Regent Center Readers. This group will be moderated by Janis Nowak. Books are available in the Regent Center office. Please note only 20 copies will be available, but you can also read using Hoopla, Overdrive, and Libby. Audio versions of the book are also available.

Wednesday, May 24 at 10 am

Remarkably Bright Creatures by Shelby Van Pelt

After Tova Sullivan’s husband died, she began working the night shift at the Sowell Bay Aquarium, mopping floors and tidying up. Keeping busy has always helped her cope, which she’s been doing since her eighteen-year-old son, Erik, mysteriously vanished on a boat in Puget Sound over thirty years ago.

As she works, Tova becomes acquainted with curmudgeonly Marcellus, a giant Pacific octopus living at the aquarium. Marcellus knows more than anyone can imagine but wouldn’t dream of lifting one of his eight tentacles for his human captors—until he forms an unlikely friendship with Tova.

Ever the detective, Marcellus deduces what happened the night Tova’s son disappeared. As his affection for Tova grows, Marcellus must use every trick his old invertebrate body can muster to unearth the truth for her before it’s too late.


Upcoming Regent Center Readers Books

June: *The Left Hand of Darkness*
by Ursula K. LeGuin

July: *The White Album* by Joan Didion

August: *Dandelion Wine* by Ray Bradbury

MAY REGENT CENTER SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 9:30 Aces 10:30 Zumba gold 12:30 Pokeno 12:30 pinochle <i>Registration Deadline: Spectacular Gardens</i>	2 9:00 Gentle Yoga 9:15 Ed's Stretching 10:15 Line Dance 12:30 Hand & Foot 12:30 Poker 1:00 Mah Jongg	3 9:00 Balance 9:30 ACES 10:30 Zumba Gold 12:00 Bingo & Lunch 1:00 Bingo	4 9:00 ROM 9:15 Ed's Stretching 10:15 Line Dance 12:00 Golden hours 12:30 Mah Jongg 12:30 Canasta	5 9:30 ACES 12:30 Bridge 12:30 Pokeno 4:00 Sample Mundelein (El Barrio)
8 9:30 ACES 10:30 Zumba Gold 12:30 Pokeno 12:30 Pinochle	9 9:00 Gentle Yoga 9:15 Ed's Stretching 10:15 Line Dance 12:30 Hand & Foot 12:30 Poker 1:00 Mah Jongg	10 9:00 Balance 9:30 ACES 10:30 Zumba Gold 1:00 Bingo	11 9:00 ROM 9:15 Ed's Stretching 10:15 Line Dance 12:30 Mah Jongg 12:30 Canasta	12 9:30 ACES 12:00 Double Deck Pinochle 12:30 Bridge 12:30 Pokeno 5:00 Senior Prom
15 9:30 ACES 10:30 Zumba Gold 12:30 Pokeno 12:30 Pinochle	16 9:00 Gentle Yoga 9:15 Ed's Stretching 10:15 Line Dance 12:30 Hand & Foot 12:30 Poker 1:00 Mah Jongg	17 9:00 Balance 9:30 ACES 10:30 Zumba Gold 1:00 Bingo	18 9:00 ROM 9:15 Ed's Stretching 10:15 Line Dance 12:00 Golden Hours 12:30 Mah Jongg 12:30 Canasta	19 9:30 ACES 10:30 Bunco! 12:30 Bridge 12:30 Pokeno
22 9:30 ACES 10:30 Zumba Gold 12:30 Pokeno 12:30 Pinochle 6:00 London & Paris Trip Presentation	23 9:00 Gentle Yoga 9:15 Ed's Stretching 10:15 Line Dance 12:30 Hand & Foot 12:30 Poker 1:00 Mah Jongg	24 9:00 Balance 9:30 ACES 10:00 Book Club 10:30 Zumba Gold 1:00 Bingo	25 9:00 ROM 9:15 Ed's Stretching 10:15 Line Dance 12:00 Golden Hours 12:30 Mah Jongg	26 9:30 ACES 12:00 Double Deck Pinochle 12:30 Bridge 12:30 Pokeno
29 CLOSED FOR MEMORIAL DAY	30 9:00 Gentle Yoga 9:15 Ed's Stretching 10:15 Line Dance 12:30 Hand & Foot 12:30 Poker 1:00 Mah Jongg	31 9:00 Balance 9:30 ACES 10:30 Zumba Gold 1:00 Bingo		

HAVE SOME FUN *(Please bring exact change.)*

BINGO: Wednesdays at 1:00 pm. \$2/card. 18 games are played including the New Yorker, Charlie Bingo, Cover All, and Postage Stamp.

BRIDGE: Drop in and play! Fridays at 12:30 pm. Please let Carol know if you'll be attending.

BUNCO: NEW! Bunco is a dice game generally played with twelve or more players, divided into groups of four, trying to score points while taking turns rolling three dice. Please RSVP each week so that we can ensure we have at least 12 players. \$1 to play.

CANASTA: The second and fourth Thursday of the month at 12:30 pm. Please let us know if you plan to attend!

DOUBLE DECK PINOCHLE: Social Pinochle on the 2nd and 4th Friday of the month. Call Shelia for more information at 847.899.2590.

GOLDEN HOURS: Social Pinochle on the 1st and 3rd Thursdays of the month. For more information, call Sheila at 847.899.2590.

HAND & FOOT: Tuesdays at 11:30 am.

MAH JONGG: National Mah Jongg on Tuesdays at 1 pm and Thursdays at 12:30 pm.

MEXICAN TRAIN: Fridays at 12:30 pm.

PINOCHLE: Mondays at 12:30 pm. Call Pat at 847.949.8301 for more information.

POKENO: Mondays and Fridays at 12:30 pm

POKER: Men's and Women's. Tuesdays at 12:30 pm.

HEALTH & WELLNESS *(Please bring exact change.)*

A.C.E.S. (Active Citizens Exercising Simultaneously): This one hour aerobics class meets Monday, Wednesday and Friday mornings at 9:30 am. \$2 per session payable at class time. Led by Anne McKenna.

BALANCE: Wednesday mornings at 9am. Led by RUSH Physical Therapy.

ED'S STRETCHING: Join your friends on Tuesdays and Thursdays at 9:15 am to listen to a recorded routine of Ed's Stretching exercises.

LINE DANCE: Tuesdays and Thursdays at 10:15 am. Led by Margie Nison. \$2 per class.

GENTLE YOGA: Tuesdays at 9 am. Led by Diane Capasso. \$6 per class.

RANGE OF MOTION (ROM): Master proper technique to keep your joints happy. Thursdays at 9 am. Led by Diane Capasso. \$6 per class.

ZUMBA GOLD: Mondays & Wednesdays 10:30 am–11:15 am. Led by Anne McKenna. \$4 per class.



Bingo and Lunch

Join your Regent Center friends once a month for lunch before Bingo! Lunch will be served at noon, Bingo begins at 1 pm. Curious about what we'll be having for lunch each month? Check the monthly Regent Report for our featured restaurant each month.

May menu: Tacos and Quesadillas from Taco Burrito Express

PROG	DAY	DATE	TIME	M/NM
0065.23.1	W	May 3	12-3 pm	\$9/15

Leslie Goddard as Julia Child

In the 1960s, thousands tuned in every week to watch Julia Child demonstrate the art of French cooking on television. Actress and scholar Leslie Goddard, Ph.D. brings the iconic French Chef to life in this portrayal, where Child discusses everything from her relationship with her husband Paul Child to the mishaps of cooking on television. Lunch will be catered by Taste of Paris and feature one of Julia's famous dishes, Beef Bourguignon! **Held at the Regent Center.**

PROG	DAY	DATE	TIME	M/NM
0054.23.2	Th	Jun 8	12-2 pm	\$15/19



Senior Prom

Dance the night away with your friends from the Regent Center and Libertyville Senior Center! As you come into the Regent Center you will be given a corsage or boutonniere. At 5:30 pm dinner will start with your choice of Chicken Parmesan or Spinach Lasagna from Mambo Italiano. After dinner, we will dance the night away to Always Young Show Band. Make sure to stop by the photo area to have your picture taken with your significant other or your friends. You don't want to miss this fun evening! **Held at the Regent Center.**



Walk and Grill

Walk a few laps around the scenic lake located behind the Regent Center. Afterward, enjoy the delicious smell of burgers on the grill while you relax on the Regent Center patio. Your meal includes a choice of burger or brat, chips, potato salad or coleslaw, dessert, and lemonade. Make it a day out and stay for BINGO after you eat! Our walk will begin at 11:30 am, lunch will be served at noon. **Held at the Regent Center.**

PROG	DAY	DATE	TIME	FEE
0055.23.2	F	May 12	5-8 pm	\$25

PROG	DAY	DATE	TIME	M/NM
0051.23.2	W	Jun 7	12-3 pm	\$9/15
0052.23.2	W	Jul 5	12-3 pm	\$9/15
0053.23.2	W	Aug 2	12-3 pm	\$9/15

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CONTACT US TODAY TO SCHEDULE
AN APPOINTMENT

847.388.5477

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Mundelein, IL 60060-1149

rushpt.com | 



THE REGENT CENTER

Mundelein Park & Recreation District

1200 Regent Dr., Mundelein, IL 60060