

2025 Regent Center Membership Form 1200 Regent Drive, Mundelein, Illinois 60060

Annual Membership Fees: Mem	berships run the calendar year.	
Select which payments apply.		
Park District Resident: \$25	or Park District Non-resident: \$40	
Mailing of the Regent Report N	lewsletter to your home: add \$10	
	Total	
Name:	Birthday:	
Address:	City:	Zip:
Phone*:	Email:	
In case of emergency please not	tify:	
Name:	Phone:	
Would you like to receive the ne	ewsletter and announcements via email?	Yes No
Pleas	se sign the waiver on the reverse s	side
	payable to the order of: Mundelein Park &	
•	m and payment at The Regent Center, 120	•
or Mundelein Park	k & Recreation District, 1401 N. Midlothian	Ra., Munaeiein
	FOR OFFICE USE ONLY	
New member Return	ning member	
Newsletter mailed Y I	N Newsletter emailed Y N	
Date	Cash Charle #	Cradit Card
Date	Cash Check #	Credit Card



Waiver & Release

IMPORTANT INFORMATION (Please read and sign)

The Mundelein Park & Recreation District (MPRD) is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. MPRD continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect participants' safety. However, participants and parents/guardians of minors registering for the below listed programs/activities must recognize that there is an inherent risk of injury when choosing to participate in recreational activities/programs.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

WARNING OF RISK

Recreational activities are intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity. Understandably, not all hazards and dangers can be foreseen. Depending on the particular activity, participants must understand that certain risks, dangers and injuries due to inclement weather, slips and falls, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises' defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and all other circumstances inherent to indoor and outdoor recreational activities exist. In this regard, it must be recognized that it is impossible for MPRD to guarantee absolute safety.

Swimming is a sport which challenges and engages the physical, mental and emotional resources of each participant. However, despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury, including but not limited to drowning, head/brain injury, and cervical spine injury. Understandably, not all hazards and dangers can be foreseen. The very nature of swimming is hazardous and risky, including but not limited to fatigue and overexertion, poor swimming skills, failing to avoid dangerous areas, horseplay, diving or cannon-balling into shallow water and striking the bottom or side of the pool, poor supervision or instruction, lack of conditioning, becoming disoriented, striking other swimmers, defective or inadequate equipment, striking one's head on the bottom when using a diving block, slipping or falling on the deck or within the locker facility, chemical exposure and all other circumstances inherent to the sport of swimming. In this regard it must be recognized that it is impossible for the Mundelein Park and Recreation District to guarantee absolute safety.

Aerobic and other fitness activities such as passive/resistive weight training, use of stair machines, jogging, free weights, and other training devices are intended to challenge and engage the physical, mental and emotional resources of the participant. Despite careful and proper preparation, instruction, medical advice, conditioning, and equipment, there is still a risk of serious injury. All hazards and dangers cannot be foreseen. Depending on the particular activity, certain risks, dangers and injuries due to overexertion, improper technique, ignoring safety precautions, failing to follow instructions, slips and falls, unfamiliarity with the equipment and/or exercise, equipment failure, failure in supervision/instruction, premises defects and other risks inherent to the particular activity exist. In this regard, it is impossible for the MPRD to guarantee absolute safety.

Dependent upon a person's physical condition, age and/or skill level, aerobics and fitness activities can involve a substantial risk of the following types of injuries. This list is by no means complete, but includes some of the more common ones:

- 1. Heart attack, stroke and circulatory problems
- 2. Bone and joint injuries
- 3. Back and neck injury
- 4. Shin splints
- 5. Muscle strain and other muscle injuries
- 6. Foot problems

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in the identified program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with these programs/activities (including transportation services and vehicle operations, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in these programs, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims my minor child/ward or I may have (or accrue to me or my child/ward) as a result of participating in this program/activity against MPRD, including its officials, agents, volunteers and employees.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering online or via fax, my online or facsimile signature shall substitute for and have the same legal effect as an original form signature.

THIS WAIVER MUST BE SIGNED IN ORDER TO COMPLETE REGISTRATION!

Participant Signature:	Date:	
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